Hip Conditions in the Young Adult: A Practical Course

May 23, 2020

Keynote Speaker
Mr. AJ Andrade
MSc, FRCS (Tr&Orth)
Circle Reading Hospital, UK

Location
White Oaks Conference Centre
Niagara on the Lake
Ontario, Canada

Course Chair
Dr. Olufemi Ayeni
MD, PhD, FRCSC
Associate Professor
McMaster University

Course Fees
Physician - $250
(Incl. chiropractors, naturopaths, etc.)

Allied Health Professional – $150
(Incl. physiotherapists, occupational therapists, etc.)

Trainee - $125
(Incl. fellows, residents, medical students, etc.)

Learning Objectives
- Gain a comprehensive understanding of hip imaging and diagnostic techniques
- Familiarization with strategies that enable the development of clinical practice that involves the management of hip conditions
- Develop an understanding of appropriate use of non-operative interventions and strategies from allied health professionals
- Acquire an understanding of how to formulate a management plan for hip disorders and further knowledge in hip arthroscopy and other surgical procedures
- Hone surgical skills through virtual reality educational tools

Please request a registration form from Nicole Simunovic at simunon@mcmaster.ca.
# AGENDA

**Course Name:** Hip Conditions in the Young Adult: A Practical Course  
**Course Dates:** May 23, 2020  
**Course Location:** White Oaks Conference Centre, Niagara on the Lake  
**Course Chair:** Dr. Olufemi Ayeni MD, PhD, FRCSC

<table>
<thead>
<tr>
<th>Time</th>
<th>Presentation Title</th>
<th>Speaker</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00-8:00AM</td>
<td>Registration &amp; Continental Breakfast</td>
<td></td>
</tr>
<tr>
<td>8:00-8:12</td>
<td>Welcome, Introductions, and Review of Course Objectives</td>
<td>F. Ayeni</td>
</tr>
<tr>
<td>8:12-8:24</td>
<td>Common Pediatric Hip Disorders and Surgical Treatment</td>
<td>ML. Nault</td>
</tr>
<tr>
<td>8:24-8:36</td>
<td>Complex Deformities in the Young Adult Hip and Management</td>
<td>E. Belzile</td>
</tr>
<tr>
<td>8:36-8:48</td>
<td>Pre-Operative Findings for FAI and Labrum: My Approach</td>
<td>N. Parasu</td>
</tr>
<tr>
<td>8:48-9:00</td>
<td>Hip Arthroscopy Indications and Limitations</td>
<td>D. Whelan</td>
</tr>
<tr>
<td>9:00-9:10</td>
<td>Panel Discussion</td>
<td></td>
</tr>
<tr>
<td>9:10-9:25</td>
<td>Break</td>
<td></td>
</tr>
<tr>
<td>9:25-9:37</td>
<td>Classic FAI: Cam, Pincer, and Labrum</td>
<td>F. Ayeni</td>
</tr>
<tr>
<td>9:49-10:01</td>
<td>What is Possible with the Arthroscope: Hamstring Tear Management</td>
<td>J. Laskovski</td>
</tr>
<tr>
<td>10:01-10:13</td>
<td>Hip Replacement your 40's: Dos and Don'ts</td>
<td>D. Williams</td>
</tr>
<tr>
<td>10:13-10:25</td>
<td>What is Possible with the Arthroscope: Abductor Tear Management</td>
<td>J. Laskovski</td>
</tr>
<tr>
<td>10:25-10:35</td>
<td>Panel Discussion</td>
<td></td>
</tr>
<tr>
<td>10:35-10:50</td>
<td>Break</td>
<td></td>
</tr>
<tr>
<td>10:50-11:02</td>
<td>Non-Operative Management of FAI and the Labrum</td>
<td>D. Yardley</td>
</tr>
<tr>
<td>11:02-11:14</td>
<td>Pelvic Rehabilitation, Indications and Outcomes in the Young Adult with Hip Pain</td>
<td>C. Vandyken</td>
</tr>
<tr>
<td>11:14-11:26</td>
<td>Getting Back in the Game: Psychological Factors Impacting Return to Sport</td>
<td>C. Edwards</td>
</tr>
<tr>
<td>11:26-11:38</td>
<td>Return to Sport After Hip Injury: Dos and Don'ts</td>
<td>M. Nichol</td>
</tr>
<tr>
<td>11:38-11:50</td>
<td>Panel Discussion</td>
<td></td>
</tr>
<tr>
<td>11:50-12:20PM</td>
<td><strong>Keynote:</strong> Lessons Learned in Hip Preservation Surgery</td>
<td>T. Andrade</td>
</tr>
<tr>
<td>12:20-1:20</td>
<td>Networking Lunch</td>
<td></td>
</tr>
<tr>
<td>1:20-1:50</td>
<td>Ultrasound of the Hip: Can it Help your Practice? (with Live Demo)</td>
<td>A. Rabinovich</td>
</tr>
<tr>
<td>1:50-2:02</td>
<td>Injectables in the Hip: What Works and What is the Evidence?</td>
<td>R. Williams</td>
</tr>
<tr>
<td>2:02-2:14</td>
<td>How to Develop a Young Adult Hip Practice in the Community</td>
<td>C. Raynor</td>
</tr>
<tr>
<td>2:14-2:25</td>
<td>Panel Discussion</td>
<td></td>
</tr>
<tr>
<td>2:25-2:40</td>
<td>Break</td>
<td></td>
</tr>
<tr>
<td>2:40-3:25</td>
<td>Virtual Reality Surgical Demo</td>
<td>D. Goel, PrecisionOS™</td>
</tr>
<tr>
<td>3:25-3:40</td>
<td>Surgical Hip Dislocation: A Difficult Case</td>
<td>K. Johnston</td>
</tr>
<tr>
<td>3:40-3:55</td>
<td>Paediatric Hip Dysplasia: A Difficult Case</td>
<td>T. Pauyo</td>
</tr>
<tr>
<td>3:55-4:05</td>
<td>Break</td>
<td></td>
</tr>
<tr>
<td>4:05-4:20</td>
<td>Results of the FIRST Trial: The Future of Surgical Treatment for FAI</td>
<td>F. Ayeni</td>
</tr>
<tr>
<td>4:20-4:30</td>
<td>Closing Remarks</td>
<td>F. Ayeni</td>
</tr>
</tbody>
</table>