

CASEM • OMA

EXPANDING THE SPORT
MEDICINE BANDWIDTH



MAY 13- MAY 15, 2021



Local Organizing Committee

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Accreditation:

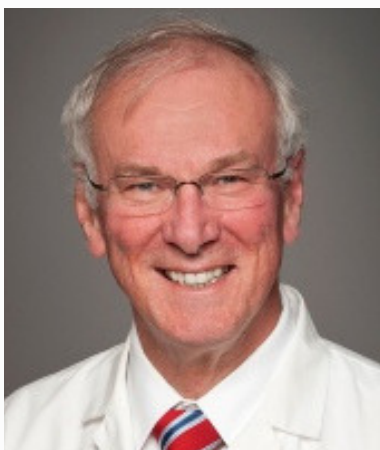
CFPC- This one-credit-per-hour Group Learning program has been certified by the College of Family Physicians of Canada and the Ontario Chapter for up to 14.75 Mainpro+ credits.

We have also applied for MOC
Section 1 credits





KEYNOTE SPEAKERS



ANDREW PIPE

Dr. Pipe has been extensively involved in sports and sport medicine for many years. Dr. Pipe served as a physician at 12 Olympic Games and has been the Team Physician for Canada's National Men's Basketball Team since 1978. A member of the Canadian Olympic Hall of Fame, he served as Chair of the Canadian Centre for Ethics in Sport from its inception until 2003. Dr. Pipe is the recipient of the International Olympic Committee's Award for "Sport, Health and Wellbeing" and honorary degrees from Queen's University (LLD), Brock University (DSc) and University of Guelph (DSc). He was formerly Vice Chairman of the Board of Trustees at Queen's University. In 2002 he was named to the Order of Canada.

Dr. Carolyn Emery is a physiotherapist and epidemiologist. She was recruited to the Faculty of Kinesiology at the University of Calgary in 2004. The focus of Dr. Emery's research program is in injury prevention in youth sport and recreation, concussion, and pediatric rehabilitation; aimed to reduce the public health burden of injury including long-term consequences. She holds a Chair in Pediatric Rehabilitation (Alberta Children's Hospital Research Institute) and is Chair of the Sport Injury Prevention Research Centre at the University of Calgary. She leads "SHRed Injuries: Preventing Injuries and their Consequences in Youth Sport and Recreation" (CIHR) and "SHRed Concussions-Surveillance in High Schools to Reduce the Risk of Concussions and their Consequences.



CAROLYN EMERY



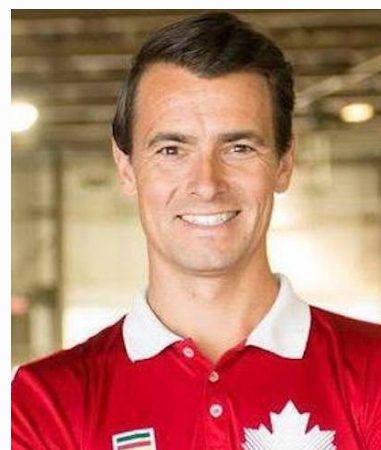
KEYNOTE SPEAKERS



DON MCKENZIE

Dr. Don McKenzie is recently appointed Professor Emeritus in the Division of Sports Medicine at the University of British Columbia (UBC). He has a doctoral degree in exercise physiology from Ohio State University and completed his medical training at UBC. He has been the team physician for the Canadian Canoe Team for over 30 years and has attended nine Olympic Games. Dr. McKenzie is the Chair of the Medical Committee of the International Canoe Federation. He has served as President of the Canadian Society of Exercise Physiology and has an active research program that has graduated more than 80 students. His research is centered on respiratory exercise physiology and exercise and breast cancer. Dr. McKenzie is the founder of Abreast in A Boat, a women's dragon boat team composed of breast cancer survivors. This special blend of paddling as medicine has spread world-wide.

Adam Joseph van Koeverden MP is a Canadian sprint kayaker and politician. He is one of Canada's most celebrated athletes thanks to his four Olympic medals – the most by a Canadian paddler. He is an Olympic gold medallist in the K-1 500m category (2004) and a two-time world champion in K-1 500 (2007) and K-1 1000 (2011), winning four Olympic and eight world championship medals. After carrying the flag in the Closing Ceremony in Athens, he was honoured to be the Opening Ceremony flag bearer at Beijing 2008. In the 2019 Canadian federal election, Van Koeverden was elected to the Canadian House of Commons, representing the electoral district of Milton as a member of the Liberal Party of Canada caucus.



