



# CASEM Newsletter

## Nouvelles ACMSE

CANADIAN ACADEMY OF SPORT  
AND EXERCISE MEDICINE  
ACADÉMIE CANADIENNE DE  
MÉDECINE ET DE L'EXERCISE

Summer / Été 2010 #55

### President's Note



Dr. Preston Wiley, CASM

This Summer Newsletter represents the new face of CASEM featuring the brand-new CASEM logo chosen by the membership. It is also the launch the new name CANADIAN ACADEMY OF SPORT AND EXERCISE MEDICINE (CASEM).

This is the end of the presidential year and I am stepping aside as President of this great organization for our new and energetic President – Janice Harvey. A year that was packed with meetings, new initiatives and of course another great annual meeting is over. It was an exciting year where Canada held an incredibly successful Olympic and Paralympic Games in Vancouver and Whistler. No doubt those who volunteered so many hours are also looking forward, as I am, to a quick rest during the summer in preparation for the usual onslaught of normalcy in September.

The summer will not be a quiet time for our staff though. Barbara and Dawn will be busy moving the CASEM office to the new digs at SIRC in downtown Ottawa. This is a wonderful arrangement with one of our partners. The floor of the building was once owned by a Law firm so it is a bit palatial, a great place for us to start a new decade and the next 40 years. ( Please note new address page 6).

Congratulations to the bid committee who successfully competed for the 2014 FIMS conference. CASEM has potential to move forward and play a leadership role on the world stage. I would encourage you all to maintain your FIMS memberships as this gives us a solid voice at FIMS meetings due to our large membership contribution. Congratulations also to Toronto. The Annual Symposium was terrific, well organized and educational. I particularly liked going for a cruise on that man made lake outside our hotel. Remember to mark your calendars for Newfoundland next July 14 -16, 2011. Don't miss the kissing of the Cod ceremony while you're there!

As I leave the President's office, I would like to make a few thank yous. First to Doug Dittmer (Past President), who instilled in me to think of CASEM members as share holders, in other words think of the members first. Secondly to the Board who worked very efficiently this year – a great group of people who had your interests as the number one priority. Finally a big thank you to Barbara and Dawn who were always there to answer questions, make our ideas happen and at the same time keep the business of CASEM on track. I know that CASEM will be in good hands as Janice takes the helm.

I wish you all a relaxing and safe summer!

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**NEW ADDRESS:  
August 1, 2010**

**CASEM-ACSMSE  
180 ELGIN STREET  
SUITE 1400  
OTTAWA ON  
K2P 2K3**

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Editor-in-Chief  
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Committee  
Chair: Dr. Andrew Marshall



Dr. Preston Wiley,  
Président ACSME

## Le mot du président

*Le bulletin de cet été représente la nouvelle face de l'ACSME et le nouveau logo choisi par les membres. C'est aussi le début du nouveau nom ACADÉMIE CANADIENNE DE MÉDECINE ET DE L'EXERCICE (ACSME).*

*C'est la fin de mon terme comme président de cette organisation distinguée et je laisse la place à la nouvelle présidente énergétique – Janice Harvey. C'était une année très excitante pour le Canada qui était l'hôte des Jeux Olympiques à Vancouver et Whistler. J'en suis sûr que tous ceux et celles qui ont fait des nombreuses heures de bénévolat aux Jeux Olympiques se réjouiront de se reposer durant l'été.*

*L'été ne sera pas tranquille pour les employés du bureau de l'ACSME. Barbara et Dawn sera occupées à déménager le bureau dans les demeures de SIRC au centre-ville d'Ottawa avec SIRC. C'est un arrangement merveilleux avec un de nos partenaires. Les bureaux étaient des locaux d'avocat dans le passé et c'est une très belle place de débiter l'ACSME vers les prochaines 40 ans! Notez la nouvelle adresse à la page 6!*

