



CANADIAN ACADEMY OF SPORT
AND EXERCISE MEDICINE
ACADÉMIE CANADIENNE DE
MÉDECINE DU SPORT ET DE L'EXERCICE

2017 CASEM

Junior Hockey Course

Wednesday, June 7, 2017
Fairmont Tremblant
Mont-Tremblant, QC

***PRELIMINARY COURSE
PROGRAM***





DEVELOPMENT FACULTY

Taryn Taylor, MD, CCFP, Dip. Sport Med. (Chair)

Tim Rindlisbacher, MD, Dip. Sport Med., CCFP (SEM)

Mike Conrad, MD, CCFP(EM)

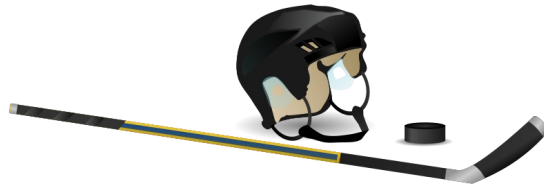
Andrew Marshall, MD, RCPSC, Dip. Sport Med.

COURSE OBJECTIVE

The goal of the course is to bring together junior hockey physicians from across the country providing medical care to young male athletes.

TARGET AUDIENCE

The target audience is a physician of any specialty, with or without their CASEM diploma, who wishes to develop and enhance their knowledge of and skill in the care of the junior hockey player and the role of the team physician. This course may also be of interest to allied health professionals who are involved with the care of junior hockey teams.



DECLARATION OF POTENTIAL CONFLICTS OF INTEREST

All speakers will be requested to disclose to the audience any real or apparent conflict (s) of interest that may have a direct bearing on the subject matter of this program.

ACCREDITATION

Please contact the National Head Office (Dawn Haworth) for CME credit status



CASEM Junior Hockey Course

Wednesday, June 7th, 2017 Mont-Tremblant, QC
Fairmont Tremblant

WEDNESDAY JUNE 7TH, 2017

7:30am	Continental Breakfast available	
8:15-8:20am	Welcome and Introductions	
8:20-8:35am	Pre-participation Screening in Junior Hockey (ECG, etc)	Taryn Taylor MD
8:35-8:50am	FAI & Labral Tears of the Hip in Goalies	Paul Shim MD
8:50-9:20am	Sports Hernia	David Mulder MD
9:20-9:50am	Shoulder Instability	J Pollock MD
9:50-10:05am	MCL Injuries & RTP in Hockey	Andy Marshall MD
10:05-10:15am	Questions/Discussion	
10:15-10:30am	MORNING BREAK	
10:30-10:50am	Sideline Emergencies	Tim Rindlisbacher MD
10:50-11:10am	Berlin Concussion Update & impact on the CHL	Pierre Frémont MD
11:10-11:30pm	CMHA Lets Talk Mental Health for the CHL	Andrew Fainer
11:30-12:15pm	LUNCH BREAK	

WORKSHOPS: The two workshops are repeated and delegates will rotate through the workshops

WORKSHOPS		
Time	Session 1	Session 2
12:15-1:00pm	Concussion– VOMS & SCAT 4 Mike Conrad MD	C-spine Immobilization, Equipment Removal & Boarding John Boulay AT/EMT
1:00-1:45pm	Workshop repeated	Workshop repeated

1:45-2:00pm	AFTERNOON BREAK	
2:00-2:20pm	Nutrition Tips/Pearls for Teen Athletes & Game Day Nutrition	Debora Sloan RD, CPT
2:20-2:40pm	Training/Periodization and Recovery	Doug Stacey PT
2:40-3:00pm	Trainer Tricks of the Trade	Kevin Elliott
2:40-3:00pm	Doping in the CHL	Julie Vallon (CCES)
3:00-3:45pm	Interesting Cases (2-3 slides, 5 min) Please submit all cases to Taryn Taylor prior to the conference	
4:00pm	Closing Remarks	



