



CANADIAN ACADEMY OF SPORT  
AND EXERCISE MEDICINE  
ACADÉMIE CANADIENNE DE  
MÉDECINE DU SPORT ET DE L'EXERCICE

# **CASEM's Athletes with a Disability Preconference**

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**Wednesday, June 6, 2018**  
**Silver Birch Hotels & Resorts**  
**Halifax, NS**

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***PRELIMINARY COURSE  
PROGRAM***



## 2018 CASEM's Athletes with a Disability Preconference

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### DEVELOPMENT FACULTY

Lindsay Bradley, MD, CCFP, Dip. Sport Med. (Chair)

Andy Marshall, MD, FRCPS, Dip. Sport Med.

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### TARGET AUDIENCE

The goal of the course is to prepare physicians to provide medical care to athletes with physic. The target audience is a physician of any specialty, with our without their CASEM diploma, who wishes to develop and enhance their knowledge of and skill in the care of the para-athlete. This course may also be of interest to allied health professionals.

### TOPICS COVERED

- Review of sports, classifications, IPC, CPC,
- How to get involved
- Bowel & bladder management On the Road
- The athlete experience
- Spasticity including medications
- Benefits of exercise for persons with disability, how to get patients active
- SCI activity guidelines
- C-spine immobilization, equipment removal & boarding
- Emerging technologies in sport related prosthetics & equipment

### ACCREDITATION

Please contact the National Head Office (Dawn Haworth) for CME credit status