

www.casem-acmse.org
#CASEM50



CASEM/ACMSE
55 rue Metcalfe Street,
Suite 300
Ottawa ON K1P 6L5

CASEM 50

A Golden Age of Sport Medicine

April 29 - May 2, 2020
Fairmont Banff Springs, AB



Pre & Post Conference Courses

Monday & Tuesday • 26-27 April 2020

- CASEM Team Physician Course

Wednesday • 29 April 2020

- CASEM Para Adaptive Sport Medicine
- CASEM Endurance Sport Medicine
- What to Expect when you are...Preparing for the CASEM Exam afternoon session

Saturday • 2 May 2020

- Hypermobility in Performing Artists & Athletes: Paganini to Phelps

For full course details visit:

www.casem-acmse.org/events



Local Organizing Committee

Dr. Preston Wiley, Chair

Dr. Eric Babins

Dr. Victor Lun

Dr. Andrew Marshall

Dr. Nicholas Mohtadi

Dr. Ross Outerbridge

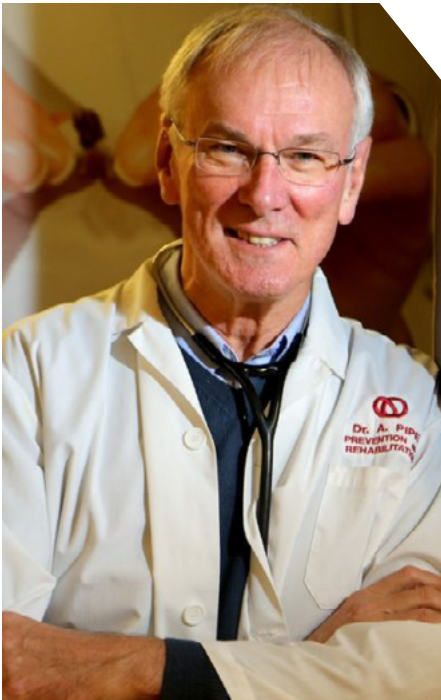
Dr. Erika Persson

Dr. Andrew Pipe



Speaker Spotlight

CASEM welcomes and thanks those who are presenting at the 2020 Annual Symposium.



Andrew Pipe

CASEM History - The Pipe View

Thursday April 30th - 8:00

Dr. Pipe has been extensively involved in sports and sport medicine for many years. Dr. Pipe served as a physician at 12 Olympic Games and has been the Team Physician for Canada's National Men's Basketball Team since 1978. A member of the Canadian Olympic Hall of Fame, he served as Chair of the Canadian Centre for Ethics in Sport from its inception until 2003. Dr. Pipe is the recipient of the International Olympic Committee's Award for "Sport, Health and Wellbeing" and honorary degrees from Queen's University (LLD), Brock University (DSc) and University of Guelph (DSc). He was formerly Vice Chairman of the Board of Trustees at Queen's University. In 2002 he was named to the Order of Canada.



Carolyn Emery

Transforming Sport Experience: Science vs Supposition

Thursday April 30th - 13:45

Dr. Carolyn Emery is a physiotherapist and epidemiologist. She was recruited to the Faculty of Kinesiology at the University of Calgary in 2004. Dr. Emery is a Professor in the Faculty of Kinesiology at the University of Calgary. The focus of Dr. Emery's research program is in injury prevention in youth sport and recreation, concussion, and pediatric rehabilitation; aimed to reduce the public health burden of injury including long-term consequences. She holds a Chair in Pediatric Rehabilitation (Alberta Children's Hospital Research Institute) and is Chair of the Sport Injury Prevention Research Centre at the University of Calgary. She leads "SHRed Injuries: Preventing Injuries and their Consequences in Youth Sport and Recreation" (CIHR) and "SHRed Concussions-Surveillance in High Schools to Reduce the Risk of Concussions and their Consequences.

Speaker Spotlight

CASEM welcomes and thanks those who are presenting at the 2020 Annual Symposium.



Beckie Scott

Athlete Experience

Friday May 1st - 8:00

Beckie Scott is a Canadian former cross-country skier. She is Chair of the World Anti-Doping Agency (WADA) Athlete Committee, and served as an International Olympic Committee member by virtue of being elected to the IOC Athlete's Commission along with Saku Koivu between 2006 and 2014.

