



CANADIAN ACADEMY
OF SPORT AND EXERCISE MEDICINE
ACADÉMIE CANADIENNE DE
MÉDECINE DU SPORT ET DE L'EXERCICE

CASEM Course in Advanced Sport Medicine

PRELIMINARY PROGRAM

9-10 November 2019

**University of Ottawa Skills
and Simulation Centre
Ottawa, Ontario**

CASEM ADVANCED SPORT MEDICINE COURSE



COURSE GOAL:

To provide experienced Sport Medicine Professionals with an intense and realistic learning course to sharpen the skills required in preparation for major Games with Elite Athletes.

COURSE OBJECTIVES:

- To acquire the ability to develop and implement an integrated plan to effectively deal with potential emergencies occurring at a busy competition venue.
- To deliver the course content in an interactive learning format that integrates the principles of adult education with updated teaching technology in practical sessions where skills and theory are challenged and refined.
- To ensure that excellent quality faculty are selected which offer leadership, mentoring and gold standard principles of care.

CME CREDITS

Please contact the National Head Office (Dawn Haworth E.D.) for CME credit status

DECLARATION OF POTENTIAL CONFLICTS OF INTEREST

Speakers will be requested to disclose to the audience any real or apparent conflict(s) of interest that may have a direct bearing of the subject matter of this program.

COURSE FACULTY

Dr. Bruce Davidson, MD, CCFP (EM), (SEM), Dip. Sport Med. (Course Chair)

Sylvie Bigras, Masters Degree in Sport Management

Dr. Robert Brock, MD, FFRCS, Dip. Sport Med.

Dr. Jessica Curran, MD, CCFP (SEM), Dip. Sport Med.

Dr. Carla Edwards, MD, Sport Psychiatrist

Dr. Richard Goudie, MD, CCFP (SEM), Dip. Sport Med.

Dr. Tom Green, MD, FRCPC, Dip. Sport Med

Dr. Janice Harvey, MD CCFP (SEM), FCFP, Dip. Sport Med.

Dr. Tatiana Jevremovic, MD, CCFP (EM), Dip. Sport Med.

Dr. Andrew Marshall, MD, FRCSC, Dip. Sport Med.

Dr. Ross Outerbridge, MD, FRCSC, Dip. Sport Med.

Scott Ruddle, Paramedic, Lifesaving Society Advanced Instructor

Dr. Warren Thirsk, MD, FRCPC, Dip. Sport Med.

Educational Partner: University of Ottawa Skills and Simulation Centre

COURSE LOCATION AND ACCOMMODATION



COURSE LOCATION:

University of Ottawa Skills and Simulation Centre
The Ottawa Hospital, Civic Campus
Loeb Research Building – 1st floor
725 Parkdale Ave
Ottawa ON
K1Y 4E9



ACCOMMODATION:

Delta Ottawa City Centre
(101 Lyon St North, Ottawa, ON K1R 5T9)

Group rate of **\$129.00** for single/double rooms



Reservations can be online [HERE](#) by calling Marriot Reservations at 1-888-236-2427.

Please identify yourselves as being part of the Canadian Academy of Sport & Exercise Medicine group staying at the Delta Ottawa City Centre.

The group rate will be offered to Canadian Academy of Sport & Exercise Medicine guests until [Thursday, October 10, 2019](#)



CASEM Advanced Sport Medicine Course



Saturday November 9, 2019

8.00am	Welcome and Course Introduction	Dr. Bruce Davidson
8.30-9.15am	Triaging Primer	Scott Ruddle, Paramedic
9.15am- 11.45am	EMERGENCY MODULE WITH WORKSHOPS (45mins each)	

(MORNING BREAK 10.00-10.15 am)

