



QUÉBEC 2022

A Méli-Mélo of Sport Medicine

27-30 April, 2022

Fairmont Château Frontenac
Québec City, Québec

www.casem-acmse.org/annual_symposium/2022

#CASEMAQMSE



This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada, and approved by The Canadian Orthopaedic Association, for a maximum of 14.75 hours.

This one-credit-per-hour group learning program meets the certification criteria of the Quebec College of Family Physicians, a continuing professional development-accrediting organization recognized by the Collège des médecins du Québec, and has been approved for 14.75 Mainpro+® credits.



PRE-CONFERENCE COURSES



CASEM TEAM PHYSICIAN COURSE

MONDAY & TUESDAY - 25-26 APRIL 2022

[REGISTER HERE](#)



CASEM EMERGENCY SIDELINE COURSE

WEDNESDAY - 27 APRIL 2022

SOLD OUT

INJURY PREVENTION IN SPORT SYMPOSIUM

WEDNESDAY - 27 APRIL 2022

[REGISTER HERE](#)



LOCAL ORGANIZING COMMITTEE

SCIENTIFIC PROGRAM COMMITTEE

Dr. Martin Lamontagne (Chair)

Dr. Kien Trinh

Dr. Jean Doré

Dr. Luc De Garie

Dr. Diane Lambert

Dr. Andrew Marshall

Dr. Alan Vernec





CONFERENCE OVERVIEW



In-person attendees are required to verify their vaccination status (3 doses) at the beginning of the conference.

Due to the international nature of the conference we require masks to be worn throughout.

WEDNESDAY - 27 APRIL 2022

- Welcome Reception
 - 5:00pm - 8:00pm in the Exhibit Hall

THURSDAY - 28 APRIL 2022

- Conference: 8:20am - 5:00pm
- *Your chance to discover Quebec*

FRIDAY - 29 APRIL 2022

- Conference: 8:30am - 4:30pm
- CASEM-AQMSE Gala Dinner and Dance

SATURDAY - 30 APRIL 2022

- CASEM-AQMSE Charity Fun Run
- Conference: 8:30am - 12:45pm



ONLINE

Conference platform:

<https://casemaqmse2022.can.chime.live/>

(Please use Chrome internet browser)

Connect on social: #CASEMAQMSE

Hotel Wifi Password: CASEMAQMSE



SOCIAL

WELCOME RECEPTION



Wednesday, April 27



5:00pm - 8:00pm

Help us kick off the conference with a glass of wine or beer in the exhibit hall.

Drink ticket included with registration package!

GALA DINER



Friday, April 29



7:00pm - 1:00am

Come out and celebrate with your colleagues dressed up to the nines. A lovely evening of entertainment with soprano singer Sabrina Ferland, fine food and friends.

DISCOVER QUEBEC CITY



Thursday, April 28



Beginning at 5:00pm

Explore an amazing city at your leisure with colleagues or solo! There's so much to discover.

- Best shopping spots
- Best Places for Happy Hours
- 5 Top Downtown Craft Breweries
- The 10 most instagrammable places in Québec City
- Top 10 Must-See Attractions
- Itinerary, 24 hours in Québec City

CHARITY FUN RUN



Saturday, April 30



7:30am - 8:00am

Experience Quebec City's sights and sounds on foot thanks to the Running Clinic! All the funds collected from this run will be donated to the Pierre Lavoie Foundation - whose goal is to promote the adoption of healthy lifestyle habits among young people.





