

# CASEM MENTAL HEALTH WEBINAR SERIES



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THURSDAY 9, 16, 23 JUNE, 2022  
VIA ZOOM WEBINARS

4PM PT | 5PM MT | 6PM CDT | 7PM ET | 8PM AT | 8:30PM NT



# JUNE 2022

# About the Series

Led by Drs. Carla Edwards and Lindsay Bradley, this three-part dedicated webinar series will look at mental health conditions across the athlete population. The format is short talks by up to 4 panellists followed by a Q&A after each presentation

## Overall Learning Objectives

1. Support the sport medicine physician in developing a comfort level with mental health conditions in athletes
2. Address the management of common mental health conditions in the athlete population
3. Review principles of athlete mental health safety while travelling with a team
4. Review screening tools for pediatric and adolescent athletes especially related to ADHD

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## Target Audience

The target audience is the physician, regardless of specialty – the course will also be of interest to the health care field including Physiotherapists, Sport Chiropractors, Sport Massage Therapists, Occupational Therapists, nurses, psychologists and social workers.

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## Declaration of Potential Conflicts of Interest

All speakers will be requested to disclose to the audience any real or apparent conflict (s) of interest that may have a direct bearing on the subject matter of this program.

## Planning Committee

**Lindsay Bradley, MD, CFPC (SEM), Dip. Sport Med.**

**Carla Edwards, MD - FRCPC, Psychiatry, Child Psychiatry, Sport Psychiatry**

**Michelle Mathias, MA, MD, FRCPC, Psychiatry, Sport Psychology**

**CPD Committee Chair: Andrew Marshall, MD, FRCSC, Dip. Sport Med.**

## SESSION 1

**Thursday, June 9th, 2022**

**4pm-6pm PT | 5pm-7pm MT | 6pm-8pm CDT | 7pm-9pm ET |  
8pm-10pm AT | 8:30pm-10:30pm NT**



- 1. Psychopharmacology Considerations for the Treatment of Depression in Athletes: What to Start, What to Avoid, What to do if it's not Working**  
- Sean James Andrea, MD, Psychiatry Resident
- 2. Return to Play- Mental Health Considerations**  
- Carla Edwards, MD, FRCPC, Psychiatry, Child Psychiatry, Sport Psychiatry
- 3. ADHD in Athletes: Approach to the TUE**  
- Julia Wong, FRPC(C), Child and Adolescent Psychiatrist



## SESSION 2

**Thursday, June 16th, 2022**

4pm-6pm PT | 5pm-7pm MT | 6pm-8pm CDT | 7pm-9pm ET |  
8pm-10pm AT | 8:30pm-10:30pm NT



### 1. How SEM physicians can Support

#### Athletes in Maltreatment Situations

- Amelia Cline, LLB

### 2. Personality Disorders and their Impact on the Team

- Pamela Weatherbee, MD, FRCPC, Psychiatry

### 3. Navigating Confidentiality in the Sport Setting

- Michelle Mathias, MA, MD, FRCPC, Psychiatry, Sport Psychology

### 4. Mental Health Screening Tools for use in Pediatric and Youth Athletes

- Taylor Armstrong, MD, FRCPC, Child and Adolescent Psychiatrist,

## SESSION 3

**Thursday, June 23rd, 2022**

4pm-6pm PT | 5pm-7pm MT | 6pm-8pm CDT | 7pm-9pm ET |  
8pm-10pm AT | 8:30pm-10:30pm NT



### 1. Athlete Speaker

- Danielle DuPlessis, National Wheelchair Basketball Team

### 2. Navigating Safety Issues in Athlete Mental Health ( Focusing on the Road)

- Carla Edwards, MD, FRCPC, Psychiatry, Child Psychiatry, Sport Psychiatry

### 3. Managing Violence in Sports - Focus on Anger Management and Interpersonal Violence

- Michelle Mathias, MA, MD, FRCPC, Psychiatry, Sport Psychology

### 4. Identifying and Managing OCD in Sports

- Marie Claire Bourque, MD, MSc, FRCPC, DABPN, Psychiatry, Sport Psychiatry