Rotation I - 9.15-10.00am	Rotation II - 10.15-11.00am	Rotation III - 11.00am-11.45am
<p><u>Workshop 1</u></p> <p>Emergency Cricothyrotomy</p> <p>Dr. Tom Green Dr. Bob Brock</p>	<p><u>Workshop 2</u></p> <p>Challenging Situations in Spinal Immobilizations</p> <p>Scott Ruddle, Paramedic Dr. Janice Harvey Dr. Tatiana Jevremovic</p>	<p><u>Workshop 3</u></p> <p>The Unconscious Patient</p> <p>Dr. Warren Thirsk Dr. Richard Goudie</p>

11.45am-12.30pm LUNCH BREAK

12.30-3.00pm ORTHOPEDICS MODULE WITH WORKSHOPS (30 mins each)

(AFTERNOON BREAK 2.00-2:15 pm)

Rot I - 12.30-1.15pm	Rot II- 1.15-2.00pm	Rot III - 2.15pm-3.00pm
<p><u>Workshop 1</u></p> <p>The Master's Class Knee</p> <p>Dr. Bob Brock Dr. Ross Outerbridge</p>	<p><u>Workshop 2</u></p> <p>The Master's Class X-Ray</p> <p>Dr. Andrew Marshall</p>	<p><u>Workshop 3</u></p> <p>The Master's Class Acute Trauma</p> <p>Dr. Bruce Davidson Dr. Richard Goudie Dr. Tom Green Dr. Warren Thirsk</p>

3.00pm-4.00pm Return to Play Decision Workshop

4.00pm Close of Day



CASEM Advanced Sport Medicine Course



Sunday November 10, 2019

7.30-8.00am Putting a Mental Health Perspective into Sport Dr. Janice Harvey

8.00-10.45am MENTAL HEALTH MODULE WITH WORKSHOPS

(MORNING BREAK 9:30-10:00am)

Rotation I - 8.00-8.45am

Rotation II - 8.45-9.30am

Rotation III - 10.00-10.45am

Workshop 1

Interview Skills

Dr. Janice Harvey
Dr. Jessica Curran

Workshop 2

Conflict Resolution SIm

Dr. Bruce Davidson
Dr. Richard Goudie
Dr. Tom Green
Dr. Warren Thirsk

Workshop 3

Harassment/Bullying

Dr. Carla Edwards

10.45-11.15am Mental Health De-brief Dr. Janice Harvey

11.15am-12.00pm Flying with the Athlete Dr. Warren Thirsk

12.00-12.30pm **LUNCH BREAK**

12.30pm-3.15pm WORKSHOPS

(AFTERNOON BREAK 2.00pm-2.30pm)

Rotation I - 12.30-1.15pm

Rotation II - 1.15-2.00pm

Rotation III - 2.30-3.15pm

Workshop 1

Mass Casualties Triage Skill
Training Part 1

Dr. Jessica Curran
Dr. Tatiana Jevremovic
Scott Ruddle, Paramedic
Dr. Janice Harvey
Dr. Bob Brock

Workshop 2

Media in Sport

Sylvie Bigras,
Masters Degree in
Sport Management
Dr. Andrew Marshall

Workshop 3

Mass Casualties Triage Skill
Training Part 2

Dr. Bruce Davidson
Dr. Richard Goudie
Dr. Tom Green
Dr. Warren Thirsk

3.15-4.00pm Debrief



REGISTRATION FORM
Advanced Sport Medicine Course
Sat-Sun November 9-10th, 2019– Ottawa, ON

COURSE REGISTRATION FEE

CASEM Member \$ 1,500.00 CDN

**** Please note the course is only open to CASEM members with the CASEM Dip. Sport Med****

First & Last Name _____

Address _____

Postal Code _____

E-mail Address _____

Tel. _____

Method of payment

Credit Card VISA _____ M/C _____ Cheque # _____

Credit Card Number _____

Expiry Date m/y _____

CVC number _____

CANCELLATION POLICY

Cancellations fees will apply to all reimbursements issued prior to **May 1st 2019.**
After this date no refunds will be issued.

CANADIAN ACADEMY OF SPORT AND EXERCISE MEDICINE

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**** Please note that CASEM/ ACMSE reserves the right to cancel the course due to low enrolment. ****