INDUSTRY LUNCHEONS



THURSDAY, APRIL 28, 2022

Unaccredited Industry Luncheon presented by Pendopharm

*CANADIAN CLINICAL EXPERIENCE OF SPORTVIS, AN
INNOVATIVE TREATMENT FOR TENDON AND LIGAMENT
INJURIES*

[For more information and registration, please click here](#)

When: 12:45-1:45pm

Where: Jacques-Cartier Room – 1st Floor

FRIDAY, APRIL 29, 2022

Unaccredited Industry Luncheon presented by Bioventus

*ARE ORTHOBIOLOGICS JUST HYPE OR HAVE THEY
CHANGED THE LANDSCAPE FOR OA TREATMENT?*

[For more information and registration, please click here](#)

When: 12:45-1:45pm

Where: Jacques-Cartier Room – 1st Floor



THURSDAY - 28 APRIL 2022

MAIN PLENARY - SALLE DE BAL
EXHIBIT HALL - FRONTENAC, PETIT FRONTENAC AND BELLEVUE

TIME	TITLE	SPEAKER
7:30am	Conference Registration (Verchères) Coffee available in the Exhibit Hall	
8:20am-8:30am	Welcome Remarks from CASEM and AQMSE Presidents and Scientific Committee Chair	Luc De Garie (AQMSE President), Martin Lamontagne (Conference Chair), Cathy Campbell (CASEM President)
8:30am-9:00am	Keynote	Laurent Duvernay-Tardif, Graduate in Medicine
9:00am-10:15am	Wrist and Hand Pathologies Panel	
	1. Instability and Ligament Problems of the Wrist - TFCC Tears	1. Dominique Tremblay, MD
	2. Common Carpal Fractures In Athletes	2. Élie Boghossian, MD
	3. Management of Finger Fractures, Dislocations and Sprains	3. Émanuelle Villemare-Côté, MD
	4. Panel Discussion and Questions	
10:15am-10:45am	Coffee Break with Exhibitors and Poster Viewing	
10:45am-11:30am	Wrist and Hand Pathologies Panel continued...	
	5. Finger Flexion and Pulley Ruptures	5. Nina Suh, MD
	6. Tendon Injuries and Nerve Lesions of the Hand	6. Antoine Lessard, MD
	7. Questions	
11:30am-12:30pm	Sandy Kirkley Research Sessions	Moderator: Kien Trinh, MD, PhD
	1. Can Referees Assess Head Contact Penalties Correctly in Canadian Youth Ice Hockey? A Video Analysis Study.	1. Rylen Williamson
	2. Beyond the Medals: A cross-sectional study investigating retired high performance female athletes' health	2. Jane Thornton
	3. Barriers and Facilitators to Implementing a National Injury and Health Surveillance System for Varsity Athletes in Canada	3. Amanda M. Black
	4. Assessing the Effectiveness of a Cadaveric Workshop in Improving Resident Physicians' Confidence in Performing Ultrasound-guided Joint Injections	4. Lydia Schultz



THURSDAY - 28 APRIL 2022

MAIN PLENARY - SALLE DE BAL

TIME (ROOM)	TITLE	SPEAKER
12:30pm-2:00pm	Lunch in Exhibit Hall // Industry Luncheon - 12:45-1:45pm	
2:00pm-2:45pm	Practice Changing Articles in Sport Medicine	Pierre Fremont, MD, Dip. Sport Med. Ian Shrier, MD, Dip. Sport Med.
3:00pm-3:45pm	Workshops (1-5) The following workshops are held concurrently. Delegates should plan to attend TWO sessions which best addresses their needs. No registration required. <i>*Please note that the French sessions are marked in green</i>	
(Salle de Bal)	1. Assessment of the Hand and Wrist	1. Nina Suh, MD
(Jacques Cartier)	*2. Réhabilitation de la main et du poignet	2. Jean-François Ouellet, OT, CHT.
(Place D'armes)	3. Altitude Medicine	3. Michel White, MD
(Montmagny)	*4. Impact du sommeil sur les blessures et les performances sportives	4. Marc Therrien, MD
(Beauharnois)	5. Physical Activity as Treatment and/or Diagnosis	5. Jean Doré, MD, Dip. Sport Med.
3:45pm-4:15pm	Coffee Break with Exhibitors and Poster Viewing	
4:15pm-5:00pm	Workshops (1-5) Opposite Languages	
(Salle de Bal)	1. Assessment of the Hand and Wrist	1. Nina Suh, MD
(Jacques Cartier)	2. Rehabilitation of the Hand and Wrist	2. Jean-François Ouellet, OT, CHT.
(Place D'armes)	*3. Médecine d'altitude	3. Michel White, MD
(Montmagny)	4. Impact of Sleep on Injuries and Sport Performance	4. Marc Therrien, MD
(Beauharnois)	*5. L'activité physique - traitement et/ou diagnostics	5. Jean Doré, MD, Dip. Sport Med.

