



# THURSDAY, MARCH 9

MAIN PLENARY - ALBERTA/NEW BRUNSWICK ROOMS  
EXHIBIT HALL - CASCADE BALLROOM

TIME	TITLE	SPEAKER
6:45am	<b>Conference Registration // Coffee &amp; Breakfast available in the Exhibit Hall</b>	
7:15am-7:30am	Welcome Remarks from CASSEM President and Scientific Committee Chair	Victor Lun (Conference Chair), Erika Persson (CASSEM President)
7:30am -8:45am	<b>Patellofemoral Joint</b>	Moderator: Nicholas Mohtadi, MD, Dip. Sport Med.
	1. Patellofemora Biomechanics	Michaela Kopka, MD, FRCSC, Dip. Sport Med. &
	2. Evaluation of Anterior Knee Pain	Sara Kerslake, BPhy, MSc
	3. Patellofemoral Instability	
	4. Patellofemoral Cases	
8:45am-9:30am	<b>Lance Richard Memorial Lecture: Evolution of Concussion Management in NHL</b>	Willem (Winne) Meeuwisse, MD, PhD, Dip. Sport Med
9:30am-10:00am	<b>Coffee Break with Exhibitors and Poster Viewing</b>	
10:00am-11:00am	<b>Sandy Kirkley Research Sessions</b>	Moderator: Kien Trinh, MD, PhD
	1. Examining the Effect of Salbutamol Use in Ozone Air Pollution by People with Asthma and/or EIB	1. Ben Stothers
	2. Behind the Scenes of the Development of the IOC REDs Clinical Assessment Tool: Canadian cohort	2. Ida Heikura, PhD
	3. Sleep Disturbance & Injury Risk in NCAA & NAIA Collegiate Soccer & Basketball Players	3. Olu Owoeye, PhD
	4. Shoulder Check: Investigating Shoulder Injury Rates, Types, Severity, Mechanisms, and Risk Factors in Canadian Youth Ice Hockey	4. Eric Gibson
11:00am-5:00pm	<b>FREE TIME - ENJOY BANFF!</b> Take advantage of 5 hours of free time between lectures and workshops to ski, board, skate, run, or shop...whatever your favourite winter sports activity is! Check out our Social Page	
12:30pm	<b>MSKU-Knee Course: An Approach to Knee Problems Using Probability and Evidence</b> (Limited spaces available - Registration Required - Led by Dr. Nick Mohtadi)	
4:00pm-5:00pm	<b>Food Available in the Exhibit Hall and Poster Viewing</b>	
5:00pm-6:00pm	<b>Approach to Calf Pain</b>	Moderator: Victor Lun, MD, Dip. Sport Med.
	1. CECS	Preston Wiley, MD, Dip. Sport Med.
	2. Vascular Entrapment	& Jordan Raugast, MD
	3. Nerve Entrapment	
6:00pm-6:30pm	<b>Refreshment Break with Exhibitors and Poster Viewing</b>	
6:30pm-7:45pm	<b>The Female Athlete</b>	Moderator: Margo Mountjoy, MD, PhD, Dip. Sport Med.
	1. HERKnee: Gender Considerations for Knee Injury Risk, Return to Activity & Long-Term Health	1. Jackie Whittaker, BScPT, PhD
	2. RED-S (AMSSM Exchange Lectureship)	2. Kathryn Ackerman, MD, MPH



