## CASEM CME 2019

# CASEM Football Sport Medicine Course as part of the

107<sup>th</sup> Grey Cup Festival

Saturday, 23 November 2019 Calgary, AB

Preliminary Program

Register online here!



### DEVELOPMENT FACULTY



Ryan Shields, MD, CCFP (SEM), Dip. Sport Med.

*Trevor Trinh,* MD, CCFP (SEM), Dip. Sport Med.



#### **COURSE OBJECTIVE**

Targeted at the physician or sport medicine health care professional, this one day clinical workshop will cover all aspects of football injuries. At the end of the workshop, the learner will be able to:

- To be educated as to the complexities of return to play decisions in contact sports and unique plans for injuries/player position and level of play.
- To create a plan of care from prevention, diagnosis, care and recovery after common injuries of the tendons and ligaments in both he lower extremity and upper extremity.
- To provide an update on concussions in football and the latest treatment options.

#### DECLARATION OF POTENTIAL CONFLICTS OF INTEREST

All speakers will be requested to disclose to the audience any real or apparent conflict (s) of interest that may have a direct bearing on the subject matter of this program.

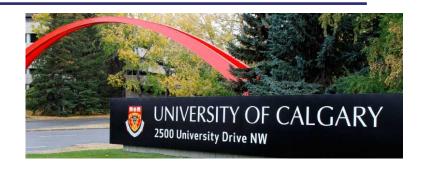
#### ACCREDITATION

This Group Learning program has been certified by the College of Family Physicians of Canada and the Alberta Chapter for up to 6 Mainpro+ credits.

#### COURSE LOCATION

University of Calgary Kinesiology building

KNB 133 (1st Floor) 376 Collegiate Blvd NW, Calgary, AB T2N 4V8





15:00

Q&A and Closing Remarks

#### CASEM Football Injuries Sport Medicine Course SATURDAY NOVEMBER 23<sup>rd</sup>, 2019 University of Calgary—Calgary, AB

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8:00	<b>KEYNOTE</b> Life As a Sports Medicine Doctor, Being Part of the Family that Is Team Sports	James Thorne, MD Sports Medicine Doctor for Calgary Stampeders	
8:30	Meniscal Injuries in Football Surgical vs Nonsurgical Treatment	Ryan Martin, MD Ortho for Calgary Stampeders	
9:00	Multi-Ligament Knee Injuries	Ryan Martin. MD Ortho for Calgary Stampeders	
9:30	Strategic Rehabilitation- Neuromuscular Considerations for Progression to Return to Sport	Lisa Hoffart, PT PT at Group 23 Sports Medicine & Cdn Sport Institute Calgary	
10:00	BREAK		
10:15	Concussion/ Post Traumatic Headaches	Chantel Debert, MD PM&R at Calgary TBI Clinic	
10:45	Life Choice Dynamics	Jack Fulton, President of the LCD	
		Fresident of the LCD	
First	player support program in the CFL to offer support to their players for "life after the g relationships, finances, mental and physical health. <u>lifechoicedynamic</u>	game" in the areas of career planning,	
First 11:15		game" in the areas of career planning,	
	relationships, finances, mental and physical health. <u>lifechoicedynamic</u>	game" in the areas of career planning,	
11:15	relationships, finances, mental and physical health. <u>lifechoicedynamics</u> <b>LUNCH</b>	game" in the areas of career planning, s.com/our-mission/  Iain Russell , MD	
11:15 12:15	LUNCH  Football Foot / Ankle Injuries  Ankle Injuries:	game" in the areas of career planning, s.com/our-mission/  Iain Russell , MD Foot/Ankle Orthopedic Surgeon  Tristan Sandhu , MSc CAT(C)	
11:15 12:15 12:45	LUNCH  Football Foot / Ankle Injuries  Ankle Injuries: An Evidenced Based Approach to Rehabilitation and Treatment.  Just a Stinger or Something More?	Jordan Raugust, MD  Jame" in the areas of career planning, s.com/our-mission/  Iain Russell , MD Foot/Ankle Orthopedic Surgeon Tristan Sandhu , MSc CAT(C) Head Athletic Therapist for BC Lions Jordan Raugust, MD	
11:15 12:15 12:45 13:15	Football Foot / Ankle Injuries  Ankle Injuries: An Evidenced Based Approach to Rehabilitation and Treatment.  Just a Stinger or Something More? Injuries to the Brachial Plexus and C-spine in Football Players	Jordan Raugust, MD  Jame" in the areas of career planning, s.com/our-mission/  Iain Russell , MD Foot/Ankle Orthopedic Surgeon Tristan Sandhu , MSc CAT(C) Head Athletic Therapist for BC Lions Jordan Raugust, MD	





# REGISTRATION FORM Football Sports Medicine Conference Saturday November 23<sup>rd</sup> 2019– Calgary, AB

#### **COURSE REGISTRATION FEE**

Please fax this completed form to 613-912-0128 or email it to cpd@casem-acmse.org

CASEM Member	\$ 225.00 CDN
Allied Health	\$ 250.00 CDN
Non Member	\$ 275.00 CDN
UofC Athletic Therapist or Trainer	\$ 150.00 CDN
CASEM Resident/Fellow	\$ 150.00 CDN
Non Member Resident/Fellow	\$ 175.00 CDN
CASEM Student	\$ 50.00 CDN
Non Member Student	\$ 75.00 CDN

(Please circle an option)

First & Last Name	
Address	
Postal Code	
E-mail Address	
Геl	
Method of payment	
Credit Card VISA M/C Cheque #	
Credit Card Number	
Expiry Date m/y	
EVC number	

#### **CANCELLATION POLICY**

Cancellations fees will apply to all reimbursements issued prior to **November 1<sup>st</sup> 2019.**After this date no refunds will be issued.

#### **CANADIAN ACADEMY OF SPORT AND EXERCISE MEDICINE**

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