Scott retired from cross-country skiing on April 12, 2006, as the most decorated Canadian cross-country skier. 2006 was also her best season, with multiple victories and podiums on the World Cup circuit, to go with her Olympic silver in one of her races in Turin



Don McKenzie

Lance Richard Memorial Lecture

Friday May 1st - 13:45

Dr. Don McKenzie is recently appointed Professor Emeritus in the Division of Sports Medicine at the University of British Columbia (UBC). He has a doctoral degree in exercise physiology from Ohio State University and completed his medical training at UBC. He has been the team physician for the Canadian Canoe Team for over 30 years and has attended nine Olympic Games. Dr. McKenzie is the Chair of the Medical Committee of the International Canoe Federation. He has served as President of the Canadian Society of Exercise Physiology and has an active research program that has graduated more than 80 students. His research is centered on respiratory exercise physiology and exercise and breast cancer. Dr. McKenzie is the founder of Abreast in A Boat, a women's dragon boat team composed of breast cancer survivors. This special blend of paddling as medicine has spread world-wide.

Thursday April 30th 2020

Main Plenary - Alberta/New Brunswick ROOM



07:15	Conference Registration (Curio Foyer) and Continental Breakfast available in the Exhibit Hall (Cascade / Conservatory)	
07:45-08:00	Welcome by CASEM Conference Chair and President	Preston Wiley, MD Elisabeth Hobden, MD
08:00-08:45	OPENING KEYNOTE CASEM History - The Pipe View	Andrew Pipe, MD
08:45-09:30	Patellofemoral Joint	Moderator: Nicholas Mohtadi, MD Laurie Hiemstra, MD, PhD Sarah Kerslake, PT Ralph Strother, MD
09:30-10:00	What's New in the Sport Medicine Literature	Ian Shrier, MD
10:00-10:30	Coffee Break with Exhibitors and Poster Viewing - Cascade / Conservatory	
10:30-11:30	Sandy Kirkley Research Session:	Moderator: Kien Trinh, MD, PhD
	The Association Between Reports of Symptom Exacerbation with Physical and Mental Activity and Findings of CS, VOR, OM Dysfunction, Balance Performance, and Delayed Recall Scores Following Sport-Related Concussion	Joel Burma
	Examining How Time from Sport-Related Concussion to Initial Assessment Predicts Return-to-Play Clearance	Taylor Pratile
	Clinical Presentation and Time to Recovery Following a Sport-Related Concussion	Corson Johnstone
	Predictors of Recovery Following Concussion in Youth Ice Hockey Players	Carolyn Emery
11:30-12:30	Concussion 1) CASEM and Canadian Contribution to Concussion 2) Creating Concussion Awareness 3) Concussion Prevention Strategies 4) Approach to Patients with Persistent Concussion Symptoms	Moderator: James Kissick, MD James Kissick, MD Pierre Frémont, MD Carolyn Emery, PT, PhD Chantel Debert, MD, FRCPC
12:30-13:30	Lunch in Exhibit Hall - Cascade / Conservatory - Free Time - Industry Luncheon	
13:45-14:30	AFTERNOON KEYNOTE Transforming Sport Experience: Science vs Supposition	Carolyn Emery, PT, PhD
14:30-15:15	Pediatric Sport Medicine 1) Ready Set Go....Sport Readiness in Children 2) What's New and Old in Youth Sports	Laura Purcell, MD John Philpott MD
15:15-15:45	Coffee Break with Exhibitors and Poster Viewing - Cascade / Conservatory	
15:45-16:25	Concurrent Breakouts (45 minutes each) The following breakouts are held concurrently. Delegates should plan to attend TWO sessions which best address their needs.	
	B1 - The Vast Reach of Twitter and How it Can Make Your Practice Better B2 - Patellofemoral Cases	Lindsay Crone and Erika Persson, MD Laurie Hiemstra, MD, PhD & Sarah Kerslake, PT Chantel Debert, MD, FRCPC
	B3 - Management of the Patient with Persistent Concussion Symptoms B4 - Imaging the Hip and Patellofemoral Joint B5 - Implementing Neuro-muscular Training in Field Sport B6 - Assessing and Managing the Anxious Athlete	Kati Pasanen, PT, PhD Carla Edwards, MD, Sport Psychiatrist
16:35-17:15	Repeat Concurrent Breakouts	
17:45-18:45	CASEM Annual General Meeting	Alberta Room
19:00-21:45	CASEM Social Night - CASEM's Got Talent!	Alhambra Ballroom

