



IOC WORLD CONFERENCE ON PREVENTION OF INJURY & ILLNESS IN SPORT



MONACO 11 - 13 FEBRUARY 2021

IN COLLABORATION WITH



ORGANISED BY



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WITH THE SUPPORT OF





PROGRAMME AT A GLANCE

Thursday 11 February

08.00 Registration

09.00-09.30 OPENING OF THE SCIENTIFIC SESSIONS Room Salle des Princes

09.30-10.30 **KEYNOTE 1** Room Salle des Princes

Injury prevention from a professional sports league perspective: the journey from theory to implementation

Speaker: **Willem MEEUWISSE** - Canada

10.30-11.00 Coffee Break

Session A • SYMPOSIUM 1

11.00-12.30 Room Salle des Princes

Load management in elite football: Does sexy research translate to real-world prevention?

Chairs:

Thor Einar ANDERSEN - Norway,
Alan McCALL - United Kingdom

Session B • SYMPOSIUM 2

11.00-12.30 Room Prince Pierre

Protecting the olympians of tomorrow; should we be cardiac screening the elite paediatric athlete?

Chair: Sanjay SHARMA -
United Kingdom

Session C • SYMPOSIUM 3

11.00-12.30 Room Camille Blanc

Primary, secondary and tertiary prevention strategies for ankle sprains: an essential update and guide for clinicians working with field- and court-sport athletes

Chair: Eamonn DELAHUNT -
Ireland

Session D
FREE COMMUNICATIONS

11.00-12.30 Room Auric

Youth athletes

Chairs:
Kathryn ACKERMAN - USA,
Natália F. N. BITTENCOURT - Brazil

Session E
FREE COMMUNICATIONS

11.00-12.30 Room Van Dongen

Team sports I

Chairs: Hideyuki KOGA - Japan,
Nicola PHILLIPS -
United Kingdom

10.30-11.00 Coffee Break

WORKSHOPS • 11.30-12.30

Session F Room Bosio 1

Art & science of lower limb injury prevention

Session G Room Bosio 2

Judo injuries prevention on the way to the Tokyo 2020 Olympic Games

WORKSHOP • 11.30-12.30

Session H Room Lifar

Learning to play again. Using deliberate play principles to prime for risk environments in canoe slalom athletes. Beating the Injury prevention blues

WORKSHOPS • 11.30-12.30

Session I Room Scotto

Sleeping your way to injury prevention - why sleep is essential for athlete fitness and overall wellbeing

Session J Room Poulenc 1

Bodies of gods, teeth of yobs. Oral health for individual and team performance

WORKSHOP • 11.30-12.30

Session K Room Genevoix 1

ECG interpretation in athletes: accurate use of the international criteria in 6-steps!

WORKSHOP • 11.30-12.30

Session L Room Genevoix 2-3

Striking while the iron's hot – reducing the tackler's risk of head contact in rugby

12.30-13.30 Lunch

Session A
HEAD-TO-HEAD DEBATE 1

13.30-14.30 Room Salle des Princes

Is it time to stop recommending cardiac screening in athletes and focus on reactive care?

Chair: Kimberly HARMON - USA

Session B • SYMPOSIUM 4

13.30-14.30 Room Prince Pierre

Injury prevention programmes in Rugby Union: across countries and into communities

Chair: Jon PATRICIOS -
South Africa

Session C • SYMPOSIUM 5

13.30-14.30 Room Camille Blanc

Contact sports on artificial grass pitches: Getting beneath the surface of injury risk – How important is the divot?

Chair: Keith STOKES -
United Kingdom

Session D • SYMPOSIUM 6

13.30-14.30 Room Auric

Do the three E's of injury prevention (education, enforcement, engineering) work in alpine skiing and snowboarding?

Chair: Claude GOULET -
Canada

Session E • SYMPOSIUM 7

13.30-14.30 Room Van Dongen

Innovations to prevent running injuries

Chair: Leonardo METSAVAHT -
Brazil

Session A • SYMPOSIUM 8

14.30-15.30 Room Salle des Princes

Head and shoulders, knees and toes: Injury-specific prevention in female youth sports

Chair: Carolyn EMERY - Canada

Session B • SYMPOSIUM 9

14.30-15.30 Room Prince Pierre

Two decades of the TRIPP model: Has implementation made its mark?