*Félicitation au comité qui a soumis le dessein pour la compétition de la conférence mondiale de FIMS en 2014 à Québec. ACSME a le potentiel de gagner du pied sur le stage international en recevant FIMS. Je vous encourage tous de devenir membre de FIMS. Le nombre fort nous donnera une voix aux groupes de FIMS. Je félicite tout le monde qui a contribué au succès de la conférence de Toronto. La conférence était fabuleuse et très bien organisée. J'ai bien aimé la croisière sur le lac Ontario. N'oubliez pas de marquer vos calendriers pour La Terre Neuve le 14-16 juillet 2011. Vous ne voulez pas manquer d'embrasser la morue cérémonielle!*

*Quittant le poste de président, je veux remercier à vous tous. Tout d'abord à Doug Dittmer (ancien président) qui m'a aidé à considérer les membres de l'ACMSE comme actionnaires, en autres mots les membres d'abord! Deuxièmement, au comité d'administration qui a travaillé très efficace pendant cette année – un excellent group qui a vos intérêts au cœur. Et finalement, un gros merci à Barbara et Dawn qui ont toujours répondu à mes questions, qui ont fait nos idées réelle et en même temps garder les affaires de l'ACSME en ligne. Je sais que l'ACSME sera maintenant en bonne mains avec Janice comme Présidente.*

*Je vous souhaite un bon et relaxant été!*



# CUTTING EDGE SPORT MEDICINE 40 YEARS IN THE MAKING! CASM-OMA Sport Medicine Conference June 10-12, 2010





**CUTTING EDGE SPORT MEDICINE  
40 YEARS IN THE MAKING!  
CASM-OMA Sport Medicine Conference  
June 10-12, 2010**

This year's CASM conference was combined with the annual OMA Sport Medicine conference. It was held in Toronto, at the Westin Harbor Castle near the waterfront, from June 10<sup>th</sup>-12<sup>th</sup>.

The theme of the conference was 'Cutting-Edge Sport Medicine'. Our target audience ranged from our most experienced sport medicine physicians to our youngest members and future sport medicine trainees.

All morning plenary sessions were oriented around the latest advances and/or controversial topics within sport medicine. The afternoon sessions covered topics we felt had not been covered in depth in recent past OMA and CASM conferences.

Our workshops covered a variety of topics. Some were basic but essential for our younger members such as the spinal immobilization workshop, while others covered interesting areas of sport medicine such as wilderness medicine, dance medicine, endurance medicine....

All special lectureships from both CASM's and the OMA Sport Med's past conferences were integrated into this conference's program, as well as the radiology quiz and the 2 minutes-2 slides.

The Wednesday evening reception took place once again, allowing for many of our members to catch up with old friends and colleagues. A boat cruise with food and cake was organized Friday evening. Despite wet weather, the annual Fun Run, organized by the peds committee, as well as a basketball charity tournament still took place Saturday afternoon with good turnouts. The Gala held Saturday night featured a guest illusionist and his incredible tricks as well as some of our very own amazing membership talent.

This year we celebrated CASM's 40<sup>th</sup> birthday, and witnessed its renaming from CASM to CASEM. Although the attendance was lower than in past years, and the rising fences for the G20 summit made the access to the hotel challenging at times, CASM's familiar atmosphere was back in full gear. The feedback from our attendees was overall positive with some good suggestions for future topics.

As Program Chair, I would like to thank again all of our speakers for their time and hard work, our sponsors for their ongoing support, the Westin Hotel for hosting us, our membership for attending and supporting the conference, and last, but definitely not least, our CASM and OMA workforce extraordinaire – Dawn Haworth, Barbara Falardeau, Jennifer Csamer, Sharmann Grad and the OMA Sport Medicine Executive for their tireless hard work which made this conference yet another success for both CASM and the OMA Sport Medicine Section.

Sincerely,

*Tatiana Jevremovic*

# Patients with Lower Limb Pain?

## Canadian Certified Pedorthists

work with Sports Medicine Specialists to help improve patient foot health and mobility



Extensively trained in the assessment of lower limb anatomy and biomechanics, Canadian Certified Pedorthists are the most qualified professionals to fully assess and fit a patient's custom orthotic and footwear needs. Pedorthic management for sports injuries focuses on normalizing the biomechanics necessary to prevent and heal injuries.

