



FRIDAY, MARCH 10

MAIN PLENARY - ALBERTA/NEW BRUNSWICK ROOMS
EXHIBIT HALL - CASCADE BALLROOM

TIME	TITLE	SPEAKER
7:30am	Conference Registration (Curio Foyer) // Coffee & Breakfast Available in the Exhibit Hall	
7:35am-7:45am	Opening Remarks and Housekeeping	
7:45am-8:15am	Keynote - Athlete Experience	Brian McKeever, Paralympian
8:15am-9:30am	Optimizing Exercise for Medical Treatment 1. Obesity Management 2. Review of Physical Activity Guidelines 3. Strategies for Adherence to Exercise	Moderator: Victor Lun, MD, Dip. Sport Med. 1. Shahebina Walji, MD 2. Christine Friedenreich, PhD 3. Nicole Culos-Reed, PhD
9:30am-10:00am	Coffee Break with Exhibitors and Poster Viewing	
10:00am-11:00am	Sandy Kirkley Research Sessions 1. Complex Motor Imagery in Elite Female Ice Hockey Players: Neural Basis Revealed by Magnetoencephalography 2. Predictors of Radiographic Osteoarthritis Following Anterior Cruciate Ligament Reconstruction at 5 years Post-Operatively 3. Modification of The Tendon Integrity in Midportion Achilles Tendinopathy During and After Alfredson's Eccentric Strengthening Protocol Monitored with Quantitative Ultrasound Imaging 4. Period Perspectives from Pitch to Podium: Menstrual Cycle Considerations from the Athletes' Perspective	Moderator: Kien Trinh, MD, PhD 1. Audrey Potts, MD 2. Denise Chan 3. Alexandre Lavigne, MD 4. Carla van den Berg
11:00am-11:30am	6th International Consensus Conference on Concussion in Sport	Kathryn Schnieder, PT, PhD
11:30am-12:45am	Management of Prolonged Concussion Symptoms 1. HA 2. Dizziness/ Neck Pain 3. Vision 4. Cognitive	Moderator: Victor Lun, MD, Dip. Sport Med. 1. Chantel Debert, MD, MSc, FRCPC 2. Kathryn Schnieder, PT, PhD 3. Shannon Pennifold, MD 4. Stewart Longman, PhD
12:45pm-1:30pm	Lunch in Exhibit Hall	
1:30pm-2:00pm	2 minutes 2 slides	Rich Trenholm, MD, Dip. Sport Med.
2:00pm-3:15pm	The Hip 1. FAI 2. Hip Arthroplasty in the Active Patient 3. Hip Rehab	Moderator: Nicholas Mohtadi, MD, Dip. Sport Med. 1. Nicholas Mohtadi, MD, Dip. Sport Med. 2. Kelly Johnston 3. David Lindsay
3:15pm-3:45pm	Coffee Break with Exhibitors and Poster Viewing	



FRIDAY, MARCH 10

WORKSHOPS AND BREAKOUTS WILL BE IN ROOMS LISTED BELOW

TIME (ROOM)

TITLE

SPEAKER

Breakouts and Workshops

Delegates will be able to attend **two or three** repeated sessions during the afternoon. Workshop and breakouts will vary in length. Please see details below.

3:45pm-4:30pm
&
4:45pm-5:30pm

The following workshops are held concurrently and require attendees to sign-up. Examination workshops will last 45mins and be repeated TWICE, so delegates should plan to attend two of the following sessions.

(DC Coleman)

1. Exam of the Hip (limited attendance)

1. Nicholas Mohtadi, MD, Dip. Sport Med.

(Sir Edward Beatty)

2. Exam of the Knee and PFJ (limited attendance)

2. Michaela Kopka, MD, Dip. Sport Med.

(Baron Shaughnessy)

3. Examination of the Pediatric Spine (limited attendance)

3. Devin Peterson, MD, Dip. Sport Med.
Merrilee Zetaruk, MD, Dip. Sport Med.
Nicole Johnson, MD

3:45pm-4:15pm
&
4:25pm-4:55pm
&
5:05pm-5:35pm

The following breakouts are held concurrently and do NOT require attendees to sign-up.

All breakouts below will run for 30 mins and delegates should plan to attend THREE sessions which best addresses their needs.

(Champlain)

4. RED-S Cases

4. Kathryn Ackerman, MD, MPH

(Frontenac)

5. Exercise Adherence

5. Nicole Culos Reed, PhD

(Oak)

6. Obesity Management

6. Shehabina Walji, MD

(Norquay)

7. Advocacy with Impact

7. James Carson, MD, Dip. Sport Med.
Amandev Aulakh, MD, Dip. Sport Med.

(Alberta-New
Brunswick
aka Main Plenary)

8. Chronic Concussion: Dizziness, Neck pain

8. Kathryn Schneider, PT, PhD

(Theatre)

9. Management of Post-Traumatic Headaches Following Concussion

9. Chantel Debert, MD, MSc, FRCPC

(Alhambra)

10. Chronic Concussion: Cognitive

10. Stewart Longman, PhD

(Ivor Petrak)

