



Beyond Barriers: Para and Adaptive Sport Medicine Conference

Wednesday, June 6, 2018
Halifax Convention Centre
Halifax, Nova Scotia, Canada



casem-acmse.org/cme/casem-courses



ORGANIZING COMMITTEE

Lindsay Bradley, MD, CCFP, Dip. Sport Med. (Chair)
Andy Marshall, MD, FRCPS, Dip. Sport Med.

CASEM's Adaptive Physical Activity Committee

The number of athletes with disabilities participating in organized sports and the popularity of the Paralympic Games is steadily increasing in both Canada and around the world. As with all types of athletes, sports injuries are common among athletes with disabilities

Athletes with disabilities are predisposed to medical conditions and have a higher prevalence than that of a non-disabled individual. Understanding these conditions are vital to the proper prevention, care, and return to activity for these athletes.

The organizing committee chaired by Dr. Lindsay Bradley, Medical Director for the Men's Sledge Hockey Team and Andrew Marshall, Chief Medical Officer for the 2018 Winter Paralympic Games have brought together a first of its kind, unique one-day workshop, with an international faculty and program designed specifically to address those unique areas in sport medicine in athletes with an impairment.

The goal of the course is to prepare physicians to provide medical care to athletes with physical impairments.

The target audience is a physician of any specialty, with or without their CASEM diploma, who wishes to develop and enhance their knowledge of and skill in the care of the para-athlete. This course may also be of interest to allied health professionals.

ACCREDITATION

Please contact the National Head Office (Dawn Haworth) for CME credit status

Wednesday, June 6, 2018

7:30am	Continental Breakfast available
8:15-8:20am	Welcome and Introductions — Lindsay Bradley & Andy Marshall – Co Chairs of Conference
8:20-9:00am	Athlete Experience
9:00-9:30am	Introduction to Paraspport <i>Speaker:</i> Lindsay Bradley
9:30-9:45am	Bowel & Bladder Routines On the Road <i>Speaker:</i> Warren Thirsk
9:45-10:00am	Spasticity: Clinical Pearls Regarding Management <i>Speaker:</i> Steve Macaluso
10:00-10:15am	MORNING BREAK
10:15-10:45am	Evidence Based Injury and Illness Prevention in Para Sport <i>Speaker:</i> Cheri Blauwet
10:45-11:00am	Exercise Adaptations for Athletes with Diverse Abilities <i>Speaker:</i> Bruce Craven
11:00-11:15am	Questions/Discussion
11:15-12:00 pm	Panel: Anti-doping, Boosting & Intentional Misrepresentation <i>Speaker:</i> Jamie Kissick, Cheri Blauwet
12:00-1:00 pm	LUNCH BREAK
1:00-2:30pm	Concurrent Workshops: (The two workshops are 45 minutes in length and will be repeated to allow delegates to rotate between them) W1 : Approach to Skin Care, Wound and Moisture Control - Hands on Workshop <i>Speaker:</i> Sivakumar Gulasingam W2 : C-spine Immobilization, Equipment Removal & Boarding <i>Speakers:</i> Richard Goudie, Lindsay Bradley, Warren Thirsk
2:30-2:45pm	AFTERNOON BREAK
2:45-4:00pm	Research in Paraspport 2:45- 3:05 - Development of Sport-Specific VI Classifications for Para Alpine and Para Nordic Skiing - Kristine Dalton 3:05-3:25 - Cardiovascular conditions in SCI - Andrei Krassioukov (via teleconference) 3:25-3:45 - Osteoporosis Screening & Bone Health Optimization - Sivakumar Gulasingam 3:45-4:00 - Questions
4:00-4:30pm	Emerging Technologies in Sport Related Prosthetics & Equipment <i>Speaker:</i> Gary Sjonnesen - Ottobock
4:30-5:00pm	Interesting Cases (2-3 slides, 5 min)
5:00-6:30pm	Para Sport Experience Participants will be able to compete against each other in various para sport challenges