Chair: TBA

Session C • SYMPOSIUM 10

14.30-15.30 Room Camille Blanc

Towards new horizons in injury prevention for Big Air and Slopestyle events in Beijing 2022 Winter Olympics

Chair: Torbjorn SOLIGARD -
Norway/Switzerland

Session D • SYMPOSIUM 11

14.30-15.30 Room Auric

Preventing overuse injuries in team sports – Yes we can! As evidenced by the hit sport – volleyball!

Chairs:
Natália F. N. BITTENCOURT - Brazil,
Christopher SKAZALSKI -
Qatar/Norway

Session E
FREE COMMUNICATIONS

14.30-15.30 Room Van Dongen

Head impacts & concussion

Chairs:
Daniel T. P. FONG -
United Kingdom,
Karim KHAN - Canada

12.30-13.30 Lunch

WORKSHOPS • 13.30-14.30

Session F Room Bosio 1

Keeping golfers on course for glory: prevention of illness and injury in golf

Session G Room Bosio 2

#Playlikeagirl: keeping our female athletes healthy and performing!

WORKSHOP • 13.30-14.30

Session H Room Lifar

The SmarTHER way forward for British female Olympic and Paralympic athletes

WORKSHOPS • 13.30-14.30

Session I Room Scotto

Incidence, diagnosis and management of injury in sport climbing: A new Olympic discipline

Session J Room Poulenc 1

Travel advice that can help your athletes win a medal

WORKSHOP • 13.30-14.30

Session K Room Genevoix 1

Ten years of talent pathway health data in AFL – Collating this information with future injury and illness in the AFL

WORKSHOP • 13.30-14.30

Session L Room Genevoix 2-3

Food as medicine: optimizing nutrition and its role in sports injury prevention

15.30-16.30 **THEMATIC POSTERS SESSIONS** Poster Area – Level -2 (from session 1 to session 20)

16.30-17.00 Coffee Break

Session A • SYMPOSIUM 12

17.00-18.00 Room Salle des Princes

Injury prevention in women's football: Difficult but not impossible!

Chair: Andrea MOSLER -
Australia

Session B • SYMPOSIUM 13

17.00-18.00 Room Prince Pierre

Sleeping for success in sport

Chair:
Christa JANSE VAN RENSBURG -
South Africa

Session C • SYMPOSIUM 14

17.00-18.00 Room Camille Blanc

The power of athletes' stories for evidence-based injury prevention in sports

Chair: Evert VERHAGEN -
The Netherlands

Session D • SYMPOSIUM 15

17.00-18.00 Room Auric

Primary prevention of mental health symptoms and disorders in elite athletes

Chair: Brian HAINLINE - USA

Session E • SYMPOSIUM 16

17.00-18.00 Room Van Dongen

Understanding, Prevention, Treatment and Rehabilitation of ACL injury – Insights from the Far East

Chair: Patrick Shu Hang YUNG -
Hong Kong, China

Session A • SYMPOSIUM 17

18.00-19.00 Room Salle des Princes

Big computers, big data, big gains in injury prevention?

Chair: Evert VERHAGEN -
The Netherlands

Session B • SYMPOSIUM 18

18.00-19.00 Room Prince Pierre

ACL-injury prevention: From risk factor identification to practical use – where are we (and what is missing)?