**FRIDAY - 29 APRIL 2022**

MAIN PLENARY - SALLE DE BAL
EXHIBIT HALL - FRONTENAC, PETIT FRONTENAC AND BELLEVUE

TIME	TITLE	SPEAKER
7:30am	Conference Registration (Verchères) Coffee available in the Exhibit Hall	
8:30am-9:00am	Conférencier d'honneur (presentation will be given in French)	Pierre Lavoie, endurance athlete
9:00am-10:35am	One Move, One Sport , One Pathology	
	1. Posterior Impingement of the Ankle in Dance	1. Monika Volesky, MDCM, FRCSC
	2. Endofibrosis of the External Iliac Artery and Pedaling in Cycling	2. Annie Boisvert, MD & Nathalie Gilbert, MD
	3. Shoulder Conditions in Wheelchair Athletics Athletes	3. Jamie Kissick, MD, Dip. Sport Med.
	4. Ischiofemoral Impingement in Soccer	4. Monica Rho, MD AMSSM Exchange Speaker
	5. Questions	
10:35am-11:05am	Coffee Break with Exhibitors and Poster Viewing	
11:05am-12:05pm	Sandy Kirkley Research Session	Moderator: Kien Trinh, MD, PhD
	1. Abilities in Focus: How do physicians influence physical activity in people with impaired mobility?	1. Ranita Manocha, MD, FRCPC
	2. Imaging Trends for Low Back Pain: Using linked population data to inform higher value care	2. Gwyneth de Vries, MD
	3. The Free Achilles Tendon is Longer in those with Midportion Achilles Tendinopathy	3. Joanne Hazel Callow
	4. Body Checking Experience is Not Protective of Injury and Concussion Rates in Youth Ice Hockey Players Playing in Body Checking Leagues	4. Paul Eliason
12:05pm-12:15pm	CASEM Presidential Coin Presentation	
12:15pm-12:45pm	2 minutes 2 slides moderated by Méli and Mélo	Méli: Rich Trenholm, MD, Dip. Sport Med. Mélo: Pierre Messier, MD, Dip. Sport Med.
12:45pm-2:00pm	Lunch in Exhibit Hall // Industry Luncheon - 12:45-1:45	



