



# BACK TO BANFF

## CASEM'S ANNUAL SYMPOSIUM

March 8 - 11, 2023

Fairmont Banff Springs  
Banff, Alberta



#CASEM23

# About the Symposium

Please note that the conference is located within the Banff National Park and if you are driving, you will need to purchase a Parks Pass. For more information, please [click here](#)

## Wednesday, 8 March 2023

Welcome Reception: 5:00pm – 8:00pm  
in the Exhibit Hall

## Thursday, 9 March 2023

**Conference:** 7:25am – 10:45am  
*10:45am – 5:00pm: Your chance to ski and discover Banff!*  
**Conference:** 5:00pm – 7:15pm

## Friday, 10 March 2023

**Conference:** 7:50am – 5:10pm  
CASEM-AQMSE Gala Dinner: 7:00pm

## Saturday – 11 March 2023

**Conference:** 8:20am – 12:45pm







# Local Organizing Committee

- Victor Lun ( Program Chair)
- Michaela Kopka
- Andrew Marshall
- Nicholas Mohtadi
- Matt McIsaac
- Ryan Shields
- Preston Wiley

## Back to Banff!

It's been a long time coming! CASEM (or CASM as it was called back then), held its inaugural scientific symposium in Banff.

In tribute, 2020 saw a return to Banff to celebrate our 50th birthday - alas we were forced to cancel just weeks before as the pandemic took hold.

In March of 2023 we're "Back in Banff"! Come celebrate CASEM's 53rd birthday - learn and celebrate along with your old and new sport medicine colleagues!



# The Fairmont Banff Springs



405 Spray Avenue Banff, Alberta, Canada T1L1J4

Located on traditional Treaty 7 territory and in the heart of Banff National Park, a UNESCO World Heritage Site, the world famous Fairmont Banff Springs luxury resort stands as a landmark in the picturesque alpine town of Banff, Alberta.

Canada's "Castle in the Rockies", has been providing legendary hospitality to our guests for more than 130 years.

Conference Rate available until February 03, 2023 or until the rooms in the CASEM block have sold out.

Once the room block is full, room prices vary according to the hotel's availability only. We are anticipating rooms will go quickly so we suggest booking your rooms as soon as possible.

## Parking

The hotel's parking is located beside the Convention Centre. It is a three-level roofed parkade with 415 parking spaces:

- Self-parking: \$32 CAD/night, with unlimited access
- Valet Parking: \$46 CAD/night, with unlimited access
- Fairmont Banff Springs is pleased to offer complimentary charging for all electric vehicles of our guests.

## The Fairmont Banff Springs Room Rates:

- **Fairmont Room** - starting at \$199.00\*
- **Deluxe Fairmont Room** - starting at \$259.00\*
- **Gatehouse Fairmont room** - starting at \$279.00\*
- **Studio View, Junior Suite and Gate House suite** - starting at \$319.00\*

\*plus applicable taxes and resort fee

To reserve your accommodation please click the link: <https://book.passkey.com/go/0323CASEM> or call directly at 1-833-762-6866 and **refer to Group Name: Canadian Academy of Sport and Exercise Medicine group (CASEM)**

All reservations include a local ROAM transit ticket. Passes are available at the hotel front desk.





# Travel Discounts

**Air Canada** is proud to offer a discount for travel to and from Calgary, Alberta (YYC). The travel period begins Saturday, February 25, 2023 and ends Saturday, March 18, 2023.

For North America, a 5% discount applies on standard fares, 10% on flex fares & higher. For International Travel, a 10% discount applies on standard fares & higher.

Please book online at [www.aircanada.com](http://www.aircanada.com) using the promo code XDNKMTK1.

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**Westjet** is proud to offer 5% off Econo\* and 10% off EconoFlex and Premium fares for travel within Canada and 2% off Econo\*, 5% off EconoFlex and 10% off Premium base fares for guests travelling Trans-border for travel to and from Calgary, Alberta (YYC). The discount applies to travel between 2/27/2023 and ends 3/18/2023. No discount will apply to Basic or Business class bookings.

To take advantage of this offer, you will need the discount code listed. Please visit [www.westjet.com/conventions](http://www.westjet.com/conventions) to make a booking online.

