



SPORT MEDICINE UNDER THE AURORA



Saturday, October 29



The Sternwheeler Hotel
& Conference Centre
Whitehorse, Yukon

[REGISTER HERE!](#)

About The Series



CASEM is excited to launch this inaugural full day Sport and Exercise Medicine conference targeted to primary care providers in the North. The sessions will be held in Whitehorse, Yukon.

Chaired by Dr Erika Persson – CASEM President 2022-23, the Board of CASEM and in collaboration with the Yukon Medical Association, this course will cover common issues and injuries seen across the lifespan including pediatric and elderly, concussions, on field emergencies and exercise prescription.

CASEM is excited to bring CPD to the North for the first time and is looking forward to a great learning experience for all. This conference will combine your sport medicine CPD goals with a great learning experience under the Yukon Aurora!

This one-credit-per-hour Group Learning program has been certified by the College of Family Physicians of Canada and the Yukon/British Columbia Chapter for up to 10.5 Mainpro+ credits

This conference is targeted to primary care providers and we welcome attendance from our allied health partners as we look at a multi-disciplinary approach to the care of the active individual.

Course Location



The Sternwheeler Hotel & Conference Centre

201 Wood St, Whitehorse,
YT Y1A 2E4



Planning Committee

Erika Persson, MD, FRCPC

Andrew Marshall, MD, FRCPC

Xiu-Mei Zhang, MD, CCFP

Overall Objectives

1. Increase attendee's comfort with assessment and management of common office based Sport and Exercise Medicine Issues
2. Provide an interactive platform to discuss common issues in on field management and return to play with Canadian Sports and Exercise Medicine experts
3. Identify issues affecting active individuals across the lifespan and how to address in a community setting

About CASEM



The Canadian Academy of Sport and Exercise Medicine (CASEM) is an organization of physicians committed to excellence in the practice of medicine as it applies to all aspects of physical activity.



Sport and Exercise Medicine (SEM) physicians have specialized training and skills that position them to be caregivers for active patients of all ages.

They have an interest in the promotion of lifelong wellness and fitness, as well as in prevention, diagnosis and management of illness and injury related or affecting sport and physical activity.

SEM physicians are family physicians, orthopaedic surgeons, paediatricians, physiatrists (physical medicine and rehabilitation) and other specialists who have unique training in SEM.

Our Speakers



Dr. Erika
Persson



Dr. Cathy
Campbell



Dr. Kim
Coros



Dr. Andrew
Marshall



Dr. Darrell
Menard



Dr. Laura
Purcell



Dr. Lee
Schofield



Dr. Carla
Edwards



Dr. Jane
Thornton



Dr. Ryan
Shields



Dr. Margaret
Burghardt

Our Speakers



DR. ERIKA B PERSSON,
MD, FRCPC, DIP. SPORT MED.

Pediatric Sport Medicine Physician, Associate Clinical Professor in General Pediatrics at the University of Alberta, HST 2018 Winter Olympics, 2016 CMO Youth Winter Olympic Games, Team Physician, Skate Canada



DR. RYAN SHIELDS,
MD, CCFP, DIP. SPORT MED.

Primary Care, Sport Medicine Physician, University of Calgary, Sport Medicine Centre, Team Physician varsity wrestling, University of Calgary



DR. CATHY J. CAMPBELL,
BPE, MSC, MD, CCFP (SEM), FCFP, DIP. SPORT MED.

Primary Care, Sport Medicine Physician, Assistant Professor in the Department of Family and Community Medicine at the University of Toronto, General Medical Officer and Doping Control Officer for FIFA



DR. KIM COROS,
MD, FRCPC, DIP SPORT MED

Physical Medicine & Rehabilitation, Brain Injury Rehabilitation and Sport Medicine Physician, Assistant Professor in the Department of Medicine at the University of Toronto, Physician at the Canadian Sport Institute - Ontario

Our Speakers



DR. DARRELL MENARD,
OMM MD, DIP. SPORT MED.

