



CASEM Para & Adaptive Sport Medicine Conference

In conjunction with Défi sportif AlterGo

Friday, May 3rd, 2019
Montreal, QC, Canada



DÉFI SPORTIF
ALTERGO

CASEM



ACMSSE



ORGANIZING COMMITTEE

Lindsay Bradley, MD, CFPC (SEM), Dip. Sport Med. (Chair)

Manon Coté, MD, CFPC (SEM), Dip. Sport Med.

Andy Marshall, MD, FRCPS, Dip. Sport Med.

COURSE OBJECTIVE

The number of athletes with disabilities participating in organized sports and the popularity of the Paralympic Games is steadily increasing in both Canada and around the world. As with all types of athletes, sports injuries are common among athletes with disabilities

Athletes with disabilities are predisposed to medical conditions and have a higher prevalence than that of a non-disabled individual. Understanding these conditions are vital to the proper prevention, care, and return to activity for these athletes.

The goal of the course is to prepare physicians to provide medical care to athletes with physical impairments.

The target audience is a physician of any specialty, with or without their CASEM diploma, who wishes to develop and enhance their knowledge of and skill in the care of the para-athlete. This course may also be of interest to allied health professionals.

ACCREDITATION

Please contact the National Head Office (Dawn Haworth) for CME credit status



CASEM Para & Adaptive Sport Medicine Conference

Montreal, Québec

Friday, May 3, 2019

7:30am	Continental Breakfast available
8:15-8:20am	Welcome and Introductions — Lindsay Bradley & Andy Marshall
8:20-8:50am	KEYNOTE—Athlete Experience
8:50-9:20am	Heat Adaptation in Para Athletes
9:20-9:50am	PPE – Unique Aspects for the Para Athlete
9:50-10:20am	Neuropathic Pain Treatments
10:20-10:30am	Question Period and Discussion
10:30-11:00am	MORNING BREAK
11:00-12:00pm	Cardiovascular and Power Training Differences for Athletes with Mobility Impairments 11:00-11:15pm - Cardio in the Para Athlete 11:15-11:30pm - Strength and Conditioning 11:30-11:45pm - Physiotherapy modifications for the Para athlete 11:45-12:00pm Questions
12:00-1:00 pm	LUNCH BREAK
1:00-3:00pm	Concurrent Workshops (The two workshops are 45 minutes in length with a 15min question period and will be repeated to allow delegates to rotate between them) W1 : Classification 101 & 102 W2 : Emergencies / C-spine immobilization, Equipment Removal & Boarding
3:00-3:30pm	AFTERNOON BREAK
3:30-4:00pm	Rapid Fire ! 3:30- 3:40pm - Bowel and Bladder 3:40-3:50pm - Infection 3:50-4:00pm - Fracture Management 3:45-4:00pm - Questions
4:00-4:30pm	Emerging Technologies in Sport Related Wheelchairs & Equipment
4:30-5:00pm	Interesting Cases—Pearls, Sport Specific (2-3 slides, 5 min)
5:00-6:30pm	ParaTough Cup – Rules of the Game