Coupon Code: Guest web/Travel Agent web: 8D5G9NF  
Promo Code: Travel Agent GDS only: WEE80

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**Banff Airporter:** Receive a 15% discount on the Banff Airporter's daily shuttle service between the Calgary Airport and Banff. Click Banff Airporter and then Book Now. Proceed through the reservation and type - CASEM2023 - in the "Promo Code?" section on the final payment page to receive the discount



## THURSDAY - 9 MARCH 2023

MAIN PLENARY - ALBERTA/NEW BRUNSWICK  
EXHIBIT HALL - CASCADE BALLROOM

TIME	TITLE	SPEAKER
6:45am	Conference Registration Coffee available in the Exhibit Hall	
7:15am-7:30am	Welcome Remarks from CASEM and AQMSE Presidents and Scientific Committee Chair	Victor Lun (Conference Chair), Erika Persson (CASEM President)
7:30am -8:45am	Patellofemoral Joint <ol style="list-style-type: none"> <li>1. Patellofemora Biomechanics</li> <li>2. Evaluation of Anterior Knee Pain</li> <li>3. Patellofemora Instability</li> <li>4. Patellofemora Cases Including Patient</li> </ol>	
8:15am-9:15am	Lance Richard Memorial Lecture Concussion Management in NHL	
9:15am-9:45am	Coffee Break with Exhibitors and Poster Viewing	
9:45am-10:45am	Sandy Kirkley Research Sessions	
10:45am-5:00pm	FREE TIME - ENJOY BANFF! Take advantage of 4 1/2 hours of free time between lectures and workshops to ski, board, skate, run, or shop...whatever your favourite winter sports activity is!	
4:00pm-5:00pm	Food available in the Exhibit Hall and Poster Viewing	
5:00pm-6:00pm	Approach to Calf Pain <ol style="list-style-type: none"> <li>1. CECS</li> <li>2. Vascular Entrapment</li> <li>3. Nerve Entrapment</li> </ol>	
6:00pm-6:30pm	Refreshment Break with Exhibitors and Poster Viewing	
6:30pm-7:45pm	The Female Athlete <ol style="list-style-type: none"> <li>1. How Sport and Exercise Clinicians can Prevent injury, Enhance Recovery, and Promote Long Term Joint Health in Women Athletes</li> <li>2. RED-S</li> </ol>	



## FRIDAY - 10 MARCH 2023

MAIN PLENARY - ALBERTA/NEW BRUNSWICK  
EXHIBIT HALL - CASCADE BALLROOM

TIME	TITLE	SPEAKER
7:30am-4:00pm-	Conference Registration Coffee available in the Exhibit Hall	
7:35am-7:45am	Opening Remarks and Housekeeping	
7:45am-8:15am	Keynote - Athlete Experience	
8:15am-9:30am	Optimizing Exercise for Medical Treatment <ol style="list-style-type: none"> <li>1. Obesity Management</li> <li>2. Canadian 24-Hour Movement Guidelines for Children and Youth</li> <li>3. Strategies for Adherence to Exercise</li> </ol>	
9:30am-10:00am	Coffee Break with Exhibitors and Poster Viewing	
10:00am-11:00am	Sandy Kirkley Research Sessions	
11:00am-11:30am	6th International Consensus Conference on Concussion in Sport	
11:30am-12:45am	Management of Prolonged Concussion Symptoms <ol style="list-style-type: none"> <li>1. HA</li> <li>2. Dizziness/ Neck Pain</li> <li>3. Vision/Cognitive</li> </ol>	
12:45pm-2:00pm	Lunch in Exhibit Hall // Industry Luncheon	
2:00pm-2:30pm	2 minutes 2 slides	
2:30pm-3:30pm	The Hip <ol style="list-style-type: none"> <li>1. FAI</li> <li>2. Hip Arthroplasty in the Active Patient</li> <li>3. Hip Rehab</li> </ol>	
3:30pm-4:00pm	Coffee Break with Exhibitors and Poster Viewing	
4:00pm-5:40pm	Breakouts and Workshops (1-10)	



