



QUÉBEC 2022

A Méli-Mélo of Sport Medicine

27-30 April, 2022

Fairmont Château Frontenac,
Québec City, Québec

www.casem-acmse.org/annual_symposium/2022

#CASEMAQMSE



This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada, and approved by The Canadian Orthopaedic Association, for a maximum of 12 hours.

This one-credit-per-hour group learning program meets the certification criteria of the Quebec College of Family Physicians, a continuing professional development-accrediting organization recognized by the College des médecins du Québec, and has been approved for 12 Mainpro+® credits.

**THURSDAY - 28 APRIL 2022****NOTE ALL TIMES ARE IN EASTERN STANDARD TIME**

| TIME | TITLE | SPEAKER |
|-----------------|--|--|
| 8:20am-8:30am | Welcome Remarks from CASEM and AQMSE Presidents and Scientific Committee Chair | Luc De Garie (AQMSE President), Martin Lamontagne (Conference Chair), Cathy Campbell (CASEM President) |
| 8:30am-9:00am | Keynote | Laurent Duvernay-Tardif, Graduate in Medicine |
| 9:00am-10:15am | Wrist and Hand Pathologies Panel | |
| | 1. Instability and Ligament Problems of the Wrist - TFCC Tears | 1. Dominique Tremblay, MD |
| | 2. Common Carpal Fractures In Athletes | 2. Élie Boghossian, MD |
| | 3. Management of Finger Fractures, Dislocations and Sprains | 3. Émanuelle Villemare-Côté, MD |
| | 4. Panel Discussion and Questions | |
| 10:15am-10:45am | Coffee Break | |
| 10:45am-11:30am | Wrist and Hand Pathologies Panel continued... | |
| | 5. Finger Flexion and Pulley Ruptures | 5. Nina Suh, MD |
| | 6. Tendon Injuries and Nerve Lesions of the Hand | 6. Antoine Lessard, MD |
| | 7. Questions | |
| 11:30am-12:30pm | Sandy Kirkley Research Sessions | Moderator: Kien Trinh, MD, PhD |
| | 1. Can Referees Assess Head Contact Penalties Correctly in Canadian Youth Ice Hockey? A Video Analysis Study. | 1. Rylen Williamson |
| | 2. Beyond the Medals: A cross-sectional study investigating retired high performance female athletes' health | 2. Jane Thornton |
| | 3. Barriers and Facilitators to Implementing a National Injury and Health Surveillance System for Varsity Athletes in Canada | 3. Amanda M. Black |
| | 4. Assessing the Effectiveness of a Cadaveric Workshop in Improving Resident Physicians' Confidence in Performing Ultrasound-guided Joint Injections | 4. Lydia Schultz |
| 12:30pm-2:00pm | Lunch | |
| 2:00pm-2:45pm | Practice Changing Articles in Sport Medicine | Pierre Fremont, MD, Dip. Sport Med. Ian Shrier, MD, Dip. Sport Med. |

**FRIDAY - 29 APRIL 2022****NOTE ALL TIMES ARE IN EASTERN STANDARD TIME**

| TIME | TITLE | SPEAKER |
|-----------------|---|--|
| 7:30am | Conference Registration (Verchères) Coffee available in the Exhibit Hall | |
| 8:30am-9:00am | Conférencier d'honneur (presentation will be given in French) | Pierre Lavoie, endurance athlete |
| 9:00am-10:35am | One Move, One Sport , One Pathology <ol style="list-style-type: none"> 1. Posterior Impingement of the Ankle in Dance 2. Endofibrosis of the External Iliac Artery and Pedaling in Cycling 3. Shoulder Conditions in Wheelchair Athletics Athletes 4. Ischiofemoral Impingement in Soccer 5. Questions | 1. Monika Volesky, MDCM, FRCSC 2. Annie Boisvert, MD & Nathalie Gilbert, MD 3. Jamie Kissick, MD, Dip. Sport Med. 4. Monica Rho, MD AMSSM Exchange Speaker |
| 10:35-11:05am | Coffee Break | |
| 11:05am-12:05pm | Sandy Kirkley Research Session <ol style="list-style-type: none"> 1. Abilities in Focus: How do physicians influence physical activity in people with impaired mobility? 2. Imaging Trends for Low Back Pain: Using linked population data to inform higher value care 3. The Free Achilles Tendon is Longer in those with Midportion Achilles Tendinopathy 4. Body Checking Experience is Not Protective of Injury and Concussion Rates in Youth Ice Hockey Players Playing in Body Checking Leagues | Moderator: Kien Trinh, MD, PhD 1. Ranita Manocha, MD, FRCPC 2. Gwyneth de Vries 3. Joanne Hazel Callow 4. Paul Eliason |
| 12:05-12:15pm | CASEM Presidential Coin Presentation | |
| 12:15-12:45pm | 2 minutes 2 slides moderated by Méli and Mélo | Méli: Rich Trenholm, MD, Dip. Sport Med. Mélo: Pierre Messier, MD, Dip. Sport Med. |
| 12:45-2:00pm | Lunch | |
| 2:00-2:30pm | Transgender Athletes : Inclusivity and Fairness <ol style="list-style-type: none"> 1. The Canadian Perspective 2. Performance 3. Questions | 1. Alan Verneec, MD, Dip. Sport Med. 2. Emma Hilton, PhD |

**SATURDAY - 30 APRIL 2022****NOTE ALL TIMES ARE IN EASTERN STANDARD TIME**

| TIME | TITLE | SPEAKER |
|-----------------|---|--|
| 8:30am-9:45am | Sandy Kirkley Research Session | Moderator: Kien Trinh, MD, PhD |
| | 1. Injuries and Concussions in Canadian youth Volleyball Players | 1. Kenzie Vaandering |
| | 2. Pre- and Mid-Pandemic Trends during COVID in Concussion Injuries seen at a University Sport Medicine Clinic | 2. Annie Boyd |
| | 3. Can Clinical Measures Accurately Identify Sport-Related Concussion Diagnosis in Youth Ice Hockey Players? | 3. Kathryn Schneider, PT, PhD |
| | 4. Epidemiological Description of Illness and COVID-19 Incidence in High School Athletes and the Risk of Subsequent Injury. | 4. Garrett Scott Bullock |
| 9:45am-10:10am | Anterior Shoulder Instability: an International Consensus Update | Bogdan A. Matache, MD CM, FRCSC, Dip Sport Med |
| 10:10am-10:45am | Mental Health Panel | |
| | 1. Violence Against Athletes: A rapid overview of knowledge 2. Mental Health Screening Tools for the Team Physician | 1. Sylvie Parent, PhD 2. Lindsay Bradley, MD, Dip. Sport Med. |
| 10:45-11:15am | Coffee Break | |
| 11:15am-11:45pm | Lance Richard Memorial Lecture Anti-Doping: What's new in '22 | Alan Vernec, MD, Dip. Sport Med. |
| 11:45am-12:15pm | Sports Concussion: The Future | Jon Patricios, MBBCh |
| 12:15pm-12:30pm | Questions | |
| 12:30pm-12:45pm | Closing Remarks | |



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