



Sep - Oct 2022

# CASEM DANCE MEDICINE

## WEBINAR SERIES

22 Sep 2022

29 Sep 2022

06 Oct 2022

13 Oct 2022



# Schedule



## Week 1 - Sep 22, 2022

### 1- The Student Ballet Dancer

- Merrilee Zetaruk, MD, FRCPC (Pediatrics), Dip. Sport Med. (Canada)

### 2- Common Foot and Ankle problems in Dance

- Nancy Kadel, MD, Orthopedic surgeon(USA)

### 3- Treating the Dancer's Foot and Ankle

- Rana Lamy, PT (Canada)



## Week 2 - Sep 29, 2022

### 1- Dance Fitness and Dance Science: Past, Present and Future

- Emma Redding, PhD (UK)

### 2- Common problems of the Hip and Lower Limb in Dance

- Shelaina Anderson, MD, CCFP (SEM) (Canada)

### 3- Treating the Hip and Pelvic Area in Dancers

- Jarmo Ahonen, PT (Finland)



## Week 3 - Oct 6, 2022

### 1- Motor Control: Moving in the Unpredictable World

- Mark Latash, PhD (USA)

### 2- The Dancer's Spine

- Roger Hobden, MD, CCFP (SEM), Dip. Sport Med. (Canada)

### 3- The Many Faces of Allodynia in Dance

- Isabelle Quintal, OT, PhD candidate (Canada)



## Week 4 - Oct 13, 2022

### 1- Pilates: the Dancer's Best Friend

- Joanna Abbatt, MSc, Pilates Instructor (Canada)

### 2- Hypermobility in Dancers

- Linda Bluestein, MD (USA)

### 3- The Social Determinants of the Dancer's Health

- Sari Kaft, MD, CCFP(SEM), Dip. Sport Med. (Canada)