### Commonly treated sports injuries include:

- Plantar Fasciitis
- Metatarsalgia
- Achilles Tendonopathy
- Tibialis Posterior Tendonopathy
- Patellofemoral Pain Syndrome (PFPS)
- Iliotibial Band Friction Syndrome (ITBFS)
- Sever's and Osgood-Schlatter's
- Metatarsal stress fractures and "shin splints"

After a thorough examination and assessment, pedorthic treatment may include orthotics, footwear evaluations and fittings. Pedorthists help prevent and alleviate lower limb pain to get patients back in the game.

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**THE NATIONAL OFFICE IS MOVING**  
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**LE SIÈGE SOCIAL DE L'ACSMSE**  
**DÉMÉNAGERA LE**  
**1 AOÛT, 2010**

**CASEM-ACSMSE**  
**180 RUE ELGIN STREET**  
**SUITE 1400**  
**OTTAWA ON, K2P 2K3**

**Phone/ tél. 613-748-5851 toll free/ gratuit 877-585-2394**

**NO CHANGES / PAS DE CHANGEMENTS**

**NEW FAX NUMBER 613-231-3739 NOUVEAU**





## **2010 CASEM DIPLOMA IN SPORT MEDICINE EXAM**

Applications are still accepted for the  
2010 CASEM exam.

If you are interested in sitting the CASEM Diploma in  
Sport Medicine Exam on  
September 26th, 2010 at CFB Edmonton AB  
submit your application now





## Call for Research Grant Proposals - 2010

The CASEM Research Committee invites submissions of research grant proposals for funding. These grants are made available through generous unrestricted contributions from CASEM. The following three grants are available this year:

### Two \$7500 CASEM Research Grants

All CASEM members are eligible to submit a proposal for these two grants. No existing or matching funds are required and there is no restriction of the topic of the research other than that it must have direct relevance to Sport Medicine.

### One \$7500 CASEM New Investigator Grant

In order to assist new investigators in developing their research in Sport Medicine, one \$7500 award will be restricted to “new” researchers. No existing or matching funds are required and there is no restriction of the topic of the research other than that it must have direct relevance to Sport Medicine. To be eligible to apply for this grant, investigators must meet the following criteria:

- Have 5 or less years of independent research experience and/or funding. For example, MDs who have recently completed their residency, fellowship, or graduate degree or MDs who have been in practice for some time, but would like to start a research focus. Funding received as a graduate student or during post-graduate medical training while under the supervision of a senior investigator are not considered to be independent research experience.
- Not have received more than 2 research grants in the past 5 years (as a principle investigator or co-investigator).

### Funding criteria:

Proposals must be submitted by a CASEM member in good standing (any category of membership).

If the project involves human subjects or animals, a letter indicating ethics approval from the appropriate authority of the research institution must accompany the proposal. Application for ethical approval can also be submitted concurrently with the CASEM Grant application, but a letter indicating ethics approval must be provided prior to release of grant funds. If the research is to be performed in a laboratory, a letter of support from the laboratory must accompany the proposal.

Proposals should be submitted by e-mail as an MS Word document or rich text file document to: Dawn Haworth ([dhaworth@casem-acmse.org](mailto:dhaworth@casem-acmse.org)) by **16:00 EST on Friday August 20, 2010.**





The proposal should be submitted in the following format:

- **Cover page** with investigator name(s), institution name, contact information of principle investigator and indicate if applying for CASM Research Grant or the CASM New Investigator Grant. If applying for the CASM New Investigator Grant, describe in **one** short paragraph how you meet the eligibility criteria to be considered for this grant.
- **Maximum proposal length: 3000 words** (excluding cover page, proposal headings, figures, tables, appendices, and references)
- **Proposal headings**
  - Introduction/Background
  - Objective
  - Project Methodology (subjects, procedures, outcome measures, analysis, etc.)
  - Relevance of the study to the field of Sport Medicine
  - Proposed budget
  - If the proposal is already funded from another source, the budget should clearly distinguish between the total budget for the project and the part constituting the request from the CASM Research Fund.
  - References
  - Appendix A – Investigator(s) CV's
  - Appendix B – Ethics Approval. If ethics approval application is being concurrently submitted, then indicate, "Ethics Approval Pending"
  - Appendix C – Letter of support from collaborating laboratory (if applicable)

**Proposals that do not following the formatting described or do not include the requested supporting documents will automatically REJECTED without further review.**

Funding is subject to the following conditions:

1. Funding must be used within 6 months of award date or must be returned to CASEM,
2. Any presentation or publication of the project should acknowledge the CASEM Research Fund,
3. A final report of the study results be sent to the CASEM Research Committee,
4. The study should be presented at an Annual CASEM Symposium, and
5. The study should be submitted for consideration for publication in the Clinic Journal of Sport Medicine (if project is within the scope of the Journal).