11. Management of chronic concussion - Post-Concussion Vision Syndrome

11. Shannon Penniford, MD

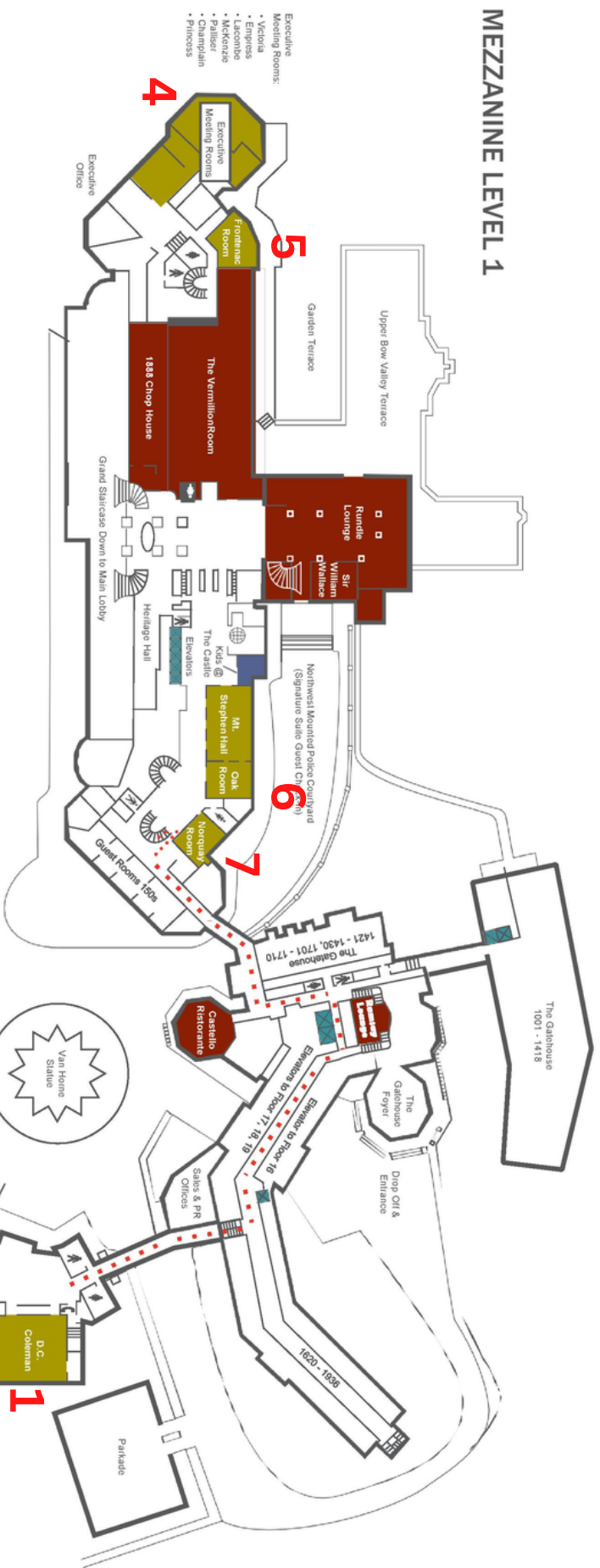
(Angus)

12. Guidelines for Individuals with Chronic Conditions

12. Christine Friedenreich, PhD



MEZZANINE LEVEL 1



MEZZANINE LEVEL 2

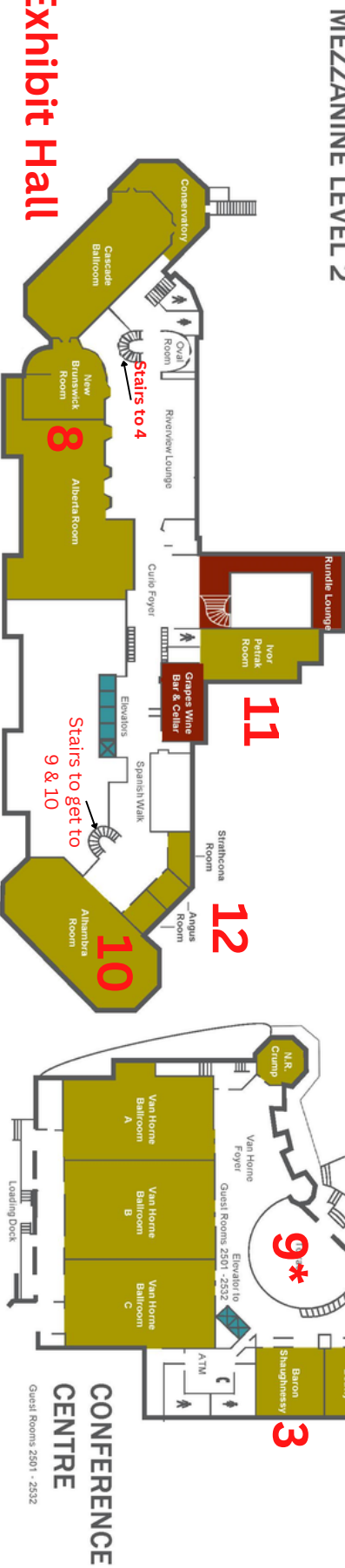


Exhibit Hall

Main Plenary

9* Theatre is downstairs

Friday Workshops

1. Exam of the Hip*
2. Exam of the Knee and PFJ*
3. Examination of the Pediatric Spine*
4. RED-S Cases
5. Exercise Adherence
6. Obesity Management
7. Advocacy with Impact
8. Chronic Concussion: Dizziness, Neck pain
9. Management of Post-Traumatic Headaches Following Concussion
10. Chronic Concussion: Cognitive
11. Management of chronic concussion - Post-Concussion Vision Syndrome
12. Guidelines for Individuals with Chronic Conditions

*Pre-registration required for these workshops