



CASEM Pediatric Sport Medicine Conference *Pediatric Sports Medicine – A Primer*

Preliminary Program

Sunday, 19 May 2019
The Westin Bayshore Vancouver
Vancouver, BC

CANADIAN ACADEMY OF SPORT
AND EXERCISE MEDICINE
ACADÉMIE CANADIENNE DE
MÉDECINE DU SPORT ET DE L'EXERCICE

DEVELOPMENT FACULTY

Erika Persson, MD, FRCPC, Dip. Sport Med (Course Chair)

Liane Heale, MD, FRCPC

Kristin Houghton, MD, FRCPC, Dip. Sport Med

Eric Koelink, MD, FRCPC, Dip. Sport Med

Bob Lee, MD. MCFP, Dip. Sport Med

Robert Meeder, MD, FRCPC

Jérôme Ouellet, MD, FRCPC, Dip. Sport Med

Laura Purcell , MD, FRCPC, Dip. Sport Med



COURSE OBJECTIVE

Targeted at the physician and sport medicine health care professional, this one day clinical course will cover multiple aspects of caring for the youth athlete and active pediatric aged patients. At the end of the course, the learner will:

- Understand the unique aspects of pediatric aged athletes, including factors influencing treatment, return to play and injury prevention.
- Become more familiar and comfortable when managing common injuries in the growing youth athlete
- Enhance individual physical exam skills for youth MSK injury in the clinical setting
- Better understand issues in pediatric sports nutrition and supplementation
- Have increased knowledge of the current state of youth concussion including management, and prevention.

DECLARATION OF POTENTIAL CONFLICTS OF INTEREST

All speakers will be requested to disclose to the audience any real or apparent conflict (s) of interest that may have a direct bearing on the subject matter of this program.

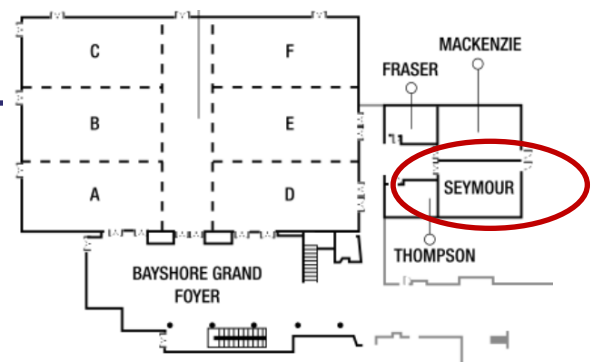
ACCREDITATION

Please contact Helen Haworth (hthaworth@casem-acmse.org) at head office for accreditation status

COURSE LOCATION

**The Westin Bayshore Vancouver
Conference Centre**
1601 Bayshore Drive,
Vancouver, BC V6G 2V4

Meeting Room : Lobby Level—Seymour Room





CASEM Pediatric Sport Medicine Conference

Pediatric Sports Medicine – A Primer

SUNDAY MAY 19, 2019

Vancouver, BC—Westin Bayshore Hotel

8:00	Breakfast and Registration	
8:30	Ask the Expert – Informal Breakfast Discussions with Faculty	
9:00	Welcome and Opening Remarks	Erika Persson, MD
9:10	Pediatric Sport Medicine—“The Essentials” 1) Growth Plate Injury and Overuse Injury 2) Youth Mental Health in Sports	Moderator: Laura Purcell, MD Cynthia LaBella, MD Whitney Sedgwick, MD
10:40	MORNING BREAK WITH REFRESHMENTS	
11:00	Orthopedic Issues in Pediatric Sport Medicine 1) Common Pediatric Ortho Issues 2) Hip Impingement and Labral Pathology 3) Pediatric ACL Injury and Prevention	Moderator: Kristin Houghton, MD Devin Petersen, MD Scott & Teri-Lyn Fraser, PT
12:30	LUNCH PROVIDED	
13:15	WORKSHOPS —the two workshops are repeated and delegates will rotate through the workshops. W1 Lower Limb Physical Examination Including Bracing W2 Pediatric Sport Nutrition and Supplementation	Bob Lee, MD Kirstin Wingate RD & Stephanie Dang RD
14:00	Workshops Repeated	
14:45	AFTERNOON BREAK WITH REFRESHMENTS	
15:00	The Youth Concussion “Epidemic” – A Multidisciplinary Discussion	Moderator: Erika Persson, MD Jamie Kissick, MD Tracy Blake, MD Shelina Babul, PhD Marty Mrazik, MD
15:45	Keynote Session: The History, Evolution and Future of Pediatric Sport Medicine	Laura Purcell, MD & John Philpot, MD
16:30	Closing Remarks and Evaluations	Erika Persson, MD