Chair: Jesper BENCKE -
Denmark

Session C • SYMPOSIUM 19

18.00-19.00 Room Camille Blanc

Tackle risk in contact sports: Short-term pain for long-term salvation

Chair: Simon KEMP -
United Kingdom

Session D • SYMPOSIUM 20

18.00-19.00 Room Auric

Sports injury prevention and harm reduction in the global south: Socioecological considerations for contextualised research, policy, and practice

Chair: Sheree BEKKER -
South Africa/United Kingdom

Session E • SYMPOSIUM 21

18.00-19.00 Room Van Dongen

The Holy Grail: The primary prevention of both athlete injury + illness in sport: Relative Energy Deficiency in Sport (RED-S)

Chair: Margo MOUNTJOY -
Canada

16.30-17.00 Coffee Break

WORKSHOPS • 17.00-18.00

Session F Room Bosio 1

How to prevent fifth metatarsal stress fractures

Session G Room Bosio 2

Let's kick out of football... groin injuries! - blending science and practice in prevention of groin injuries in football

WORKSHOP • 17.00-18.00

Session H Room Lifar

The ball is in your court - methodological challenges when arranging RCT's in youth team sports

WORKSHOP • 17.00-18.00

Session I Room Scotto

Systemic approach of heart rate variability analysis: a tool to better understand and use fatigue typology and prevention

WORKSHOPS • 17.00-18.00

Session J Room Poulenc 1

“Adding insult to injury” – primary and secondary prevention as a field-of-play strategy

Session K Room Genevoix 1

Deep impact – Immersive and innovative concussion prevention for youth athletes

WORKSHOP • 17.00-18.00

Session L Room Genevoix 2-3

Telling your athletes to get a good night's sleep? Creating awareness of sleep deprivation as a risk factor for sport injury in youth athletes

WORKSHOPS • 18.00-19.00

Session F Room Bosio 1

Climbing on the band wagon! - Heel hook injuries in climbers - medical management and injury prevention

Session G Room Bosio 2

The sporting spine – Getting to the core of injury prevention

WORKSHOP • 18.00-19.00

Session H Room Lifar

Mouthguards – protection, concussion and performance ... What is the connection?

WORKSHOP • 18.00-19.00

Session I Room Scotto

Injury prevention in elite karate: fantasy or reality?

WORKSHOP • 18.00-19.00

Session K Room Genevoix 1

Just ACT – Mindfulness and acceptance based techniques to prevent mental health problems in athletes

WORKSHOP • 18.00-19.00

Session L Room Genevoix 2-3

Making mass-participation endurance sports events safer – it starts with measuring, but how do I do it?



