

McMaster  
University



# Hip Conditions in the Young Adult: A Practical Course

August 29, 2020

## Location

White Oaks Conference Centre  
Niagara on the Lake  
Ontario, Canada



## Keynote Speaker

Mr. AJ Andrade  
MSc, FRCS (Tr&Orth)  
Circle Reading Hospital, UK

## Course Chair

Dr. Olufemi Ayeni  
MD, PhD, FRCSC  
Associate Professor  
McMaster University



## Course Fees

Physician - \$250  
(Incl. chiropractors, naturopaths, etc.)

Allied Health Professional – \$150  
(Incl. physiotherapists, occupational therapists, etc.)

Trainee - \$125  
(Incl. fellows, residents, medical students, etc.)

## Learning Objectives

- Gain a comprehensive understanding of hip imaging and diagnostic techniques
- Familiarization with strategies that enable the development of clinical practice that involves the management of hip conditions
- Develop an understanding of appropriate use of non-operative interventions and strategies from allied health professionals
- Acquire an understanding of how to formulate a management plan for hip disorders and further knowledge in hip arthroscopy and other surgical procedures
- Hone surgical skills through virtual reality educational tools
- CME credits available

Please request a registration form from Nicole Simunovic at  
[simunon@mcmaster.ca](mailto:simunon@mcmaster.ca).

# Course Faculty



A.J. Andrade MBBS, MSc,  
FRCS (Tr&Orth)



Olufemi Ayeni MD, PhD,  
FRCS



Etienne Belzile MD, FRCSC



Hema Choudur MBBS,  
FRCPC



Carla Edwards MD



Danny Goel MD, MSc,  
FRCSC



Kelly Johnston MD, FRCSC



Jovan R. Laskovski MD



Marie-Lyne Nault MD, PhD



Matt Nichol MSc



Naveen Parasu MD



Thierry Pauyo MD, FRCSC



Alexander Rabinovich MD,  
FRCSC



Chris Raynor MD, FRCSC



Carolyn Vandyken PT



Daniel Whelan MD, MSc,  
FRCSC



Dale Williams MD, FRCSC



Ryan Williams MD, FRCPC



Gavin Wood MD, FRCSC



Darryl Yardley PT

# AGENDA

Course Name: **Hip Conditions in the Young Adult: A Practical Course**  
 Course Dates: **August 29, 2020**  
 Course Location: **White Oaks Conference Centre, Niagara on the Lake**  
 Course Chair: **Dr. Olufemi Ayeni MD, PhD, FRCSC**

Time	Location	Presentation Title	Speaker
7:00-8:00AM	Studio Room 12/13 (2 <sup>nd</sup> floor)	Registration & Continental Breakfast	
8:00-8:12		Welcome, Introductions, and Review of Course Objectives	F. Ayeni
8:12-8:24		Common Pediatric Hip Disorders and Surgical Treatment	ML. Nault
8:24-8:36		Complex Deformities in the Young Adult Hip and Management	E. Belzile
8:36-8:48		Pre-Operative Findings for FAI and Labrum: My Approach	N. Parasu
8:48-9:00		Hip Arthroscopy Indications and Limitations	D. Whelan
9:00-9:10		Panel Discussion	
9:10-9:25	Foyer	Break	
9:25-9:37	Studio Room 12/13	Classic FAI: Cam, Pincer, and Labrum	F. Ayeni
9:37-9:49		Post-Operative Findings for FAI, Capsule, Labrum: My Approach	H. Choudur
9:49-10:01		What is Possible with the Arthroscope: Hamstring Tear Management	J. Laskovski
10:01-10:13		Hip Replacement your 40's: Dos and Don'ts	D. Williams
10:13-10:25		What is Possible with the Arthroscope: Abductor Tear Management	J. Laskovski
10:25-10:35		Panel Discussion	
10:35-10:50	Foyer	Break	
10:50-11:02	Studio Room 12/13	Non-Operative Management of FAI and the Labrum	D. Yardley
11:02-11:14		Pelvic Rehabilitation, Indications and Outcomes in the Young Adult with Hip Pain	C. Vandyken
11:14-11:26		Getting Back in the Game: Psychological Factors Impacting Return to Sport	C. Edwards
11:26-11:38		Return to Sport After Hip Injury: Dos and Don'ts	M. Nichol
11:38-11:50		Panel Discussion	
11:50-12:20PM		<b>Keynote: Lessons Learned in Hip Preservation Surgery</b>	T. Andrade
12:20-1:20	Sunhill Room	Networking Lunch	
1:20-1:50	Studio Room 12/13	Ultrasound of the Hip: Can it Help your Practice? (with Live Demo)	A. Rabinovich
1:50-2:02		Injectables in the Hip: What Works and What is the Evidence?	R. Williams
2:02-2:14		How to Develop a Young Adult Hip Practice in the Community	C. Raynor
2:14-2:25		Panel Discussion	
2:25-2:40	Foyer	Break	
2:40-3:25	Studio Room 12/13	Virtual Reality Surgical Demo	D. Goel, PrecisionOS™
3:25-3:40		Surgical Hip Dislocation: A Difficult Case	K. Johnston
3:40-3:55		Paediatric Hip Dysplasia: A Difficult Case	T. Pauyo
3:55-4:05	Foyer	Break	
4:05-4:20	Studio Room 12/13	Results of the FIRST Trial: The Future of Surgical Treatment for FAI	F. Ayeni
4:20-4:30		Closing Remarks	F. Ayeni