



Sept 2022

# **CASEM BASKETBALL SPORT MEDICINE CONFERENCE**

**Saturday and Sunday,  
10–11 Sept 2022  
Dalhousie University  
Halifax, NS**



*Space is limited! [Register here](#)*

# About The Series



CASEM is excited to launch this day and half sport-focused, basketball sport medicine CPD event to be held at Dalhousie University, Halifax, NS.

Chaired by Dr. Chris Johnston and his Faculty, this course will cover all aspects of basketball injuries including injury patterns, return to play, injury prevention, lessons learnt and more.

This conference will combine your sport medicine CPD goals with a great learning experience in the heart of the Halifax region.

**This one-credit-per-hour Group Learning program has been certified by the College of Family Physicians of Canada and the Nova Scotia Chapter for up to 10.5 Mainpro+ credits**

This conference is targeted to physicians in sport medicine, **yet includes information pertinent to other specialties** – we also welcome attendance from our allied health partners as we look at a multi-disciplinary approach to the care of the athlete.

# Our Speakers



**Luke Corey**

RD, Performance Dietitian EXOS,  
Team Dietitian Minnesota Timberwolves

- ***Fueling the Elite Athlete***
- ***Sunday workshop: Nutrition for Recovery***



**Jon Lee**

Strength and Conditioning Coach Toronto  
Raptors

- ***Strength and Conditioning for Performance and Return from Injury***
- ***Sunday workshop: Game Day Activation***



**Chris MacLean**

PhD, Clinical Biomechanics and Footwear  
Science

- ***The Biomechanical Demands on Basketball Athletes who Run, Jump and Cut***
- ***Sunday workshop: Biomechanical Footwear Interventions for the Demands of Competitive Basketball***



# Our Speakers



## Scott McCullough

BPHE DipSIM CATA (c) MSc CES PES,  
Head Athletic Therapist/Trainer Toronto  
Raptors

- ***Injury Patterns and Return to Play Decision Making***
- ***Sunday workshop: What is in Your Game Day Equipment Bag and Pearls for Management of in Game Injuries***



## Bryce Tully

MSc Performance Psychology, Lead Mental  
Performance Consultant Canada Woman's  
Basketball Tokyo Olympics, CEO Innerlogic  
Culture Solutions

- ***The Role of Culture in High-Performance Programs***



## Jack Taunton

MSc, MD, Dip Sport Med, MCFP (SEM),  
FACSM, CMO Vancouver Grizzlies, CMO  
Sydney Olympics incl team physician  
Canada Senior Men's Basketball team, CMO  
two Pan Ams and two World Student  
Games incl basketball team physician, IOC  
physician for Basketball at Beijing Olympics

- ***Role of Chief Medical Officer on an NBA team***

**SATURDAY, SEPTEMBER 10**

Scotiabank Auditorium - Dalhousie University

**8:00am — Welcome**

Chris Johnston MD, CCFP (SEM), Dip Sports Medicine, MSc

**8:05am — Role of Chief Medical Officer on a NBA team**

Jack Taunton MSc, MD, Dip Sports Medicine (CASEM), MCFP (SEM), FACSM, Chief Medical Officer (CMO) Vancouver Grizzlies, CMO/team physician Sydney Olympics, Pan Ams and World Student Games, IOC physician for Basketball at Beijing Olympics

**8:50am — Strength and Conditioning for Performance and Return from Injury**

Jon Lee, Strength and Conditioning Coach Toronto Raptors

**9:35am — Injury Patterns and Return to Play Decision Making**

Scott McCullough BPHE DipSIM CATA (c) MSc CES PES, Head Athletic Therapist/Trainer Toronto Raptors

**10:20am – Break****10:35am — The Role of Culture in High-Performance Programs**

Bryce Tully MSc Performance Psychology, Lead Mental Performance Consultant Canada Woman's Basketball Tokyo Olympics, CEO Innerlogic Culture Solutions

**10:55am — Infection (COVID) Related Myocarditis and Return to Play, Aortic Disease Pre-Participation Screening, Disease Finding**

Doug Hayami MDCM, FRCPC, Division of Cardiology, Dalhousie University

**11:30am — The Collapsed Basketball Player**

Tyler Johnston MD, FRCPC, MPH, MPA, Assistant Professor, Department of Emergency Medicine, Dalhousie University

**SATURDAY, SEPTEMBER 10**

Scotiabank Auditorium - Dalhousie University

**12:00pm - Lunch****1:00pm —○ Fueling the Elite Athlete**

Luke Corey RD, Performance Dietitian EXOS, Team Dietitian  
Minnesota Timberwolves

**1:45pm —○ Pediatric Orthopedic Conditions in the Basketball Player**

Speaker to be announced

**2:15pm —○ Designing Exercise Programs for Young Basketball Players from an Injury Prevention and Performance Perspective**

Drew Stratton MSc PT, NSCA-CSCS, CSEP-CEP, Forte Physical  
Therapy

**2:35pm —○ Improving Athletic Performance and Decreasing Injury in Wheelchair Basketball**

Sarah Moore PhD, School of Health and Human Performance,  
Department of Pediatrics, Dalhousie University

**3:05pm - Break****3:20pm —○ Interesting Cases, Lessons Learned from Caring for U Sport Basketball Players**

Nathan Urquhart MD, FRCPS, Division of Orthopedics, Dalhousie  
University and Drew Stratton MSc PT, NSCA-CSCS, CSEP-CEP,  
Forte Physical Therapy

**3:50pm —○ The Biomechanical Demands on Basketball Athletes who Run, Jump and Cut**

Chris MacLean PhD, Clinical Biomechanics and Footwear Science

*The times may be subject to change.*

**SUNDAY, SEPTEMBER 11**

Dalhousie University

## 60 Minute Workshops - Repeated Four Times

**8:00am**

—○ **1) Nutrition for Recovery**

Luke Corey RD, Performance Dietitian EXOS, Team Dietitian  
Minnesota Timberwolves

**2) Game Day Activation**

Jon Lee, Strength and Conditioning Coach Toronto Raptors

**3) Biomechanical Footwear Interventions for the  
Demands of Competitive Basketball**

Chris MacLean PhD, Clinical Biomechanics and Footwear Science

**4) What is in Your Game Day Equipment Bag and Pearls  
for Management of in Game Injuries**

Scott McCullough, BPHE DipSIM CATA (c) MSc CES PES,  
Head Athletic Therapist/Trainer Toronto Raptors

**9:00am**

—○ Workshops Repeated

**10:00am**

—○ Workshops Repeated

**11:00am**

—○ Workshops Repeated

*The times may be subject to change.*