PROGRAMME AT A GLANCE

Friday 12 February

08.30-09.15 KEYNOTE 2 Room Salle des Princes Injury prevention in youth sport: Why are we so afraid of change? Speaker: Carolyn EMERY - Canada									
Session A • SYMPOSIUM 22 09.30-11.00 Room Salle des Princes From Copenhagen to Dublin via Oslo: Collaborating to tackle primary, secondary and tertiary groin injury prevention in sports Chairs: Thor Einar ANDERSEN - Norway, Per HÖLMICH - Denmark	Session B • SYMPOSIUM 23 09.30-11.00 Room Prince Pierre Prevention of sudden cardiac death: Crossing the implementation gap Chair: Jonathan DREZNER - USA	Session C • SYMPOSIUM 24 09.30-11.00 Room Camille Blanc Injuries in runners: Epidemiology, risks and prevention Chair: Evert VERHAGEN - The Netherlands	Session D FREE COMMUNICATIONS 09.30-11.00 Room Auric Injury prevention I Chairs: Roald BAHR - Norway/Qatar, Clare ARDERN - Sweden/Australia	Session E FREE COMMUNICATIONS 09.30-10.40 Room Van Dongen Individual sports Chairs: Margo MOUNTJOY - Canada, Jane THORNTON - Canada	WORKSHOPS • 09.30-10.30 Session F Room Bosio 1 Why we should keep doing preseason assessment in athletes? Session G Room Bosio 2 Olympic athlete safety and performance: making sense of sensor fusion data	WORKSHOP • 09.30-10.30 Session H Room Lifar Pain prevention: well-intentioned, but sometimes unrealistic and unhelpful?	WORKSHOP • 09.30-10.30 Session I Room Scotto Variety is the spice of life!: How to design and implement an effective lower extremity injury prevention program in your setting using evidence-based principles	WORKSHOP • 09.30-10.30 Session J Room Poulenc 1 The important piece of the puzzle – end-users’ perspectives in injury prevention training	WORKSHOPS • 09.30-10.30 Session K Room Genevoix 1 Physical literacy for sport injury prevention – Addressing sport injury as a public health issue Session L Room Genevoix 2-3 Making it stick: adherence research in sports injury prevention
11.00-11.30 Coffee Break									
Session A • SYMPOSIUM 25 11.30-13.00 Room Salle des Princes Hamstring injury prevention IS possible... Maybe. Kind of. Ish. Chairs: Tania PIZZARI - Australia, Johannes TOL - The Netherlands/Qatar	Session B • SYMPOSIUM 26 11.30-13.00 Room Prince Pierre Evidence based prevention of illness associated with long-haul travel in elite athletes: Sorting the wheat from the chaff Chair: Wayne DERMAN - South Africa	Session C • SYMPOSIUM 27 11.30-13.00 Room Camille Blanc Injury prevention in youth sport: Where does the future lie? Chair: Carolyn EMERY - Canada	Session D FREE COMMUNICATIONS 11.30-13.00 Room Auric Risk factors etc. Chairs: Clare ARDERN - Sweden/Australia, Martin SCHWELLNUS - South Africa	Session E FREE COMMUNICATIONS 11.30-13.00 Room Van Dongen Team sports II Chairs: Elizabeth A. ARENDT - USA, Markus WALDÉN - Sweden	WORKSHOP • 11.30-12.30 Session F Room Bosio 1 Monitoring loads to prevent injuries in team sports. Is it worth the effort?	WORKSHOPS • 11.30-12.30 Session G Room Bosio 2 How wearables can protect the health of athletes during sporting competitions in the heat Session H Room Lifar Preventing low back pain in sports – should we image, and how do we interpret images?	WORKSHOPS • 11.30-12.30 Session I Room Scotto Health & wellbeing of performance staff: building a resource to support your performance team Session J Room Poulenc 1 Uncensored: the sensible use of head-impact sensors in sports	WORKSHOP • 11.30-12.30 Session K Room Genevoix 1 Knowledge translation in injury and concussion prevention: Interdisciplinary perspectives to inform prevention in youth volleyball – an applied example	WORKSHOP • 11.30-12.30 Session L Room Genevoix 2-3 The effect of injury on performance: the gold medal analytical strategy
13.00-14.30 Lunch									
14.30-15.15 KEYNOTE 3 Room Salle des Princes Tropical paradise or danger zone? Beat the heat to protect athletes in a sweltering 2020 Tokyo Speaker: Sébastien RACINAIS - Qatar									