## **Embarking on a CASEM Adventure: Discovering Wilderness Medicine**

Christine Provvidenza, BPHE, MSc, CK & Karen Johnston, MD, Ph.D, FRCSC, FACS

Wilderness medicine involves the practice of medicine in situations where there is difficult patient access, limited equipment, and environmental extremes. It can include medicine in the following areas:

<b>Antarctic</b>	<b>Marine</b>	<b>Space</b>
<b>Arctic</b>	<b>Military</b>	<b>Survival skills</b>
<b>Desert</b>	<b>Mountain</b>	<b>Travel</b>
<b>Disaster response</b>	<b>Remote wilderness</b>	<b>Tropical</b>
<b>Environmental</b>	<b>Search &amp; rescue</b>	

In 2009, CASEM tapped into the spirit of its members to determine their level of interest in a Wilderness Medicine initiative. The level of interest strongly supported the need to establish a formal committee, with the primary goal to enhance member knowledge of this area of medicine, and build upon opportunities to teach and learn from each other.

A formal committee was established by Dr. Karen Johnston, volunteer and acting Chair, in 2009. Her passion for Wilderness Medicine drew in other experts and those with an interest in Wilderness Medicine to form a committee of what is now 30 plus members. In getting to know the committee, members completed a survey to determine their level of interest and expertise. The information gathered would also be used to inform next steps for this CASEM group. With 65% of group members completing the survey, it revealed that group membership is very diverse in terms of speciality. It is not formality that brought these members together, but a passion for Wilderness Medicine. Many members do not have formal training in this area, however, there are several members that have conducted formal work in this area. Interestingly, many committee members did not realize that some of the medicine they practice is in fact, Wilderness Medicine.

Education of CASEM on Wilderness Medicine is growing. The 2010 meeting was the first time this topic was on the agenda, with a talk on "Altitude Illness: Focus on Prevention." It is on horizon at the 2011 meeting, with a 1.5 hour session dedicated to educating others and providing individuals with key take home messages on this area of interest. As more ground is gained by this committee, efforts to educate and inform others will grow. Passion for this area of medicine is becoming energized and with time, the committee will continue to grow and strive to educate about this type of medicine, that is all inclusive and encompassing.

*Christine Provvidenza*



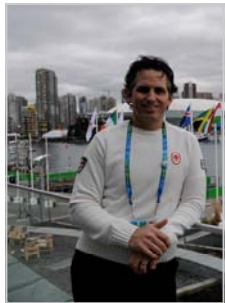
## NOTES AND NOTABLES...



Dr. Laura Cruz

### **CASEM welcomes the new board members for 2010-2013**

**Dr. Laura Cruz, Toronto ON**



Dr. Richard Goudie

**Dr. Richard Goudie, Barrie ON**

### **CONGRATULATIONS TO THE WINNER OF THE TRAVELLING SCHOLARSHIP 2010**

**DR. OLUFEMI AYENI**



Dr. Femy Ayeni

Dr. Ayeni will undertake a three week scholarship to learn to understand the diagnosis and surgical approach to treating the young adult with hip pain, specifically femoroacetabular impingement at the Chirurgie Munchen in Munich, Germany (Dr. Michael Dienst), then a rotation as a visiting Hip Fellow at the Schulthess Klinik in Zurich, Switerland with Dr. Michael Leunig. Dr. Ayeni will report back to the membership at the next AGM after the scholarship has been completed.