# FRIDAY, MARCH 10

MAIN PLENARY - ALBERTA/NEW BRUNSWICK ROOMS  
EXHIBIT HALL - CASCADE BALLROOM

TIME	TITLE	SPEAKER
7:30am	Conference Registration (Curio Foyer) // Coffee & Breakfast Available in the Exhibit Hall	
7:35am-7:45am	Opening Remarks and Housekeeping	
7:45am-8:15am	Keynote - Athlete Experience	Brian McKeever, Paralympian
8:15am-9:30am	Optimizing Exercise for Medical Treatment 1. Obesity Management 2. Review of Physical Activity Guidelines 3. Strategies for Adherence to Exercise	Moderator: Victor Lun, MD, Dip. Sport Med. 1. Shahebina Walji, MD 2. Christine Friedenreich, PhD 3. Nicole Culos-Reed, PhD
9:30am-10:00am	Coffee Break with Exhibitors and Poster Viewing	
10:00am-11:00am	Sandy Kirkley Research Sessions 1. Complex Motor Imagery in Elite Female Ice Hockey Players: Neural Basis Revealed by Magnetoencephalography 2. Predictors of Radiographic Osteoarthritis Following Anterior Cruciate Ligament Reconstruction at 5 years Post-Operatively 3. Modification of The Tendon Integrity in Midportion Achilles Tendinopathy During and After Alfredson's Eccentric Strengthening Protocol Monitored with Quantitative Ultrasound Imaging 4. Period Perspectives from Pitch to Podium: Menstrual Cycle Considerations from the Athletes' Perspective	Moderator: Kien Trinh, MD, PhD 1. Audrey Potts, MD 2. Denise Chan 3. Alexandre Lavigne, MD 4. Carla van den Berg
11:00am-11:30am	6th International Consensus Conference on Concussion in Sport	Kathryn Schnieder, PT, PhD
11:30am-12:45am	Management of Prolonged Concussion Symptoms 1. HA 2. Dizziness/ Neck Pain 3. Vision 4. Cognitive	Moderator: Victor Lun, MD, Dip. Sport Med. 1. Chantel Debert, MD, MSc, FRCPC 2. Kathryn Schnieder, PT, PhD 3. Shannon Penniford, MD 4. Stewart Longman, PhD
12:45pm-1:30pm	Lunch in Exhibit Hall	
1:30pm-2:00pm	2 minutes 2 slides	Rich Trenholm, MD, Dip. Sport Med.
2:00pm-3:15pm	The Hip 1. FAI 2. Hip Arthroplasty in the Active Patient 3. Hip Rehab	Moderator: Nicholas Mohtadi, MD, Dip. Sport Med. 1. Nicholas Mohtadi, MD, Dip. Sport Med. 2. Kelly Johnston 3. David Lindsay
3:15pm-3:45pm	Coffee Break with Exhibitors and Poster Viewing	



# FRIDAY, MARCH 10

WORKSHOPS AND BREAKOUTS WILL BE IN ROOMS LISTED BELOW

## TIME (ROOM)

## TITLE

## SPEAKER

### Breakouts and Workshops

Delegates will be able to attend **two or three** repeated sessions during the afternoon. Workshop and breakouts will vary in length. Please see details below.

3:45pm-4:30pm  
&  
4:45pm-5:30pm

**The following workshops are held concurrently and require attendees to sign-up. Examination workshops will last 45mins and be repeated TWICE, so delegates should plan to attend two of the following sessions.**

(DC Coleman)

1. Exam of the Hip (limited attendance)

1. Nicholas Mohtadi, MD, Dip. Sport Med.

(Sir Edward Beatty)

2. Exam of the Knee and PFJ (limited attendance)

2. Michaela Kopka, MD, Dip. Sport Med.

(Baron Shaughnessy)

3. Examination of the Pediatric Spine (limited attendance)

3. Devin Peterson, MD, Dip. Sport Med.  
Merrilee Zetaruk, MD, Dip. Sport Med.  
Nicole Johnson, MD

3:45pm-4:15pm  
&  
4:25pm-4:55pm  
&  
5:05pm-5:35pm

**The following breakouts are held concurrently and do NOT require attendees to sign-up.**

**All breakouts below will run for 30 mins and delegates should plan to attend THREE sessions which best addresses their needs.**

(Champlain)

4. RED-S Cases

4. Kathryn Ackerman, MD, MPH

(Frontenac)

5. Exercise Adherence

5. Nicole Culos Reed, PhD

(Oak)

6. Obesity Management

6. Shehabina Walji, MD

(Norquay)

7. Advocacy with Impact

7. James Carson, MD, Dip. Sport Med.  
Amandev Aulakh, MD, Dip. Sport Med.

(Alberta-New Brunswick aka Main Plenary)

8. Chronic Concussion: Dizziness, Neck pain

8. Kathryn Schneider, PT, PhD

(Theatre)

