



"HONORING THE LEGEND-
DR. PETER J. FOWLER"

THE 40TH ANNUAL
Western Homecoming Sport
Medicine Symposium;
now named

PETER J. FOWLER WESTERN HOMECOMING SPORT MEDICINE SYMPOSIUM

SEPTEMBER 22, 2023

7:30AM **REGISTRATION; BREAKFAST**

8:00AM **INTRO TALK**

Speaker: Dr. Kevin Willits

8:05AM **"Fowler Principles" How they have Shaped Modern Orthopaedic Sport Medicine**

Speaker: Dr. David Parker

SESSION **TOPIC: ACL**

ONE: *Moderator: Dr. Robert Litchfield*

8:30AM **DIAGNOSIS AND INITIAL MANAGEMENT OF ACL INJURY**

Speaker: Dr. Lisa Fischer

8:45AM **EVOLUTION OF ACL RECONSTRUCTION: WHERE ARE WE NOW?**

Speaker: Dr. Nick Mohtadi

9:15AM **PLAYING THE LONG GAME: PREVENTING OSTEOARTHRITIS AFTER AN ACL INJURY**

Speaker: Dr. Jackie Whittaker

9:45AM **PANEL DISCUSSION**

10:00AM **NUTRITION BREAK**

SESSION **TOPIC: KNEE DEFORMITY**

TWO: *Moderator: Dr. Bob Giffin*

10:20AM **DIAGNOSIS, ASSESSMENT AND NON-OPERATIVE TREATMENT OF KNEE DEFORMITY**

Speaker: Dr. Jenna Dickson

10:35AM **HOW SCIENCE INFORMS CLINICAL PRACTICE: CLINICAL INDICATION FOR KNEE OSTEOTOMY**

Speaker: Dr. Trevor Birmingham

10:50AM **PJF PRINCIPLES OF ALIGNMENT CORRECTION TECHNIQUE & OUTCOME**

Speaker: Dr. Bob Giffin

11:05AM **PANEL DISCUSSION**

11:20AM **UNIVERSITY OF CALGARY- ACUTE KNEE INJURY CLINIC. IMPACT ON HEALTHCARE DELIVERY**

Speaker: Dr. Nick Mohtadi

11:50AM **Research Highlight**

**12:00PM LUNCH & RESEARCH POSTER
JUDGING**

SESSION Topic 3

THREE: *Moderator: Dr. Jenna Dickson*

**12:50PM CARDIOVASCULAR SCREENING FOR ATHLETES IN 2023
& BEYOND**

Speaker: Dr. Paul Dorian

**1:20PM FOWLER KENNEDY ACUTE INJURY ASSESSMENT:
ADVANCED PHYSIOTHERAPY PRACTICE MODEL**

Speaker: Kaitlyn Maddigan

**1:35PM IMPACT OF COVID ON HEALTHCARE LOGISTICS IN SPORT
MEDICINE: FACTS AND FICTION**

Speaker: Dr. Ryan Degen

**1:50PM HERKNEE: SEX AND GENDER-BASED CONSIDERATIONS FOR
KNEE INJURY RISK, RETURN TO ACTIVITY & LONG-TERM
HEALTH**

Speaker: Dr. Jackie Whittacker

2:20PM Panel Discussion

2:35PM Fowler Kennedy Sport Coverage

- Canada Summer Games: Dr. Darryl Putzer
- Spengler Davos: Doug Stacey
- U18 WC: Kaitlyn Maddigan
- Rowing U18 WC: Steve Diciacca

3:00PM Evaluations: *Dr. Kevin Willits*

3:15PM Closing Remarks: *Dr. Kevin Willits*