15.30-16.30 THEMATIC POSTERS SESSIONS Poster Area - Exhibition Hall Diaghilev (from session 21 to session 40)									
16.30-17.00 Coffee Break									
Session A • SYMPOSIUM 28 17.00-18.00 Room Salle des Princes The value of longitudinal data for the prevention of injury and illness. Lessons learned from international surveillance programs Chair: Ian SHRIER - Canada	Session B • SYMPOSIUM 29 17.00-18.00 Room Prince Pierre #MeTooSport – the prevention of non-accidental violence in sport settings: It's not just about one bad apple Chairs: Sheree BEKKER - South Africa/United Kingdom, Margo MOUNTJOY - Canada	Session C • SYMPOSIUM 30 17.00-18.00 Room Camille Blanc Knowledge translation: Bridge between the evidence and real-world injury prevention impact Chair: Kathrin STEFFEN - Norway	Session D • SYMPOSIUM 31 17.00-18.00 Room Auric Prevention of injury in the overhead throwing athlete: Prediction, prevention and workload Chair: Jason L. ZAREMSKI - USA	Session E • SYMPOSIUM 32 17.00-18.00 Room Van Dongen The Effect of the 'Face to Face' education program to rugby medical on the severe head injury Chair: Mutsuo YAMADA - Japan	WORKSHOPS • 17.00-18.00 Session F Room Bosio 1 Shining on centre stage: does sport injury prevention translate to dance? Session G Room Bosio 2 Prevention is better than cure: the role of psychological interventions in sports injury risk reduction	WORKSHOP • 17.00-18.00 Session H Room Lifar Looking to the past for the future of harm reduction in sport: a call for meaningful informed consent and health literacy initiatives in elite athlete development	WORKSHOPS • 17.00-18.00 Session I Room Scotto Heat illness in sport – prevention and management strategies Session J Room Poulenc 1 Top down or bottom up – Which way forward for youth sports health and safety	WORKSHOP • 17.00-18.00 Session K Room Genevoix 1 Peak performance without doping: using the innovations in anti doping, sport science and sport medicine for the illness and prevention and protection of the clean athlete	WORKSHOP • 17.00-18.00 Session L Room Genevoix 2-3 Time to ditch the planks, listen to what athletes really need and want... and other useful strategies for preventing athlete low back pain
Session A HEAD-TO-HEAD DEBATE 2 18.00-19.00 Room Salle des Princes Kill the sacred cow: Return to play criteria should be trashed in favour of time (biology)-based criteria Chair: Karim KHAN - Canada	Session B • SYMPOSIUM 33 18.00-19.00 Room Prince Pierre Gastrointestinal issues in sport: Utilizing diet, the gut microbiota and probiotics for prevention of illness in athletes Chair: Owen CRONIN - Ireland/United Kingdom	Session C • SYMPOSIUM 34 18.00-19.00 Room Camille Blanc The 11+ journey: 14 years and still going strong? Chairs: Mario BIZZINI - Switzerland, Holly SILVERS-GRANELLI - USA	Session D • SYMPOSIUM 35 18.00-19.00 Room Auric IOC consensus on methodology for recording and reporting of data for injury and illness surveillance Chairs: Roald BAHR - Norway/Qatar, Karim CHAMARI - Qatar	Session E FREE COMMUNICATIONS 18.00-19.00 Room Van Dongen ACL injuries Chairs: Fares HADDAD - United Kingdom, Evert VERHAGEN - The Netherlands	WORKSHOP • 18.00-19.00 Session F Room Bosio 1 "Take my breath away": asthma in female athletes, effects of reproductive hormones and strategies for screening and management	WORKSHOP • 18.00-19.00 Session H Room Lifar Modern day observations of golf injury etiology and physical assessment	WORKSHOP • 18.00-19.00 Session I Room Scotto Neuromuscular training vs. movement re-education for prevention of running related-injuries	WORKSHOP • 18.00-19.00 Session J Room Poulenc 1 EAT, SLEEP, SWIM, REPEAT: how to implement prevention strategies for overuse injuries in elite/competitive swimmers? – An integrated approach	WORKSHOPS • 18.00-19.00 Session K Room Genevoix 1 The missing link: what to do when reality causes imperfect data collection Session L Room Genevoix 2-3 Taping and bracing for injury prevention: a help, habit or hazard?
20.00 SPORTS CELEBRATION NIGHT									