**ADAM JOSEPH VAN
KOEVERDEN**

THURSDAY MAY 13

8:30AM MST / 10:30AM EST



TIME	COURSE	SPEAKER
7:30AM MT - 8:00AM MT	MORNING WORKOUT - BARRE CLASS LED BY DR. ERIKA PERSSON	
7:30AM MT -8:30AM MT	CONFERENCE OPENING - EXHIBITOR AND POSTER VIEWING	
8:20AM MT -8:30AM MT	OPENING REMARKS	LEE SCHOFIELD, CONFERENCE CHAIR. MARGARET BURGHARDT, CASEM PRESIDENT.
8:30AM MT -9:15AM MT	KEYNOTE - CASEM HISTORY The Pipe View	ANDREW PIPE, MD, DIP. SPORT MED.
9:15AM MT -10:15AM MT	JOHN SUTTON MEMORIAL LECTURESHIP 1.What Exercise is Best for Longevity? 2.Fasting Diets in Sport	1. MARK TARNOPOLSKY, MD, PHD, BOE 2. BRAD PILON, MSC
10:25AM MT -10:55AM MT	BREAKOUT SESSION 1.Virtual Assessments 2.Hamstring	1. NEIL DILWORTH, MD, DIP. SPORT MED. 2. SARAH SMITH, PT AND CESAR MEYLAN, PHD.
11:00AM MT - 11:30AM MT	BREAKOUT SESSION #2 1.Virtual Concussion Care 2.Supporting Athletes Through Adversity	1. MIKE ELLIS, MD 2. KYLE PAQUETTE, PHD
11:40AM MT - 12:25PM MT	BREAK - NON ACCREDITED INDUSTRY SYMPOSIUM - EXHIBIT AND POSTER VIEWING	
12:30PM MT 1:15PM MT	KEYNOTE - TRANSFORMING SPORT EXPERIENCE THROUGH PREVENTION Science vs Supposition	CAROLYN EMERY, PT, PHD
1:15PM MT -2:15PM MT	SANDY KIRKLEY RESEARCH SESSION - MODERATOR PIERRE FREMONT, MD 1.Dynamic Neck Strength as a Potential Screening Tool for Future Concussion Risk: A Pilot Study 2.The Association Between the Buffalo Concussion Treadmill Test and Days to Recovery: A Retrospective Cohort Study of 855 Adolescents with Sport-Related Concussion 3.Injury and Concussion in Canadian Female High School Rugby 4.Rates of Injury and Concussion Associated With Body Checking Experience Among 13 to 14-Year-Old Ice Hockey Players	1. THEODORE VERSTEEGH 2. RAHIM LALJI 3. ISLA SHILL 4. PAUL ELIASON
2:30PM MT -3:15PM MT	PLENARY - DIVERSITY IN SPORT MEDICINE 1.MSK Presentations in Diverse Populations 2.Indigenous Perspectives in Sport Medicine 3.Intersectionality in Sport Medicine	1. BIANCA EDISON, MD 2. WANEEK HORN-MILLER & OJISTOH HORN, MD 3. NICOLE KEITH, PH.D., FACSM

