



CANADIAN ACADEMY OF SPORT
AND EXERCISE MEDICINE
ACADÉMIE CANADIENNE DE
MÉDECINE DU SPORT ET DE L'EXERCICE

2018 CASEM

Team Physician Development Course

June 4-5, 2018

**SilverBirch Hotels & Resorts
Halifax, NS**

***PRELIMINARY COURSE
PROGRAM***

This Group Learning program has been certified by the College of Family Physicians of Canada and the Nova Scotia Chapter for up to 13 Mainpro+ credits.



2018 CASEM Team Physician Course

DEVELOPMENT FACULTY

Taryn Taylor, MD, CCFP, Dip. Sport Med. (Chair)

Andy Marshall, MD, FRCPS, Dip. Sport Med.

TARGET AUDIENCE

The goal of the course is to prepare physicians to provide medical care to athletes. The target audience is a physician of any specialty, with or without their CASEM diploma, who wishes to develop and enhance their knowledge of and skill in the care of the athlete and the role of the team physician. This course may also be of interest to allied health professionals who are involved with the care of the athlete of sports teams.

COURSE GOAL

The goal of the course is to prepare physicians to provide medical care to athletes.

COURSE OBJECTIVES

- *To address the key components of sport medicine skills in a practical case based approach within realistic scenarios.*
- *To deliver the course content in an interactive learning format that integrates the principles of adult education with updated teaching technology in practical sessions where skills and theory are challenged and refined.*
- *To ensure that excellent quality faculty are selected which offer leadership, mentoring and gold standard principles of care.*

ACCREDITATION

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2018 CASEM Team Physician Course

MONDAY, June 4, 2018

8:15-8:30am	Welcome and Introductions	
8:30-9:00am	Team Physician: Roles and Responsibilities	Dr. Andrew Marshall
9:00-9:30am	The Pre-Participation Examination	Dr. Taryn Taylor
9:30-10:00am	How Rules of the Game effect Medical	Dr. Erika Persson
10:00-10:10am	Questions	

10:10-10:30am MORNING BREAK

10:30-11:10am	Medical Emergencies (cardiac, anaphylaxis, asthma)	Dr. Rich Trenholm
11:00-11:30am	C-spine Update	Dr. Tatiana Jevremovic
11:30-12:00pm	Youth Concussion	Dr. Jordan Sheriko
12:00-12:10	Questions	

12:00-1:00pm LUNCH BREAK

1:00-2:30 WORKSHOPS: The two workshops are repeated and delegates will rotate through the workshops

WORKSHOPS		
Time	Session 1	Session 2
1:00-1:45pm	Endurance Event Coverage Dr. Rich Trenholm	Injection Techniques Drs. MJ Klett & Andy Marshall
1:45pm-2:30pm	Workshop repeated	Workshop repeated

2:30-2:45pm AFTERNOON BREAK

2:45-3:15pm	Growth Plate Injuries	Dr. Jordan Sheriko
3:15-4:00pm	The Aging Athlete	Dr. Darrell Menard
4:00-4:45pm	Panel Discussion: Concussion	



2018 CASEM Team Physician Course

TUESDAY, June 5, 2018

8:30-8:45am	Morning Welcome	
8:45-9:315am	Top 10 MSK Tests (eg. Lachman, Thessaly, Empty can, Thompson)	Dr. Bob Brock
9:15-9:45am	Mental Health in Athletes	Dr. Lindsay Bradley
9:45-10:15am	Sport Nutrition	Dr. Bruce Davidson
10:15-10:25am	Questions	
10:25--10:45am	MORNING BREAK	
10:45-11:15am	Top 10 Infections (URTI, mono, skin, ear, STD)	Dr. MJ Klett
11:15-11:45pm	Team Travel	Dr. Jessica Curran
11:45-12:00pm	Questions	
12:00-1:00pm	LUNCH	
1:00-2:30	WORKSHOPS: The two workshops are repeated and delegates will rotate through the workshops	

WORKSHOPS		
Time	Session 1	Session 2
1:00-1:45pm	Acute Knee Exam Drs. Bob Brock & Andy Marshall	Medical Kit Bag Dr. Jessica Curran
1:45-2:30pm	Workshops Repeated	Workshops Repeated

2:30-2:45pm	AFTERNOON BREAK	
2:45-3:15pm	Joint Reductions (acute management, Imaging, splint, RTP)	Dr. Andy Marshall and Dr. Bruce Davidson
3:15-3:45pm	Medical Considerations in the Parasport	Dr. Lindsay Bradley
3:45-4:30pm	Panel Discussion—Return to Play	