PROGRAMME AT A GLANCE

Saturday 13 February

<div>08.30-09.15 KEYNOTE 4 Room Salle des Princes Injury prevention: when return to play is not the way Speaker: Michael TURNER - United Kingdom</div>									
<div>Session A • SYMPOSIUM 36 09.30-11.00 Room Salle des Princes Tokyo 2020: Protecting the athlete from environmental and logistical challenges Chair: Lee TAYLOR - United Kingdom</div>	<div>Session B • SYMPOSIUM 37 09.30-11.00 Room Prince Pierre Concussion prevention in youth team sports: Evidence informing best practice and policy across five high risk sports Chair: Carolyn EMERY - Canada</div>	<div>Session C • SYMPOSIUM 38 09.30-11.00 Room Camille Blanc Never mention prevention! Chairs: Martin ASKER - Sweden, Rodney WHITELEY - Qatar</div>	<div>Session D FREE COMMUNICATIONS 09.30-11.00 Room Auric Injury Prevention II Chairs: Jonathan DREZNER - USA, Erich MÜLLER - Austria</div>	<div>Session E FREE COMMUNICATIONS 09.30-11.00 Room Van Dongen Illness/injury epidemiology Chairs: Nicola PHILLIPS - United Kingdom, Yorck Olaf SCHUMACHER - Qatar</div>	<div>WORKSHOP • 09.30-10.30 Session F Room Bosio 1 How can we prevent Exercise-Induced Laryngeal Obstruction (EILO) from obstructing the athletes' career?</div>	<div>WORKSHOPS • 09.30-10.30 Session G Room Bosio 2 Leadership for athlete health protection Session H Room Lifar Injury prevention: the role of video analysis</div>	<div>WORKSHOP • 09.30-10.30 Session I Room Scotto Mirror mirror on the wall.... What's the minimum machine learning I should know: a brief introduction to machine learning</div>	<div>WORKSHOPS • 09.30-10.30 Session J Room Poulenc 1 A practical guide to prevent injuries with load management in football Session K Room Genevoix 1 Elite cycling: preventing injury and increasing rider safety</div>	<div>WORKSHOP • 09.30-10.30 Session L Room Genevoix 2-3 Going from 2016 to 2020 and beyond: from "screening will never predict injuries" to "complex systems thinking", lessons learnt from big data collection, and how to keep it simple</div>
<div>11.00-11.30 Coffee Break</div>									
<div>Session A • SYMPOSIUM 39 11.30-13.00 Room Salle des Princes Training load and injury Chair: Karim CHAMARI - Qatar</div>	<div>Session B • SYMPOSIUM 40 11.30-13.00 Room Prince Pierre The injury prevention (r)evolution - a primer for tomorrow Chairs: Nicol VAN DYK - Qatar, Johann WINDT - Canada</div>	<div>Session C • SYMPOSIUM 41 11.30-13.00 Room Camille Blanc Injury prevention – what can you learn from our biggest mistakes? Chair: Michael TURNER - United Kingdom</div>	<div>Session D FREE COMMUNICATIONS 11.30-13.00 Room Auric Distance running Chair: Kathryn ACKERMAN - USA</div>	<div>Session E FREE COMMUNICATIONS 11.30-13.00 Room Van Dongen Para-athletes & special conditions Chairs: Christa JANSE VAN RENSBURG - South Africa, Yannis PITSILADIS - United Kingdom</div>	<div>WORKSHOP • 11.30-12.30 Session F Room Bosio 1 Stimulating talent development and preventing injuries simultaneously – bio-banded training in elite youth football</div>	<div>WORKSHOPS • 11.30-12.30 Session G Room Bosio 2 Performance driven injury prevention Session H Room Lifar The acute:chronic workload ratio: evolution or revolution?</div>	<div>WORKSHOPS • 11.30-12.30 Session I Room Scotto Studying techniques to reduce the risk of injuries in contact sports - from the lab to the field Session J Room Poulenc 1 Rugby-7s is fast, but are we running and about to knock-on! Evidence-based rugby-7s injury prevention concepts</div>	<div>WORKSHOP • 11.30-12.30 Session K Room Genevoix 1 An innovative approach to increasing concussion reporting: pre-game safety huddles</div>	<div>WORKSHOP • 11.30-12.30 Session L Room Genevoix 2-3 Sensorimotor education for the management of recurrent ankle instability</div>
<div>13.00-14.30 Lunch</div>									