Friday May 1st 2020

Main Plenary - Alberta/New Brunswick ROOM



07:15	Conference Registration (Curio Foyer) and Continental Breakfast available in the Exhibit Hall (Conservatory/Cascade)	
07:50-08:00	Housekeeping Notes	
08:00-08:45	<i>OPENING KEYNOTE</i>	Beckie Scott, Canadian former cross-country skiing athlete
08:45-09:30	Optimizing Exercise for Medical Treatment 1) Obesity Management 2) Strategies for Adherence to Exercise 3) Canadian 24-Hour Movement Guidelines for Children and Youth	Moderator: Victor Lun Shahebina Walji, RN Nicole Culos-Reed, MD James Stone, MD, PhD
09:30-10:00	Coffee Break with Exhibitors and Poster Viewing - Cascade / Conservatory	
10:00-11:00	Sandy Kirkley Research Session	
	How do health outcomes differ between youth who have a recent sport-related knee injury and uninjured youth: Implications for medical management and post-traumatic osteoarthritis risk	Jocelyn McCallum
	Player Experiences in High School Rugby: Understanding risks, benefits and the context for injury prevention	Linda Troung
	Balancing return to sport and a functional knee: Exploring the perceptions of exercise therapy and physical activity of youth 1-2 years after a sport-related ACL injury	Amanda Black
	Sport participation and injury rates in high school: A survey of 2029 high school students	Lauren Benson
	Modeling tendon damage from athlete workload may be relevant for overuse injuries	
11:00-11:45	AMSSM Exchange Lecture - Evaluating the Underperforming Athlete	Chad Asplund, MD
11:45-12:30	Altitude Sport Medicine 1) Physiology of Altitude 2) Medical Conditions that Arise 3) Training Techniques at Altitude	Moderator: Gord Matheson, MD Michael Koehle, MD, PhD Ivy Cheng, MD, MSc, PhD, FRCP, DiMM Martin MacInnis, PhD
12:30-13:30	Lunch in Exhibit Hall - Cascade / Conservatory - Free Time - Industry Luncheon	
13:45-14:30	Lance Richard Memorial Lecture	Don McKenzie, MD, PhD
14:30-15:30	The Hip	Nicholas Mohtadi, MD Kelly Johnston, MD David Lindsay, PT
15:30-16:00	Coffee Break with Exhibitors and Poster Viewing - Cascade / Conservatory	
16:00-16:40	Concurrent Breakouts (45 minutes each) The following breakouts are held concurrently. Delegates should plan to attend TWO sessions which best address their needs.	
	B1 - The Hip - Case Studies	Kelly Johnston, MD & David Lindsay, PT
	B2 - How to Prepare the Public to go to Altitude	Michael Koehle, MD, PhD
	B3 - Exercise in Cancer	Nicole Culos-Reed, MD & Don McKenzie, MD, PhD
	B4 - Return to Exercise after Rhabdo and Heat Illness	Chad Asplund, MD
	B5 - Training at Altitude	Martin MacInnis, PhD
	B6 - Cases of Obesity Management	Shahebina Walji, RN
16:50-17:30	Repeat Concurrent Breakouts	
19:30-01:00	CASEM Gala Dinner and Dance with Dino Martinis band	Van Horne Ballroom

