

As part of CASEM SEM Clinical Rounds,

The Great Outdoors: Are we and our patients ready to get out there?

Join our speaker Dr. Melissa Lem to hear about how we get our patients, and ourselves outside to experience the many health benefits of nature. Speaker Dr. Alec Ritchie will highlight some of his experiences with North Shore (Vancouver) Search and Rescue. Stay tuned as he explains how we might avoid a helicopter airlift out of the wilderness!



8:00pm-8:45pm
1) Prescribing Nature and Wilderness with PaRx

- Melissa Lem, MD, CCFP, FCFP



8:45pm-9:30pm 2) Risk Mitigation in Outdoor Adventure

- Alec Ritchie, MD FCFP(EM)