



CANADIAN ACADEMY OF SPORT
AND EXERCISE MEDICINE
ACADÉMIE CANADIENNE DE
MÉDECINE DU SPORT ET DE L'EXERCICE

2018 CASEM

Team Physician Development Course

June 4-5, 2018

**SilverBirch Hotels & Resorts
Halifax, NS**

***PRELIMINARY COURSE
PROGRAM***



2018 CASEM Team Physician Course

DEVELOPMENT FACULTY

Taryn Taylor, MD, CCFP, Dip. Sport Med. (Chair)

Andy Marshall, MD, FRCPS, Dip. Sport Med.

TARGET AUDIENCE

The goal of the course is to prepare physicians to provide medical care to athletes. The target audience is a physician of any specialty, with or without their CASEM diploma, who wishes to develop and enhance their knowledge of and skill in the care of the athlete and the role of the team physician. This course may also be of interest to allied health professionals who are involved with the care of the athlete of sports teams.

COURSE GOAL

The goal of the course is to prepare physicians to provide medical care to athletes.

COURSE OBJECTIVES

- *To address the key components of sport medicine skills in a practical case based approach within realistic scenarios.*
- *To deliver the course content in an interactive learning format that integrates the principles of adult education with updated teaching technology in practical sessions where skills and theory are challenged and refined.*
- *To ensure that excellent quality faculty are selected which offer leadership, mentoring and gold standard principles of care.*

ACCREDITATION

Please contact the National Head Office (Dawn Haworth) for CME credit status



2018 CASEM Team Physician Course

MONDAY, June 4, 2018

- 8:15-8:30am Welcome and Introductions
- 8:30-9:00am Team Physician: Roles and Responsibilities Dr. Andrew Marshall
- 9:00-9:30am The Pre-Participation Examination Dr. Taryn Taylor
- 9:30-10:00am Sporting Rules that Effect Medical
- 10:00-10:10am Questions

10:10-10:30am MORNING BREAK

- 10:30-11:10am Medical Emergencies (cardiac, anaphylaxis, asthma)
- 11:00-11:30am C-spine update Dr. Tatiana Jevremovic
- 11:30-12:00pm Youth Concussion Dr. Jordan Sheriko
- 12:00-12:10 Questions

12:00-1:00pm LUNCH BREAK

1:00-2:30 WORKSHOPS: The two workshops are repeated and delegates will rotate through the workshops

| WORKSHOPS | | |
|---------------|-----------------------|---|
| Time | Session 1 | Session 2 |
| 1:00-1:45pm | Field Side Assessment | Injection Techniques Drs. MJ Klett & Andy Marshall |
| 1:45pm-2:30pm | Workshop repeated | Workshop repeated |

2:30-2:45pm AFTERNOON BREAK

- 2:45-3:15pm Growth Plate Injuries Dr. Jordan Sheriko
- 3:15-4:00pm The Aging Athlete Dr. Darrell Menard
- 4:00-4:45pm Panel Discussion: Concussion



TUESDAY, June 5, 2018

| | | |
|-----------------------|---|---------------------|
| 8:30-8:45am | Morning Welcome | |
| 8:45-9:315am | Top 10 MSK Tests (eg. Lachman, Thessaly, Empty can, Thompson) | Dr. Bob Brock |
| 9:15-9:45am | Mental Health in Athletes | Dr. Lindsay Bradley |
| 9:45-10:15am | Sport Nutrition | Dr. Bruce Davidson |
| 10:15-10:25am | Questions | |
| 10:25--10:45am | MORNING BREAK | |
| 10:45-11:15am | Top 10 Infections (URTI, mono, skin, ear, STD) | Dr. MJ Klett |
| 11:15-11:45pm | Team Travel | Dr. Jessica Curran |
| 11:45-12:00pm | Questions | |
| 12:00-1:00pm | LUNCH | |
| 1:00-2:30 | WORKSHOPS: The two workshops are repeated and delegates will rotate through the workshops | |

| WORKSHOPS | | |
|-------------|---|---------------------------------------|
| Time | Session 1 | Session 2 |
| 1:00-1:45pm | Acute Knee Exam Drs. Bob Brock & Andy Marshall | Medical Kit Bag Dr. Jessica Curran |
| 1:45-2:30pm | Workshops Repeated | Workshops Repeated |

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|--------------------|--|---|
| 2:30-2:45pm | AFTERNOON BREAK | |
| 2:45-3:15pm | Joint Reductions (acute management, Imaging, splint, RTP) | Dr. Andy Marshall and Dr. Bruce Davidson |
| 3:15-3:45pm | Special Considerations in the Paralympic Athlete | Dr. Lindsay Bradley |
| 3:45-4:30pm | Panel Discussion—Return to Play | |