FRIDAY
MAY 14

8:30AM MST / 10:30AM EST



TIME	COURSE	SPEAKER
7:30AM MT -8:00AM MT	MORNING WORKOUT - HITT-TASTIC WORKOUT -	STEVE SINANAN
7:30AM MT -8:30AM MT	EXHIBITOR AND POSTER VIEWING	
8:30AM MT - 9:30AM MT	PLENARY - COVID 1. Athlete Perspective 2. Return to Play 3. Nuts and Bolts	1. 2. JIMMY MCKINNEY, MD 3. MIKE WILKINSON, MBBCH, MBA, DIP. SPORTS MED.
9:30AM MT -10:00AM MT	DR. TOM PASHBY SPORT SAFETY LECTURESHIP AMSSM EXCHANGE LECTURE SPEAKER Sexual Violence in Sport	JENNIFER SCOTT KOONTZ, MD
10:10AM MT - 10:40AM MT	BREAKOUT SESSION 1. MSK - Concussion in Wheelchair Athletes 2. Sexual Abuse and Harassment: What's Your Clinical Approach?	1. KARLA FRANCIONI, PHD, LAT, ATC 2. JENNIFER SCOTT KOONTZ, MD MARGO MOUNTJOY, MD, DIP. SPORT MED.
10:45AM MT - 11:15AM	BREAKOUT SESSION #2 1. Safe Sport in Canada 2. Return to Play - Short Snappers & Pearls	1. LORRAINE LAFRENIÈRE, CEO AT CAC 2. BRUCE DAVIDSON, MD, DIP. SPORT MED.
11:15AM MT 12:00PM MT	BREAK - NON ACCREDITED INDUSTRY SYMPOSIUM- EXHIBIT AND POSTER VIEWING	
12:15PM MT 1:15PM MT	WIISM PLENARY 1. Pregnancy and Exercise in Athletes	1. MARGIE DAVENPORT, PHD. 2. PHATHO ZONDI, MD
1:15PM MT -1:45PM MT	BIGGEST BLUNDERS	MODERATOR: BOB BROCK, MD, DIP. SPORT MED.
2:00PM MT 3:00PM MT	SANDY KIRKLEY RESEARCH SESSION - MODERATOR KIEN TRINH, MD, PHD 1. Bone Grafting the Patellar Defect following BPTB ACL Reconstruction Decreases Anterior Knee Morbidity: A Systematic Review 2. The Case for Early, Conservative Management for Patients Presenting With Chronic Rotator Cuff Tears 3. Neuromuscular Training Warm-Up Has No Effect On The Prevalence of Overuse Lower Extremity Injuries in Children's Soccer. A Cluster Randomized Controlled Trial 4. The Presence of Additional Pathology in Grade I and II Acromioclavicular Joint Injuries	1. DARIUS LUKE LAMEIRE 2. BRED A HF EUBANK 3. MATIAS HILSKA 4. DREW MULHALL
3:00PM MT -3:45PM MT	LANCE RICHARD MEMORIAL LECTURE	DON MCKENZIE, MD

SATURDAY MAY 15



8:30AM MST / 10:30AM EST

TIME	COURSE	SPEAKER
7:30AM MT -8:00AM MT	MORNING WORKOUT - YOGA CLASS - DR. DANIELLE BRAIDWOOD	
7:30AM MT -8:30AM MT	EXHIBITOR AND POSTER VIEWING	
8:30AM MT -9:15AM MT	KEYNOTE - ATHLETE EXPERIENCE	ADAM VAN KOEVERDEN, MP, OLYMPIC GOLD MEDALIST
9:30AM MT -10:00AM MT	2MINS 2SLIDES	
10:00AM MT - 10:30AM MT	BREAK - EXHIBIT AND POSTER VIEWING	
10:30AM MT -11:30AM MT	SANDY KIRKLEY RESEARCH SESSION - MODERATOR KIEN TRINH, MD, PHD 1.Incidence of Head Contacts, Penalties, and Player Contact Behaviours in Youth Ice Hockey Players: Evaluating the “Zero Tolerance for Head Contact” Policy Change 2.The Association Between Sedentary Time and Metabolic Risk in Highly Active Older Adults 3.Low and High Knee Flexion Angles During Tibial Graft Fixation Yield Comparable Outcomes following ACL Reconstruction with Quadriceps Tendon Autograft: A Systematic Review 4.The acute effects of short-term air pollution exposure during moderate-to-vigorous physical activity: a systematic review and assessment of the quality of evidence	1. RYLEN WILLIAMSON 2. KENNETH MICHEAL MADDEN 3. ABDEL KHALIK 4. ANDY HUNG
11:30AM MT -12:30PM MT	PLENARY - THE DEBATERS PATELLOFEMORAL INSTABILITY 1.Exercise 2.Injections 3.Bracing 4.Surgical	1. DINAH HAMPSON, PT, FCAMPT, RISPT 2. RICH TRENHOLM, MD, DIP. SPORT MED. 3. SURINDER BUDWAL, AT, BRACING SPECIALIST 4.LAURIE HIEMSTRA, MD
12:30PM MT	CLOSING REMARKS	

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