FRIDAY - 29 APRIL 2022

TIME (ROOM)	TITLE	SPEAKER
2:00pm-2:30pm	Transgender Athletes : Inclusivity and Fairness	
	1. The Canadian Perspective	1. Alan Vernec, MD, Dip. Sport Med.
	2. Performance	2. Emma Hilton, PhD
	3. Questions	
2:30pm-3:15pm	Workshops (1-5)	
	The following workshops are held concurrently. Delegates should plan to attend TWO sessions which best addresses their needs. No registration required.	
	<i>*Please note that the French sessions are marked in green</i>	
(Salle de Bal)	1. Truncal and Gluteal Neuropathies	1. Hung Dien Luong, MD
(Jacques Cartier)	*2. Cas radiologiques en médecine du sport	2. Mélanie Brisson, MD, FRCPC
(Place D'armes)	3. Cervicodorsal Mobility: assessment and treatment in shoulder and neck pathologies & New Approaches in Rehabilitation Following KneeKG Analysis	3. Yan Pelletier, PT & Maxime Provencher, PT
(Montmagny)	*4. Mise à jour sur l'utilisation du PRP en médecine du sport: Dans les tendinopathies, dans l'arthrose et dans les pathologies spinales	4. Jean-François Kaux, MD, PhD & Martin Lamontagne, MD & André Roy, MD
(Haldimand)	5. Choosing Wisely – Pediatric Sport Medicine Recommendations	5. Laura Purcell, MD, FRCPC, Dip. Sport Med. Erika Persson, MD, FRCPC, Dip. Sport Med. Jérôme Ouellet, MD, FRCPC, Dip. Sport Med.
(Beauharnois)	*6. Évaluation de la commotion : SNA et démystifier le système oculomoteur	6. Vanessa Bachir, M. Sc., FAAO & David Martin, Kin.
3:15pm-3:45pm	Coffee Break with Exhibitors and Poster Viewing	
3:45pm- 4:30pm	Workshops (1-5) Repeated	
(Salle de Bal)	*1. Neuropathies tronculaires et fessières	1. Hung Dien Luong, MD
(Jacques Cartier)	2. Diagnostic Imaging Cases in Sports Medicine	2. Mélanie Brisson, MD, FRCPC
(Place D'armes)	*3. Mobilité cervico-dorsale : évaluation et traitement dans les pathologies de l'épaule et du cou & Nouvelles approches en rééducation suite à l'analyse par la genougraphie	3. Yan Pelletier, PT & Maxime Provencher, PT
(Montmagny)	4. Update on the use of PRP injections in tendinopathies, osteoarthritis and spinal pathologies	4. Jean-François Kaux, MD, PhD & Martin Lamontagne, MD & André Roy, MD
(Haldimand)	*5. Choisir avec soin : recommandations de médecine du sport pédiatrique	5. Laura Purcell, MD, FRCPC, Dip. Sport Med. Erika Persson, MD, FRCPC, Dip. Sport Med. Jérôme Ouellet, MD, FRCPC, Dip. Sport Med.
(Beauharnois)	6. Concussion Evaluation: Autonomic nervous system and demystifying the oculomotor system	6. Vanessa Bachir, M. Sc., FAAO & David Martin, Kin.
7:00pm-1:00am	CASEM-AQMSE Gala Dinner and Dance	
	\$100 per person - Buy tickets here	
		<i>Presenting Sabrina Ferland, soprano and the CASEM and AQMSE awards</i>



SATURDAY - 30 APRIL 2022

TIME (ROOM)	TITLE	SPEAKER
7:30am-8:30am (Hotel Lobby)	CASEM-AQMSE Sightseeing Fun Run	
8:30am-9:45am	Sandy Kirkley Research Session 1. Injuries and Concussions in Canadian youth Volleyball Players 2. Pre- and Mid-Pandemic Trends during COVID in Concussion Injuries seen at a University Sport Medicine Clinic 3. Can Clinical Measures Accurately Identify Sport-Related Concussion Diagnosis in Youth Ice Hockey Players? 4. Epidemiological Description of Illness and COVID-19 Incidence in High School Athletes and the Risk of Subsequent Injury	Moderator: Kien Trinh, MD, PhD 1. Kenzie Vaandering 2. Annie Boyd 3. Kathryn Schneider, PT, PhD 4. Garrett Scott Bullock
9:45am-10:10am	Anterior Shoulder Instability: an International Consensus Update	Bogdan A. Matache, MD CM, FRCSC, Dip Sport Med
10:10am-10:45am	Mental Health Panel 1. Violence Against Athletes: A rapid overview of knowledge 2. Mental Health Screening Tools for the Team Physician	1. Sylvie Parent, PhD 2. Lindsay Bradley, MD, Dip. Sport Med.
10:45am-11:15am	Coffee Break with Poster Viewing	
11:15am-11:45pm	Lance Richard Memorial Lecture Anti-Doping: What's new in '22	Alan Vernec, MD, Dip. Sport Med.
11:45am-12:15pm	Sports Concussion: The Future	Jon Patricios, MBBCh
12:15pm-12:30pm	Questions	
12:30pm-12:45pm	Closing Remarks	



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