



CASEM CME 2019

CASEM Football Sport Medicine Course

as part of the

107th Grey Cup Festival

Saturday, 23 November 2019
Calgary, AB

Preliminary Program

Register online here!



DEVELOPMENT FACULTY

Ryan Shields, MD, CCFP (SEM),
Dip. Sport Med.

Trevor Trinh, MD, CCFP (SEM),
Dip. Sport Med.



COURSE OBJECTIVE

Targeted at the physician or sport medicine health care professional, this one day clinical workshop will cover all aspects of football injuries. At the end of the workshop, the learner will be able to:

- To be educated as to the complexities of return to play decisions in contact sports and unique plans for injuries/player position and level of play.
- To create a plan of care from prevention, diagnosis, care and recovery after common injuries of the tendons and ligaments in both the lower extremity and upper extremity.
- To provide an update on concussions in football and the latest treatment options.

DECLARATION OF POTENTIAL CONFLICTS OF INTEREST

All speakers will be requested to disclose to the audience any real or apparent conflict (s) of interest that may have a direct bearing on the subject matter of this program.

ACCREDITATION

This Group Learning program has been certified by the College of Family Physicians of Canada and the Alberta Chapter for up to 6 Mainpro+ credits.

COURSE LOCATION

**University of Calgary
Kinesiology building**

KNB 133 (1st Floor)
376 Collegiate Blvd NW,
Calgary, AB T2N 4V8



CASEM Football Injuries Sport Medicine Course

SATURDAY NOVEMBER 23rd, 2019

University of Calgary—Calgary, AB

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KEYNOTE		James Thorne, MD
8:00	Life As a Sports Medicine Doctor, Being Part of the Family that Is Team Sports	Sports Medicine Doctor for Calgary Stampeters
8:30	Meniscal Injuries in Football Surgical vs Nonsurgical Treatment	Ryan Martin, MD Ortho for Calgary Stampeters
9:00	Multi-Ligament Knee Injuries	Ryan Martin, MD Ortho for Calgary Stampeters
9:30	Strategic Rehabilitation- Neuromuscular Considerations for Progression to Return to Sport	Lisa Hoffart, PT PT at Group 23 Sports Medicine & Cdn Sport Institute Calgary
10:00 BREAK		
10:15	Concussion/ Post Traumatic Headaches	Chantel Debert, MD PM&R at Calgary TBI Clinic
10:45	Life Choice Dynamics	Jack Fulton, President of the LCD
<i>First player support program in the CFL to offer support to their players for "life after the game" in the areas of career planning, relationships, finances, mental and physical health. lifechoicedynamics.com/our-mission/</i>		
11:15 LUNCH		
12:15	Football Foot / Ankle Injuries	Iain Russell , MD Foot/Ankle Orthopedic Surgeon
12:45	Ankle Injuries: An Evidenced Based Approach to Rehabilitation and Treatment.	Tristan Sandhu , MSc CAT(C) Head Athletic Therapist for BC Lions
13:15	Just a Stinger or Something More? Injuries to the Brachial Plexus and C-spine in Football Players	Jordan Raugust, MD PM&R at Kinesis Medical Centre
13:45 BREAK		
14:00	Surgical management of Sport Hernia / Athletic Pubalgia	Phil Mitchell, MD General Surgeon
14:30	Interesting Case Discussions	
15:00	Q&A and Closing Remarks	





REGISTRATION FORM

Football Sports Medicine Conference

Saturday November 23rd 2019– Calgary, AB

COURSE REGISTRATION FEE

Please fax this completed form to 613-912-0128 or email it to cpd@casem-acmse.org

CASEM Member	\$ 225.00 CDN
Allied Health	\$ 250.00 CDN
Non Member	\$ 275.00 CDN
UofC Athletic Therapist or Trainer	\$ 150.00 CDN
CASEM Resident/Fellow	\$ 150.00 CDN
Non Member Resident/Fellow	\$ 175.00 CDN
CASEM Student	\$ 50.00 CDN
Non Member Student	\$ 75.00 CDN

(Please circle an option)

First & Last Name _____

Address _____

Postal Code _____

E-mail Address _____

Tel. _____

Method of payment

Credit Card VISA _____ M/C _____ Cheque # _____

Credit Card Number _____

Expiry Date m/y _____

CVC number _____

CANCELLATION POLICY

Cancellations fees will apply to all reimbursements issued prior to **November 1st 2019**.
After this date no refunds will be issued.

CANADIAN ACADEMY OF SPORT AND EXERCISE MEDICINE

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www.casem-acmse.org

**** Please note that CASEM/ ACMSE reserves the right to cancel the course due to low enrolment. ****