## NOTES AND NOTABLES...



### **Canadian Academy of Sport Medicine Académie canadienne de médecine du sport**

**Has Been Awarded Life Member of the  
Canadian Academy of Sport Medicine**

**Dr. Derek Mackesy  
June 2010**

## CONGRATULATIONS TO DR. BILL MACKIE



Dr. Bill Mackie

**ON RECEIVING THE AWARD FOR  
COMMUNITY PHYSICIAN OF THE YEAR 2009**





## EMPLOYMENT OPPORTUNITIES...



### ***The Fowler Kennedy Sport Medicine Clinic Employment opportunity for***

***Maternity leave coverage for Primary Care Sport Medicine  
Physician / Fanshawe Student Health Services with potential  
for full-time position starting Fall 2010***

The Fowler Kennedy Sport Medicine Clinic is a multidisciplinary Sport Medicine Clinic located on the Campus of the University of Western Ontario. We also have 2 satellite clinics within London; Fanshawe College where student health services is a large component of the clinical practice and City Plaza in Downtown London. We are recognized as one of the premier Sport Medicine Facilities in North America. As part of the London Health Sciences Centre we are also an Academic Centre with cross appointment potential through Faculties of Medicine and Dentistry and Faculty of Health Sciences (including the Departments of Kinesiology and Physiotherapy).

***Responsibilities and Duties:*** Clinical patient care as well as academic teaching of Residents and Fellows from Family Medicine, Emergency Medicine, Physical Medicine and Rehabilitation, Rheumatology and Pediatrics. There are opportunities to be involved with the University of Western Ontario Varsity Teams as well as assisting and /or coordinating special event coverage. We are a leader in the community at providing the Medical coverage for Premier Sporting events that have been attracted to London and area. There is an active research division within the clinic with ample opportunity to participate in clinical research.

Applicants must be a graduate physician, with a CCFP or other Primary Care specialization, with a Diploma in Sport Medicine, a valid OHIP billing number or the ability to acquire a billing number and appropriate CMPA coverage.

Visit the Fowler Kennedy Sport Medicine Clinic web site [www.fowlerkennedy.com](http://www.fowlerkennedy.com)

For further information and inquiries

Please contact: Dr. Lisa Fischer (or Ms. Sandra Shaw)

Fowler Kennedy Sport Medicine Clinic  
3M Centre, The University of Western Ontario  
London, Ontario N6A 3K7

Telephone (519) 661-2111 Ex 88835 or email [lfischer@uwo.ca](mailto:lfischer@uwo.ca) or [sshaw@uwo.ca](mailto:sshaw@uwo.ca)



We are seeking a Family Physician with sports Medicine expertise to join our team at Northlands Medical Clinic in Whistler, BC and would appreciate if you could forward this email to any colleagues who may be interested.

This is a permanent position for a Family Physician (CCFP and CASM preferred but not mandatory) with interest and skills in urgent care/emergency including orthopedics, sports medicine and gynecology/obstetrics. We have a rapidly growing community with many new patients joining the practice daily due in part to a community burgeoning birth rate. There is no call or hospital work however the applicant could apply for shift work at local Emergency Department, ski patrol positions etc. if interested.

This is a fee for service arrangement with a significant private component due to the number of out of country visitors to our world class resort. The clinic enjoys an excellent reputation in the athletic community and we treat approximately 25% of patients daily for MSK concerns both professionals and avid amateurs.

The position allows for a very active lifestyle working at the clinic a minimum of 3 days a week with option for increased workload and development of new programs in this rapidly evolving locale.

This position qualifies for the BC Rural retention premium, annual CME and flat fee premium but not re-allocation program or Northern locum program.

Please email [cz@northlandsclinic.com](mailto:cz@northlandsclinic.com) for more information.

## Senior Exercise Physiologist



**Based in Stirling (sportsScotland institute of sport)** sportsScotland is currently experiencing an exciting period in the lead up to the 2014 Glasgow Commonwealth Games, and is looking for a Senior Exercise Physiologist to join the organisation. The successful candidate will help manage the national delivery and network management of sport science services throughout the sportsScotland institute network. In addition, you will be responsible for Exercise Physiology support and delivery to identified and prioritised sports and athletes at both institute and GB level.

You must have a flexible approach to work, and a positive attitude to support a team of high performance experts working with elite Scottish Athletes. You will typically have five years experience providing exercise physiology support within a high performance athlete environment, as well as a verifiable record of working within a multi-disciplinary team. You will also be able to demonstrate your ability to lead and develop a team, as well as managing staff and resources.