Family Physician, Sport Medicine, Canadian Forces- Surgeon General's Specialist Advisor in Sport Medicine, CMO for the 5 World Military Games, 2012 Olympic Games; 2016 Team Physician Paralympic Games



DR. ANDREW MARSHALL,
MD, FRCPS, DIP. SPORT MED.

Orthopaedic Sport Medicine, Chief of Orthopaedic Surgery at Hôpital Montfort. Chief Medical Officer: Canadian Paralympic Committee - Tokyo 2020(1), Beijing 2022



DR. JANE THORNTON,
MD, PHD, CCFP (SEM), DIP. SPORT MED.

Primary Care Physician, Sport Medicine, Canada Research Chair in Injury Prevention and Physical Activity for Health at the University of Western Ontario. Editor of the British Journal of Sports Medicine (BJSM), 2008 Olympic Rower. Focussed Research on Physical Activity in the Prevention of Chronic Diseases.



DR. MARGARET BURGHARDT,
MD. CCFP. DIP. SPORT MED

Primary Care, Sport Medicine Physician, MSK Preceptor for the University of Toronto Family Medicine Residency Program Team Physician, Swimming Canada

Our Speakers



DR. CARLA EDWARDS,
MD, FRCPC

Sports Psychiatrist, Assistant Clinical Professor in Psychiatry and Behavioural Neurosciences, McMaster University, High performance Mental Health advisor for Swimming Canada and Cycling Canada



DR. LEE SCHOFIELD,
MD, CCFP (SEM) DIP. SPORT MED.

Primary Care, Sport Medicine Physician, Team Physician Soccer Canada Women's National Team and Skate Canada
CMO 2022 Winter Olympics



DR. LAURA PURCELL,
MD, FRCPC, DIP. SPORT MED., DRCPSC (CE)

Pediatric Sport Medicine Physician, Founding President of the Pediatric Sport and Exercise Medicine Section of the Canadian Paediatric Society (CPS) and Pediatric SEM Section of CASEM, Expert in Pediatric Concussion, Associate Clinical Professor, Dept of Pediatrics, McMaster University



DR. ANNE-MARIE LEBLANC,
MD, CCFP (SEM), DIP. SPORT MED.

Primary Care, Sport Medicine Physician
Practicing in both Quebec and the Yukon
Founding member and Current Secretary of the Canadian Association of Wilderness Medicine, AWLS course Instructor

SATURDAY, OCTOBER 29

The Sternwheeler Hotel & Conference Centre - Whitehorse, Yukon

- 8:00am** — **Welcome and Introduction**
Dr. Erika Persson & Dr. Xiu-Mei Zhang
- 8:15am** — **Pediatric Sports Medicine in the Primary Care Office**
Dr. Erika Persson
- 8:45am** — **Exercise Prescription**
Drs. Cathy Campbell & Kim Coros
- 9:45am** — **The Aging Athlete**
Dr. Darrell Menard
- 10:15am** — **Towards the Knife; When Runner and Surgeon Meet**
Dr. Andrew Marshall
- 10:45am** **Break**
- 11:00am** — **Concussion Management: Children vs Adults (Recording)**
Dr. Laura Purcell
- 11:30am** — **Event Coverage & Management of On Field Emergencies**
Dr. Lee Schofield
- 12:00pm** — **Women's Health in Sport and Exercise Medicine (Recording)**
Dr. Jane Thornton
- 12:30pm** **Lunch**
- 1:15pm** — **Hip Pain: The Millennial And Middle Aged Hip: Gen X, Y and Sometimes Z**
Dr. Margaret Burghardt
- 1:45pm** — **Mental Health in Sports Medicine (Virtual Recording)**
Dr. Carla Edwards
- 2:15pm** — **OA Management: Surgical vs Non Surgical**
Dr. Ryan Shields
- 2:45pm** — **Concussions in the Wilderness**
Dr. Anne-Marie Leblanc
- 3:30pm** — **Return to Play - Panel Discussion**
- 4:00pm** — **Fireside Chat with Speakers and Closing Remarks**