## SATURDAY - 11 MARCH 2023

MAIN PLENARY - ALBERTA/NEW BRUNSWICK

TIME	TITLE	SPEAKER
7:15am	Conference Registration (Curio Foyer) Coffee available in Riverview Lounge	
8:20am-8:30am	Opening and Housekeeping	
8:30am-9:15am	<b>Spine Problems in the Pediatric Athlete</b> 1. Scoliosis and Kyphosis in Youth Athletes 2. Overuse Spinal Injuries including Spondylolysis and Lysthesis 3. Inflammatory Spinal Conditions and Spondyloarthropathy in Pediatrics	Moderator: Erika Persson, MD, Dip. Sport Med. 1. Devin Peterson, MD, Dip. Sport Med. 2. Merrilee Zetaruk, MD, Dip. Sport Med. 3. Kristin Houghton, MD, Dip. Sport Med.
9:15am-10:15am	<b>Sandy Kirkley Research Sessions</b>	Moderator: Kien Trinh, MD, PhD
10:15am-10:45am	Coffee Break in the Riverview Lounge	
10:45am-12:00pm	Harrasement and Abuse in Sport	
12:00pm-12:45pm	Injection therapies (HA, PRP, Prolo, Stem cell) for Tendinopathy and OA - What is the Evidence?	
12:45pm	Closing Remarks	





# Registration Page



## CASEM Sport Medicine Annual Symposium 2023 9-11 March 2023- Fairmont Banff Springs, Banff, AB

Please send this completed form to [cpd@casem-acmse.org](mailto:cpd@casem-acmse.org)

Please circle attendance type:

*Early Bird Rate  
Until December 31st 2022*

CASEM / ACMSE Member	\$ 795.00 *	\$ 895.00 *
Non Member	\$ 995.00 *	\$ 1,095.00 *
CASEM Retired Member	\$ 400.00 *	\$ 450.00 *
PhD/MSc	\$ 550.00 *	\$ 650.00 *
Allied Health (physio, nurse etc.)	\$ 875.00 *	\$ 975.00 *
Resident/Fellow	\$ 500.00 *	\$ 600.00 *
Non Member Resident/Fellow	\$ 550.00 *	\$ 650.00 *
CASEM Medical Student	\$ 295.00 *	\$ 350.00 *
Non CASEM Medical Student	\$ 350.00 *	\$ 450.00 *
Daily Rate - circle date (Thursday - Friday)	\$ 350.00 *	\$ 375.00 *

### SOCIAL TICKETS

Friday Evening Gala Dinner and Dance \$100.00: No of Pers. \_\_\_\_

#### Thursday Shuttles

On Thursday, delegates have a free time period between 10.45am to 4.30pm – we are looking at feasibility of arranging shuttles to sites around Banff if there is sufficient interest. Please indicate the most preferred activity and location which you would like to participate in (if any)

- |   |  |
|---|--|
| <input type="checkbox"/> Banff Sunshine Village (Downhill Skiing) | <input type="checkbox"/> Nordic Ski Centre (classic\skate skiing and fat biking) |
| <input type="checkbox"/> Lake Louise Ski Resort (Downhill Skiing) | <input type="checkbox"/> Banff Curling Club                                      |
| <input type="checkbox"/> Mt Norquay Ski Resort (Downhill Skiing)  |  |

### PLEASE PRINT

Date: MM\_\_\_\_ DD\_\_\_\_ YYYY\_\_\_\_

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Email: (primary method of communication) \_\_\_\_\_

### METHOD OF PAYMENT

Cheque # \_\_\_\_\_ VISA \_\_\_\_\_ M/C \_\_\_\_\_

**TOTAL AMOUNT PAYABLE** \_\_\_\_\_ \$

Credit Card No: \_\_\_\_\_

Expiry Date: Month \_\_\_\_\_ / Year \_\_\_\_\_ CVC: \_\_\_\_\_

Signature: \_\_\_\_\_

### CANCELLATION POLICY

A \$100.00 CDN cancellation fee will apply to all reimbursements issued prior to March 1st, 2020. After this date NO refunds will be issued.

**Photo Permission (Completion of this registration form assumes agreement of the following unless notified otherwise).** I hereby assign all rights to the still photography/video and/or sound recording made of me this day by the Canadian Academy of Sport and Exercise Medicine, and I hereby authorize the reproduction, sale, rental, loan, copyright, exhibition, broadcast and distribution of said material without limitation. Rights released include worldwide in perpetuity of material in any format.