Further information about sportsScotland can be found on our website. For an application pack and full job description, please visit our website by following the link below.

<http://www.sportsScotland.org.uk/SiteNavigation/Jobs/Senior+Exercise+Physiologist.htm>

sportsScotland is an equitable employer and operates a child protection policy.



## EMPLOYMENT OPPORTUNITIES...



### Opportunity Includes:

- New 7000 square foot state of the art medical clinic (completed Jan 2010)
- 15:85 Split or rental rate
- EMR(Optional)
- 10 family physicians and physiotherapist on site
- FHG(optional)
- Walk-In Hours/Family Practice/(optional)
- Flexible Hours(Part-Time, Full Time)
- No Contract/Lease
- Signage and Promotion Included

### Sports Medicine/MSK Physician For New Clinic

ActiveCare Medical Center is looking for a Sports Medicine Fellow or MSK specialist to join our multidisciplinary team. Our newest location was recently completed in a fast-growing area in Kanata.

This opportunity is ideal for a physician looking to work a few days a week or setup a full practice. With 10 family physicians, walk-in-clinic, specialists, physiotherapists and other ancillary services ActiveCare medical center provides a unique environment for cross referrals.

For further information please contact directly:

Dr. Carl Bertrand  
Cell: 613-371-6631  
Email: docbertrand@rogers.com

Matthew Claxton(Clinical Director)  
Cell: 613-852-1548  
Email: matthew@acpottawa.ca

**OTTAWA EAST  
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SEPTEMBER  
2010!**

Unit 4-1108 Klondike Rd., Kanata, ON, K2K 0G1 TEL. 613-595-0222 FAX: 1-866-672-3209  
WWW.ACPOTTAWA.CA or WWW.ACTIVECARECLINICS.CA



UNIVERSITY OF  
**ALBERTA**



## **DAVID MAGEE ENDOWED CHAIR IN MUSCULOSKELETAL RESEARCH FACULTY OF REHABILITATION MEDICINE**

The University of Alberta is one of the top 100 public teaching and research universities in the world, with more than 14,000 faculty and staff. Founded over a century ago, the University has an annual budget in excess of \$1.4 billion and attracts almost \$500 million in external research funding. The University is located in Edmonton, a vibrant, friendly city of a million people, that offers a rich cultural and recreational life. The largest of five campuses is located adjacent to the spectacular North Saskatchewan River Valley and is less than a four-hour drive from the Rockies.

In partnership with industry and government, the University of Alberta plays a pivotal role in advancing the economic prosperity of Edmonton and Alberta; the impacts of its research discoveries are felt worldwide. The University's pioneering spirit inspires faculty and students to advance knowledge through research, to seek innovation in teaching and learning, and to find new ways to serve the people of Alberta and the world.

The Faculty of Rehabilitation Medicine, the only stand-alone faculty of its kind in North America, is pleased to announce the creation of The David Magee Endowed Chair in Musculoskeletal Research, a prestigious research appointment made possible through a generous endowment, which intends to build capacity in musculoskeletal clinical research to improve patient care in Alberta and beyond.

Candidates must possess an earned doctorate with a strong record of achievement in clinical musculoskeletal research and attained recognition for making a major impact in this field. Excellent interpersonal and communication skills and the ability to encourage innovation and collaboration are needed to develop the role to its full potential. This appointment is for a renewable, 5-year term and the successful candidate will be offered a tenure-track appointment. Salary and rank is commensurate on the qualifications and experience of the candidate.

All qualified candidates are encouraged to apply, however, Canadians and permanent residents will be given priority.

The University of Alberta hires on the basis of merit. We are committed to the principle of equity in employment. We welcome diversity and encourage applications from all qualified women and men, including persons with disabilities, members of visible minorities, and aboriginal persons.

