

CASEM BASKETBALL SPORT MEDICINE

CONFERENCE

Saturday and Sunday, 10-11 Sept 2022 Dalhousie University Halifax, NS



About The Series



CASEM is excited to launch this day and half sport-focused, basketball sport medicine CPD event to be held at Dalhousie University, Halifax, NS.

Chaired by Dr. Chris Johnston and his Faculty, this course will cover all aspects of basketball injuries including injury patterns, return to play, injury prevention, lessons learnt and more.

This conference will combine your sport medicine CPD goals with a great learning experience in the heart of the Halifax region.

This one-credit-per-hour Group Learning program has been certified by the College of Family Physicians of Canada and the Nova Scotia Chapter for up to 10.5 Mainpro+ credits

This conference is targeted to physicians in sport medicine, **yet includes information pertinent to other specialties** – we also welcome attendance from our allied health partners as we look at a multi-disciplinary approach to the care of the athlete.

Our Speakers



Luke Corey

RD, Performance Dietitian EXOS, Team Dietitian Minnesota Timberwolves

- Fueling the Elite Athlete
- Sunday workshop: Nutrition for Recovery



Jon Lee

Strength and Conditioning Coach Toronto Raptors

- Strength and Conditioning for Performance and Return from Injury
- Sunday workshop: Game Day Activation



Chris MacLean

PhD, Clinical Biomechanics and Footwear Science

- The Biomechanical Demands on Basketball Athletes who Run, Jump and Cut
- Sunday workshop:

 Biomechanical Footwear
 Interventions for the Demands
 of Competitive Basketball

Our Speakers



Scott McCullough

BPHE DipSIM CATA (c) MSc CES PES, Head Athletic Therapist/Trainer Toronto Raptors

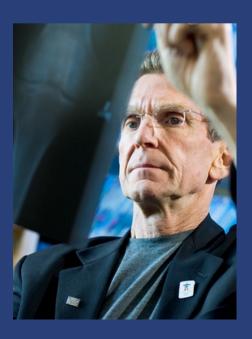
- Injury Patterns and Return to Play Decision Making
- Sunday workshop: What is in Your Game Day Equipment Bag and Pearls for Management of in Game Injuries



Bryce Tully

MSc Performance Psychology, Lead Mental Performance Consultant Canada Woman's Basketball Tokyo Olympics, CEO Innerlogic Culture Solutions

 The Role of Culture in High-Performance Programs



Jack Taunton

MSc, MD, Dip Sport Med, MCFP (SEM), FACSM, CMO Vancouver Grizzlies, CMO Sydney Olympics incl team physician Canada Senior Men's Basketball team, CMO two Pan Ams and two World Student Games incl basketball team physician, IOC physician for Basketball at Beijing Olympics

 Role of Chief Medical Officer on an NBA team



SATURDAY, SEPTEMBER 10

Scotiabank Auditorium - Dalhousie University

8:00am — Welcome

Chris Johnston MD, CCFP (SEM), Dip Sports Medicine, MSc

8:05am — Role of Chief Medical Officer on a NBA team

Jack Taunton MSc, MD, Dip Sports Medicine (CASEM), MCFP (SEM), FACSM, Chief Medical Officer (CMO) Vancouver Grizzlies, CMO/team physician Sydney Olympics, Pan Ams and World Student Games, IOC physician for Basketball at Beijing Olympics

8:50am — Strength and Conditioning for Performance and Return from Injury

Jon Lee, Strength and Conditioning Coach Toronto Raptors

9:35am — Injury Patterns and Return to Play Decision Making

Scott McCullough BPHE DipSIM CATA (c) MSc CES PES, Head Athletic Therapist/Trainer Toronto Raptors

10:20am - Break

10:35am — The Role of Culture in High-Performance Programs

Bryce Tully MSc Performance Psychology, Lead Mental Performance Consultant Canada Woman's Basketball Tokyo Olympics, CEO Innerlogic Culture Solutions

10:55am — Infection (COVID) Related Myocarditis and Return to Play, Aortic Disease Pre-Participation Screening, Disease Finding

Doug Hayami MDCM, FRCPC, Division of Cardiology, Dalhousie University

11:30am — The Collapsed Basketball Player

Tyler Johnston MD, FRCPC, MPH, MPA, Assistant Professor, Department of Emergency Medicine, Dalhousie University

SATURDAY, SEPTEMBER 10

Scotiabank Auditorium - Dalhousie University

12:00pm - Lunch

1:00pm — Fueling the Elite Athlete

Luke Corey RD, Performance Dietitian EXOS, Team Dietitian Minnesota Timberwolves

1:45pm — Pediatric Orthopedic Conditions in the Basketball Player

Speaker to be announced

2:15pm — Designing Exercise Programs for Young Basketball Players from an Injury Prevention and Performance Perspective

Drew Stratton MSc PT, NSCA-CSCS, CSEP-CEP, Forte Physical Therapy

2:35pm — Improving Athletic Performance and Decreasing Injury in Wheelchair Basketball

Sarah Moore PhD, School of Health and Human Performance, Department of Pediatrics, Dalhousie University

3:05pm - Break

3:20pm — Interesting Cases, Lessons Learned from Caring for U Sport Basketball Players

Nathan Urquhart MD, FRCPS, Division of Orthopedics, Dalhousie University and Drew Stratton MSc PT, NSCA-CSCS, CSEP-CEP, Forte Physical Therapy

3:50pm

── The Biomechanical Demands on Basketball Athletes who Run, Jump and Cut

Chris MacLean PhD, Clinical Biomechanics and Footwear Science

SUNDAY, SEPTEMBER 11

Dalhousie University

60 Minute Workshops - Repeated Four Times

8:00am — 1) Nutrition for Recovery

Luke Corey RD, Performance Dietitian EXOS, Team Dietitian Minnesota Timberwolves

2) Game Day Activation

Jon Lee, Strength and Conditioning Coach Toronto Raptors

3) Biomechanical Footwear Interventions for the Demands of Competitive Basketball

Chris MacLean PhD, Clinical Biomechanics and Footwear Science

4) What is in Your Game Day Equipment Bag and Pearls for Management of in Game Injuries

Scott McCullough, BPHE DipSIM CATA (c) MSc CES PES, Head Athletic Therapist/Trainer Toronto Raptors

9:00am — Workshops Repeated

10:00am — Workshops Repeated

11:00am — Workshops Repeated