Saturday May 2nd 2020

Main Plenary - Alberta/New Brunswick ROOM



07:45	Conference Registration (Curio Foyer) and Hot Breakfast available (Cascade / Conservatory)	
08:20-08:30	Housekeeping Notes	
08:30-09:15	WIISM Lecture <i>Harassment and Abuse</i>	Laura Cruz, MD Moderator: Elisabeth Hobden, MD
09:15-10:15	Sandy Kirkley Research Session	Moderator: Kien Trinh, MD, PhD
	The development and reliability of helmet fit criteria in high school tackle football players	Ash Colstad
	Reliability of a new osteoarthritis grading scale for Anterior Cruciate Ligament deficient knees	Nicholas Mohtadi
	The Novel Ripstop Suture Pattern is Superior to the Traditional Suture Bridge: A Matched Cohort Study	Zach Olynik
	Iliopsoas tenotomy during hip arthroscopy: a systematic review of post-operative outcomes	Olufemi Ayeni
	Are Pregnant Women Meeting the United Kingdom's National Physical Activity Recommendations at their Booking Appointment?	Ashley Ridout
10:15-10:45	Coffee Break - Cascade / Conservatory	
10:45-11:15	Changing Paradigms of MSK Care	Taryn Taylor, MD
11:15-12:00	Stress Fractures in Sports Medicine	Andrew Marshall, MD & Preston Wiley, MD
12:00-12:45	Fracture Management in Sports and Return to Play	Andrew Marshall, MD
12:45-13:15	2 Minutes, 2 Slides	Moderator: Rich Trenholm
13:15	Closing Remarks	
15:00	5k Sightseeing Charity Fun Run	

Social Events



- Price: Free! One drink ticket in each registration
- Wednesday, April 29th - 5:30pm-8:00pm
- Fairmont Banff Springs, Cascade Ballroom

Help us kick off the conference with a glass of wine or beer in the exhibit hall.

Drink ticket included with registration package.



- Price: Free! Limited seating
- Thursday, April 30th - 7:00pm-8:45pm
- Fairmont Banff Springs, Alhambra Ballroom

Talent show, everyone is welcome!



- Price: \$90
- Friday, May 1st - 7:30pm-1:00am
- Fairmont Banff Springs, Van Horne Ballroom

Come out and celebrate with your colleagues dressed up to the nines. A lovely evening of entertainment, fine food and friends.

Music provided by Dino Martinis! A seriously rocking, jaw droppingly talented band that can play everything from Sinatra to Macklemore and everything in between.



- Price: \$20
- Saturday, May 2nd - 3:00pm-4:00pm
- Start in the lobby of the Banff Springs

Experience Banff's sights and sounds on foot! All the funds collected from this run will be donated to Canadian Red Cross - Australia Fires Appeal.

Your donation will be used to fund Canadian Red Cross support of the Australian Red Cross response to the devastating wildfires.

CASEM Annual General Meeting



Thursday, 30 April, 2020 • 17:45-19:00

Location: Alberta room at the Fairmont Banff Springs

CASEM Award Winners

Dr. Ean Parsons



CASEM Community
Sport Medicine
Physician for 2019

Drs. Lisa Fischer and
Merrilee Zetaruk



CASEM Medal of
Service Award
2019

Dr. Constance
Lebrun



CASEM
Educator/Mentor
Award for 2019

Congratulations to
Dr. Nicholas Mohtadi!



CASEM Lifetime
Member Award



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CASEM Sport Medicine Annual Symposium

April 29 - May 2, 2020 - Banff, Alberta

Please fax this completed form to 613-912-0128 or email it to cpd@casem-acmse.org

	Conference Rate
CASEM / ACMSE Member _____	\$ 800.00
Non Member _____	\$1,000.00
Allied Health (physio, nurse etc.) _____	\$ 875.00
Resident/Fellow _____	\$ 500.00
Non Member Resident/Fellow _____	\$ 550.00
CASEM Medical Student _____	\$ 350.00
Non CASEM Medical Student _____	\$ 400.00
Daily Rate - circle date (Thursday - Friday - Saturday) _____	\$ 400.00

SOCIAL TICKETS

Friday Evening Gala Dinner	\$90.00	No of Pers. _____
Saturday 5km Fun Run	\$20.00	No of Pers. _____

TOTAL AMOUNT PAYABLE

\$ _____

PLEASE PRINT

Date: MM _____ DD _____ YYYY _____

Last Name: _____ First Name: _____

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METHOD OF PAYMENT

Cheque # _____ VISA _____ M/C _____ Total Amount: \$ _____

Credit Card No : _____

Expiry Date: Month _____ / Year _____ CVC: _____

Signature: _____

CANCELLATION POLICY

A \$100.00 CDN cancellation fee will apply to all reimbursements issued prior to April 1st, 2019.
After this date NO refunds will be issued.

Photo Permission (Completion of this registration form assumes agreement of the following unless notified otherwise)

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