9. Management of Post-Traumatic Headaches Following Concussion

9. Chantel Debert, MD, MSc, FRCPC

(Alhambra)

10. Chronic Concussion: Cognitive

10. Stewart Longman, PhD

(Ivor Petrak)

11. Management of chronic concussion - Post-Concussion Vision Syndrome

11. Shannon Penniford, MD

(Angus)

12. Guidelines for Individuals with Chronic Conditions

12. Christine Friedenreich, PhD



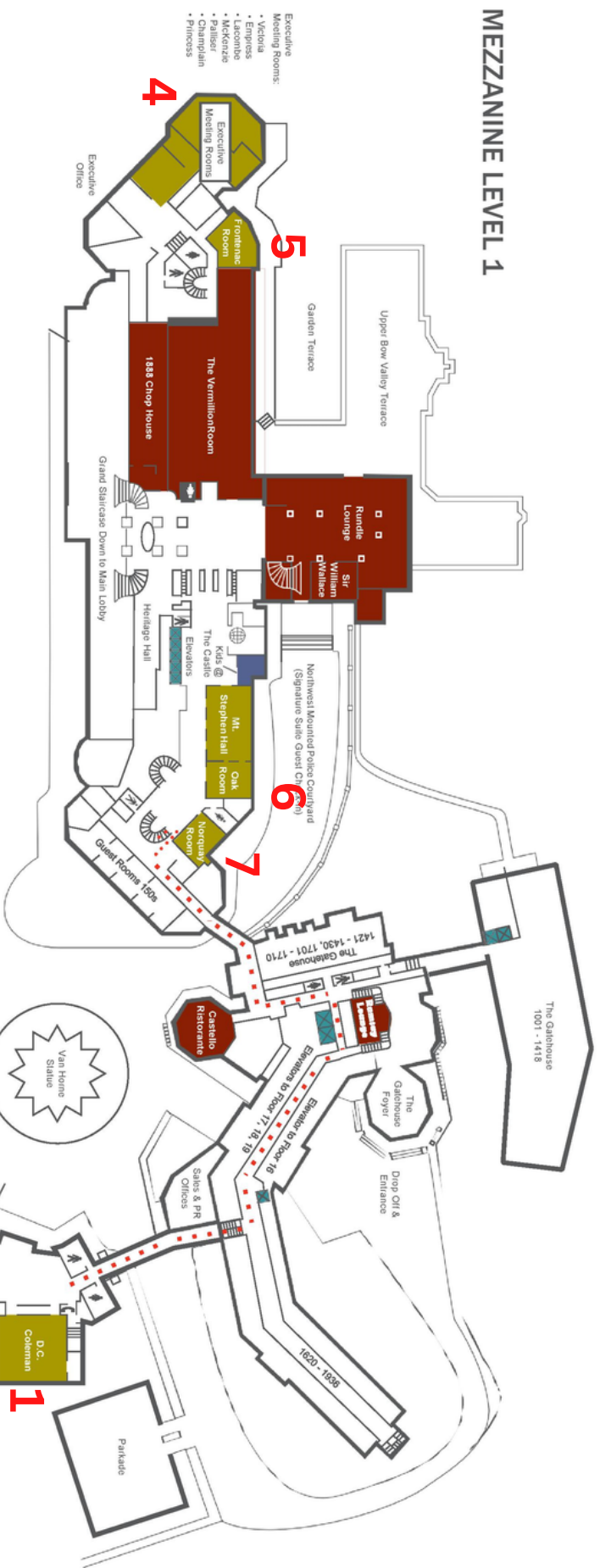
# SATURDAY, MARCH 11

## MAIN PLENARY - ALBERTA/NEW BRUNSWICK ROOMS

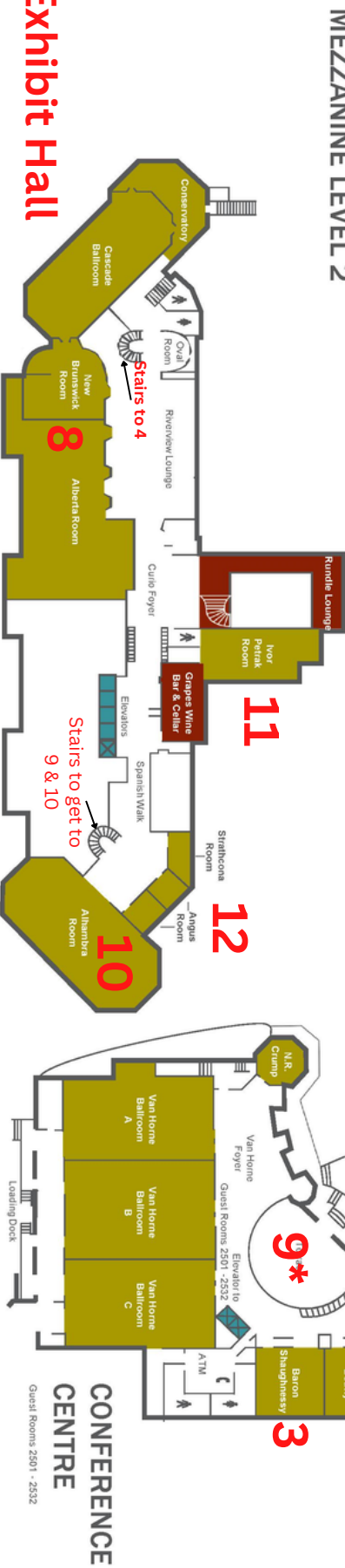
TIME	TITLE	SPEAKER
7:15am	Conference Registration (Curio Foyer) Coffee & Breakfast Available in Riverview Lounge	
8:20am-8:30am	Opening and Housekeeping	
8:30am-9:45am	<b>Spine Problems in the Pediatric Athlete</b>  1. Scoliosis and Kyphosis in Youth Athletes 2. Overuse Spinal Injuries including Spondylolysis and Lysthesis 3. Inflammatory Spinal Conditions and Spondyloarthropathy in Pediatrics	Moderator: Erika Persson, MD, Dip. Sport Med.  1. Devin Peterson, MD, Dip. Sport Med. 2. Merrilee Zetaruk, MD, Dip. Sport Med. 3. Nicole Johnson, MD
9:45am-10:45am	<b>Sandy Kirkley Research Sessions</b>  1. High Rates of Bodychecking, Head Contacts, and Suspected Injuries Found in Youth Ringette Through Video-Analysis 2. Activity and Concussion Management: Examining the Association between 24-Hour Movement Behaviours and Concussion Outcomes 3. Sex Differences in High School Rugby