***To learn more about this exciting opportunity, call Maureen Geldart or Alex Verdecchia at (604) 926-0005 or forward your application package (current CV, letter of application and reference list) in confidence to [info@thegeldartgroup.com](mailto:info@thegeldartgroup.com).***





## UPCOMING CASEM CONFERENCES...



CANADIAN ACADEMY OF SPORT  
MEDICINE AND  
EXERCISE MEDICINE

ACADÉMIE CANADIENNE DE  
MÉDECINE DU SPORT ET  
DE L'EXERCICE



# UPDATE IN OSTEOARTHRITIS CARE

WORKSHOP ON TIMELY TOPICS  
IN SPORT MEDICINE

Friday September 24, 2010

Edmonton AB

COURSE REGISTRATION FEE	CASM Member	\$200.00	CDN
	Non Member	\$275.00	CDN
	Medical Student	\$100.00	CDN

**REGISTRATIONS WILL BE AVAILABLE SOON ON THE CASEM WEBSITE  
[WWW.CASEM-ACSME.ORG](http://WWW.CASEM-ACSME.ORG) (EVENTS)**



**REGISTRATIONS ARE NOW OPEN !  
WWW.CASEM-ACMSE.ORG (EVENTS)**



CANADIAN ACADEMY  
OF SPORT AND EXERCISE MEDICINE  
ACADÉMIE CANADIENNE DE  
MÉDECINE DU SPORT ET DE L'EXERCICE

## CASEM Course in Advanced Sport Medicine

November 6-7, 2010  
JUSTICE INSTITUTE OF  
BRITISH COLUMBIA  
NEW WESTMINSTER BC

**Course limited to  
45 participants**



JUSTICE INSTITUTE  
of BRITISH COLUMBIA



The UKSEM 2010 Sport & Exercise Medicine Conference (ExCel, London, 24-27 November 2010) is the official annual conference of the British Association of Sport & Exercise Medicine (BASEM) in association with the Faculty of Sport & Exercise Medicine (FSEM).

The conference is the largest in Europe, with over 30 international speakers and marks the first of 3 such conferences in the lead up to the 2012 Olympic Games. The purpose-built website for the conference is now live at [www.uksem.org](http://www.uksem.org)



**Western**  
*Medicine &  
Dentistry*

**THE 27<sup>th</sup> ANNUAL  
WESTERN HOMECOMING  
SPORT MEDICINE  
SYMPOSIUM**

**“Frontiers in Sport Medicine”**



Friday, October 1, 2010, University Hospital – Auditorium “A”,  
London Health Sciences Centre, London, Ontario

This year’s symposium is focused on providing a practical clinical update for those who provide Sport Medicine Care to athletes of all descriptions. Topic areas include the latest advances in the treatment of knee malalignment, ankle instability, shoulder instability and hip labral pathology.

Also featured will be a “Sport Medicine Research Update” highlighting current clinical research at the Fowler Kennedy Sport Medicine Clinic.

In addition, two outstanding guest speakers will be presented: Dr. Maurice Neligan, former FKSMC Fellow from Dublin, Ireland, and Darda Sales, Canadian Paralympian.

*For further information, please e-mail: [cpd@schulich.uwo.ca](mailto:cpd@schulich.uwo.ca)*

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Bellamy N, Campbell J, Robinson V, Gee T, Boorne R, Wells G. Viscosupplementation for the treatment of osteoarthritis of the knee (Cochrane Review). The Cochrane Database of Systematic Reviews 2006, Issue 2, Art. No. CD005321. DOI:10.1002/14651858.CD005321

\*Raynaud J-P, Torrance GY, Bird PA, et al. A prospective, randomized pragmatic health outcomes trial evaluating the incorporation of hylan G-F 20 into the treatment paradigm for patients with knee osteoarthritis (part 1 of 2) - clinical results. Osteoarthritis Cartilage. 2002; 10: 506-517.

Synvisc<sup>®</sup> is for intra-articular injection only. Synvisc<sup>®</sup> contains small amounts of avian protein and should not be used in patients with related hypersensitivities. Adverse events involving the injected joint: transient pain and/or swelling and/or effusion may occur after intra-articular injections of Synvisc<sup>®</sup>. The post-marketing experience has identified the following systemic events to occur rarely with Synvisc<sup>®</sup> administration: rash, fever, itching, liver nausea, headache, dizziness, chills, muscle cramps, paresthesia, peripheral edema, malaise, respiratory difficulties, flushing and facial swelling.

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