



Innovative approaches to treating chronic pain

Regenerative Orthopaedic Medicine
34th Annual Conference

Oct 25 - 27, 2019

Inn at Laurel Point, Victoria BC

Friday Oct 25th

07:00 Registration and breakfast

07:50 Welcome and announcements

08:00 Tribute to Dr. Robert Kidd (by Dr. Cass)

08:10 **Dr. Marty Gallagher:** optimum health -
guide to nutrition, supplements and hormones

09:25 Q & A

09:40 **Drs. Fehlau and Hooper:** introduction to concussion

09:55 **Dr. McCrodon:** neuro-optometry after concussion

10:25 Nutrition break and visit exhibitors

10:55 **Dr. Gretton:** neuroplasticity

11:25 **Dr. Squire:** post-whiplash headache management

11:55 **Dr. MacNicol:** RFN, cryolysis and facet blocks

12:25 Lunch

1:30 **Dr. Pagdin:** Bone marrow aspirate stem cells

2:00 **Dr. Mohammed:** functional genomics - continuing the
pursuit of optimum health: a) the brain b) hormones

3:15 Q & A

3:30 Nutrition break

3:55 **Dr. Chamberland:** herbal remedies for the treatment
of pain including cannabis

4:35 **TBA:** common sports medicine problems

5:05 **Dr. Graboski:** update treating migraine: an update
including CGRP receptor antagonist medications and
botulinum A

5:45 - 6:45 CAOM AGM (anyone welcome)

6.45 pm Welcome reception/light supper

Saturday Oct 26th

07:00 Breakfast

08:00 **Dr. Gallagher:** ozone in chronic pain

08:30 Dr. J. Bowler: workshop announcement

08:35 **Dr. Stoddard:** PRP and adipose stem cells

09:15 **Drs. D and J Bowler:** perineural injections with and
without ultrasound guidance

10:00 Nutrition break

10:25 **Dr. Louw:** Hyaluronic acid supplementation including
use with platelet-rich plasma

10:50 **Dr. Creswell:** ultrasound-guided injections

11:30 **Dr. Dhawan:** botulinum toxin update: dystonia

12:00 Lunch

Saturday Oct 26th AFTERNOON WORKSHOPS

Choose 2 out of 3 workshops, which will run as follows:

1 - 2:45 First workshop

2:45 - 3:15 Nutrition break

3:15 -5 Second workshop

WORKSHOP A: Manual Medicine

Drs. Gallagher and Johnson

**Introductory workshop will be offered twice during
the afternoon.**

**Advanced workshop will be offered once, and
continued after the break.**

WORKSHOP B: Ultrasound-guided procedures - botox
for dystonia and useful **neuraxial and peripheral nerve**
injections, and "ask the expert"

Drs. Dhawan and MacNicol

**You may attend either during the first or second
workshop but topics covered during the workshops
will vary: if you wish, you may attend both.**

WORKSHOP C: Prolotherapy

Drs. Gretton, Ouellette and Louw

**The first workshop will cover an introduction to the
upper limb and the second workshop will cover an
introduction to the lower limb, so you may attend the
first or second workshop or attend both.**

Sunday Oct 27th

07:30 Breakfast

08:00 Announcements

08:05 **Dr. Ouellette:** evidence for prolotherapy

08:35 **Island Pharmacy:** topical medication for pain

09:00 **Dr. Louw:** safety standards for office procedures,
and use of inhaled analgesics

09:30 Nutrition break

10:00 **Dr. Harrison:** evidence for platelet-rich plasma

10:30 **Dr. Helene Bertrand:** treating sacroiliac pain

10:55 **Dr. Basson:** this changed my practice

11:15 **Dr. Louw:** RCT on TMJ

11:35 Panel: treating orthopaedic pain successfully

12:00 Closing remarks and forms