Players' Head Acceleration Events Based on Instrumented Mouthguard Data 4. Head Impact Exposure and Blood-Brain Barrier Dysfunction in University Football Players	Moderator: Kien Trinh, MD, PhD  1. Emily Hemming, MSc 2. Courtney Kennedy, MSc 3. Kenzie Friesen, PhD 4. Casey Jones, MSc
10:45am-11:15am	Coffee Break in the Riverview Lounge	
11:15am-12:30pm	Prevention & Management of Harassment and Abuse in Sport: What is your role?	Margo Mountjoy MD, PhD, Dip Sport Med. & Sarah Atkinson, Director of Investigations & Assessment with the Office of the Sport Integrity Commissioner
12:30pm-1:15pm	Injection Therapies for Tendinopathy and OA - What is the Evidence?	Moderator: Victor Lun, MD, Dip. Sport Med. Pierre Frémont, MD, Dip. Sport Med. & Ian Shrier, MD, Dip. Sport Med.
1:15pm	Closing Remarks	



## MEZZANINE LEVEL 1



## MEZZANINE LEVEL 2



## Exhibit Hall

## Main Plenary

**9\* Theatre is downstairs**

## Friday Workshops

1. Exam of the Hip\*
2. Exam of the Knee and PFJ\*
3. Examination of the Pediatric Spine\*
4. RED-S Cases
5. Exercise Adherence
6. Obesity Management
7. Advocacy with Impact
8. Chronic Concussion: Dizziness, Neck pain
9. Management of Post-Traumatic Headaches Following Concussion
10. Chronic Concussion: Cognitive
11. Management of chronic concussion - Post-Concussion Vision Syndrome
12. Guidelines for Individuals with Chronic Conditions

\*Pre-registration required for these workshops