<div>Session A • SYMPOSIUM 42 14.30-15.30 Room Salle des Princes Heat injury and illness prevention for Tokyo 2020: What is the IOC doing? Chair: Yannis PITSILADIS - United Kingdom</div>	<div>Session B • SYMPOSIUM 43 14.30-15.30 Room Prince Pierre Implementing change in performance and prevention: Persuasion, Perseverance, Passion Chairs: Mario BIZZINI - Switzerland, Nicola PHILLIPS - United Kingdom</div>	<div>Session C • SYMPOSIUM 44 14.30-15.30 Room Camille Blanc Injury prevention in handball: What have we learned and where are we going? Chairs: Lior LAVER - United Kingdom/Israel, Grethe MYKLEBUST - Norway</div>	<div>Session D • SYMPOSIUM 45 14.30-15.30 Room Auric It's not complicated: Injury prevention in sport through a complex systems approach Chairs: Sheree BEKKER - South Africa/United Kingdom, Nicol VAN DYK - Qatar</div>	<div>Session E • SYMPOSIUM 46 14.30-15.30 Room Van Dongen Prevention of long-standing groin pain in athletes Chair: Per HÖLMICH - Denmark</div>	<div>WORKSHOPS • 14.30-15.30 Session F Room Bosio 1 Injury risk reduction in elite road cycling: shoulder performance matters! Session G Room Bosio 2 Engaging with modern media: are sports medicine clinicians missing the mark for injury prevention?</div>	<div>WORKSHOP • 14.30-15.30 Session H Room Lifar #SoMe or Not #SoMe? How to turbocharge knowledge translation in sport and exercise medicine for real-world prevention impact</div>	<div>WORKSHOP • 14.30-15.30 Session I Room Scotto How hard do you have to be a hardened professional sportsperson? Lessons from England Cricket's lumbar spine stress fracture research program, exploring bone density, bone adaptation, injury resilience and readiness to perform</div>	<div>WORKSHOPS • 14.30-15.30 Session J Room Poulenc 1 Youth elite football: Attacking injuries from an epidemiological and clinical perspective Session K Room Genevoix 1 KOJI AWARENESS™, the self-evaluation system for total body movement</div>	<div>WORKSHOP • 14.30-15.30 Session L Room Genevoix 2-3 Are running mechanics limiting the development of the endurance athlete?</div>
<div>Session A • SYMPOSIUM 47 15.30-16.30 Room Salle des Princes Injury prevention apps – clap or scrap? Chair: Tron KROSSHAUG - Norway</div>	<div>Session B • SYMPOSIUM 48 15.30-16.30 Room Prince Pierre Protecting respiratory health in athletes: What can we do better? Chairs: James HULL - United Kingdom, Michael LOOSEMORE - United Kingdom</div>	<div>Session C • SYMPOSIUM 49 15.30-16.30 Room Camille Blanc Preventing primary cam morphology and femoroacetabular impingement syndrome in the young athlete: Is the 'hop' really the hip's demise? Chairs: Paul DIJKSTRA - Qatar, Andrea MOSLER - Australia</div>	<div>Session D • SYMPOSIUM 50 15.30-16.30 Room Auric Health impact of life-long participation in Olympic sport Chair: Yannis PITSILADIS - United Kingdom</div>	<div>Session E FREE COMMUNICATIONS 15.30-16.30 Room Van Dongen Injuries & load monitoring Chair: Lars ENGEBRETSEN - Norway/Switzerland</div>	<div>WORKSHOP • 15.30-16.30 Session F Room Bosio 1 Bridging the gap to keep them in the game: sharing a successful knowledge translation initiative to upscale evidence-informed sport injury prevention programs</div>	<div>WORKSHOP • 15.30-16.30 Session G Room Bosio 2 Gold standard with gold quality – tips on how to perform a randomized controlled trial (RCT) with high quality</div>	<div>WORKSHOPS • 15.30-16.30 Session H Room Lifar Getting hip with injury prevention: how to perform an effective hip screening exam to identify the "hip at risk" Session I Room Scotto Behave yourself, and avoid overuse injuries</div>	<div>WORKSHOP • 15.30-16.30 Session J Room Poulenc 1 Functional performance testing to assess injury risk in elite youth sport: the long and winding road from the lab to the field and back again</div>	<div>WORKSHOPS • 15.30-16.30 Session K Room Genevoix 1 Prevention of concussion in sport: cervical spine and vestibular considerations Session L Room Genevoix 2-3 Sport related head injuries, "from the field-side whirlpool to recognize and remove"</div>
<div>16.30-17.00 Coffee Break</div>									
<div>17.00-17.45 KEYNOTE 5 Room Salle des Princes Understanding the basis of success: How fewer injuries will help you win trophies Speaker: Martin HÄGGLUND - Sweden</div>									
<div>17.45-18.05 HONORARY KEYNOTE LECTURE Room Salle des Princes Publishing in Exercise and Sport Science: 1790-2020 Speaker: Howard G. KNUTTGEN - USA</div>									
<div>18.05-18.15 CLOSING CEREMONY Room Salle des Princes</div>									
<div>20.00 FACULTY DINNER (by invitation)</div>									