

CANADIAN ACADEMY OF SPORT AND EXERCISE MEDICINE
ACADÉMIE CANADIENNE DE MÉDECINE DU SPORT ET DE L'EXERCICE



CASEM Football Injuries Sport Medicine Course as part of the 105th Grey Cup Weekend Festival

Saturday, 25 November 2017
Carleton University
Ottawa, ON

Preliminary Program





DEVELOPMENT FACULTY

Andrew Marshall, MD, RCPSC, Dip. Sport Med.

Taryn Taylor, MD, CCFP (SEM), Dip. Sport Med.

Jaime Kissick, MD, CCFP (SEM), Dip. Sport Med.

Allan Liew, MD, RCPSC

J Pollock, MD, RCPSC

COURSE OBJECTIVE

Targeted at the physician or sport medicine health care professional, this one day clinical workshop will cover all aspects of football injuries. At the end of the workshop, the learner will be able to:

- To be educated as to the complexities of return to play decisions in contact sports and unique plans for injuries/player position and level of play.
- To create a plan of care from prevention, diagnosis, care and recovery after common injuries of the tendons and ligaments in both the lower extremity and upper extremity.
- To become familiar with hand injuries that typically result from football and contact sports including sideline and definitive care. The learner will also be briefed on the management will include nonsurgical as well as surgical treatment options.
- To provide an update on concussions in football and the latest treatment options.

DECLARATION OF POTENTIAL CONFLICTS OF INTEREST

All speakers will be requested to disclose to the audience any real or apparent conflict (s) of interest that may have a direct bearing on the subject matter of this program.

ACCREDITATION

This Group Learning program has been certified by the College of Family Physicians of Canada and the Ontario Chapter for up to **6 Mainpro+ credits**.



CASEM Football Injuries Sport Medicine Course

SATURDAY NOVEMBER 25TH, 2017

Ottawa, ON

Carleton University

8:00am	Continental Breakfast available	
8:30-8:45am	Welcome and Introductions	
8:45-9:15am	Reflections on 45 Years of Sideline Coverage	Dr. David Levy
9:15-9:45am	Multi Ligament Injuries of the Knee	Dr. Allan Liew
9:45-10:15am	Tendon and Ligament Injuries Involving the Ankle	Dr. Mark Steeves
10:15-10:30am	MORNING BREAK	
10:30-11:30am	Hamstring Injuries from Prevention to Rehab	Dr. Taryn Taylor
11:30-12:00pm	Dietary concerns : The Offensive Linemen: Considerations for the Obese Athlete	Margaret Hughes
12:00-1:00pm	LUNCH	
1:00-1:45pm	Concussion Update, Football implications	Dr. Jamie Kissick
1:45-2:15pm	Hand Injuries in Football	Dr. Simon Chan
2:15-2:30pm	AFTERNOON BREAK	
2:30-3:00pm	Elbow Injuries in Football	Dr. J Pollock
3:00-3:30pm	Shoulder Injuries	Dr. Bob McCormack
3:30-4:30pm	Round Table: Cases and Return to play	Dr. Andrew Marshall
4:30-4:45pm	Wrap up and Feedback	Dr. Andrew Marshall